



GRACE
in the
MESS

*Returning
To The Table*

Returning to the Table

Rediscovering the Power and Purpose of Communion

A Nation in Need

We live in a divided world—hurting, grieving, lost. But in the middle of the chaos, God calls His people to pray, to humble themselves, and to return to Him. True transformation starts when hearts align with heaven and the church lifts its eyes above the noise and remembers who reigns.

We do not gather as perfect people. We gather as dependent people. We need His presence. We need His peace. We need His power.

The Table of Unity

Communion is more than a tradition—it is a declaration. A table not for the righteous, but for the redeemed. A moment where every barrier is torn down: status, background, and self-centered pride all give way to the unity of the cross.

This table doesn't belong to a denomination. It doesn't exist to promote rituals. It stands to remember a sacrifice, to renew a covenant, and to reunite a people.

We don't come to take. We come to receive.

The Illusion of Worthiness

Religious systems try to make us feel qualified. But the invitation of Jesus was never based on performance—it was based on grace. The bread and cup are not earned. They are offered.

We don't come worthy. We come willingly.

Jesus, the Bread of Life

He is not an accessory to our lives—He is our sustenance. The hunger in our souls cannot be filled by success, applause, or religion. Only Jesus satisfies. Only Jesus remains.

When we eat this bread and drink this cup, we say with boldness: “I choose Christ above all else.”

The Visible Gospel

Baptism and communion preach louder than sermons.

Baptism says: "I died with Christ and I've risen with Him."

Communion says: "I remain in Him and He remains in me."

These are not rituals. They are reminders. They are not boxes to check—they are identities to walk in.

Repentance: The Weight We Carry

Sin weighs us down in silence. We get used to guilt. We normalize bitterness. But repentance isn't a threat—it's a gift. A doorway to freedom. A divine exchange: our shame for His mercy.

Let go of the weight. Lay down the pride. Return to the Shepherd.

The Rhythm of Readiness

Communion is not a surprise. It's a sacred appointment. A rhythm of remembering that demands preparation.

Prepare your heart. Clean the clutter. Forgive the offense. Make peace.

The table is holy not because we are perfect, but because He is present. And He invites us to come—not just once, but again and again.

Until He Comes

Every time we gather, we declare: He died. He rose. He is coming again.

The bread speaks of a broken body—for us.

The cup speaks of a new covenant—sealed by His blood.

This is our faith. This is our hope. This is our proclamation.

Jesus is enough. And He is returning.

Prepare. Return. Remember.

The table is set. Come hungry. Come humbled. Come home.

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