

1

Lead Yourself, Be someone Worth Following
RANK: CADET

Year 1: Defender Training

Year 1 builds core readiness through physical training, wilderness and medical skills, leadership development, and spiritual formation, establishing the baseline for advanced training and future deployment.



Bible & Spiritual

- Understanding Body, Soul, & Spirit
- Personal Spiritual Wholeness
- Christian Character
- Outreach
- Bible Survey
- Learning to Hear God's Voice
- Bible Book Studies

English

- Writing Class With Follow-Up Tutoring
- Speech & Presentations Class

First Response

- Medical
 - Anatomy & Physiology, College Level
 - SALT Triage*
 - Basic Disaster Life Support*
- Technical Rescue
 - Knots
 - Rope Rescue Operator*
 - SW&F Rescue Technician*
 - SW&F Rescue Technician, Advanced*
 - Intro to Swift Water Paddling
 - Intro to Chainsaw Safety & Use
- SAR / Comms / IC
 - Intro to Radios & Incident Command
 - Technician HAM Radio*
 - Intro to Drone SAR
 - Hazmat Awareness
 - IS 700 & IS 800*
 - ERI SAR*
 - ICS 300*
- First Response Scenarios

Deployment

- Intro to Briefing & Debriefing
- Intro to Deployment Protocol

Culture

- International Training Deployment
- Cross Culture Class

Fitness

- Fitness Coaching
- Guided Group PT
- Personal PT With Coaching
- Diet & Nutrition
- Practice PFT
- Annual Physical Fitness Test

Wilderness Skills

- Intro to Survival Skills
- Canoe & Hiking Expedition
- Winter Camping Skills Trip
- Western Altitude Wilderness Trip
- Backpacking & Gear Care
- Map & Compass Navigation

Leadership

- DISC I, Understanding Yourself
- Servant Leadership
- Leadership I
- Practical Team Leadership Opportunities
- Professional Meetings & Communication
- Managing Personal Resources
- Finance

Security

- Urban Travel & Safety
- De-Escalation & Self-Defense
- Living & Working in High-Risk Areas

Other

- Life Stories
- Basic Study Skills
- Driving Skills Including Manual, Motorcycle, & Off-Road



2

RANK: CADET DEFENDER

Lead A Peer: It's Not About Position (Intro)

Year 2: Defender Deployment

Year 2 shifts Cadets from training into active deployment, emphasizing shared responsibility, teamwork, and leadership alongside Guardians & staff in real operational environments.

Bible & Spiritual

- Methods of Bible Study
- Christian Character

First Response

- Tactical Combat Casualty Care*
- Stop The Bleed Instructor*

Deployment

- Deploy as Much as Possible
- Briefing & Debriefing on Operations
- Adapting Protocol in the Field
- Networking



Security

- War-Zone Safety
- High Risk Deployment Protocol
- Situational Awareness & Coordination

Leadership

- Leadership II, Teamwork Focus
- Leadership on Deployments
- Intro to Teaching

Fitness

- Fitness Advisor Available
- PT is Team-led
- Annual Physical Fitness Test



Chazak
Rescue

*Cadets may remain at the Defender rank and deploy indefinitely
*indicates certification

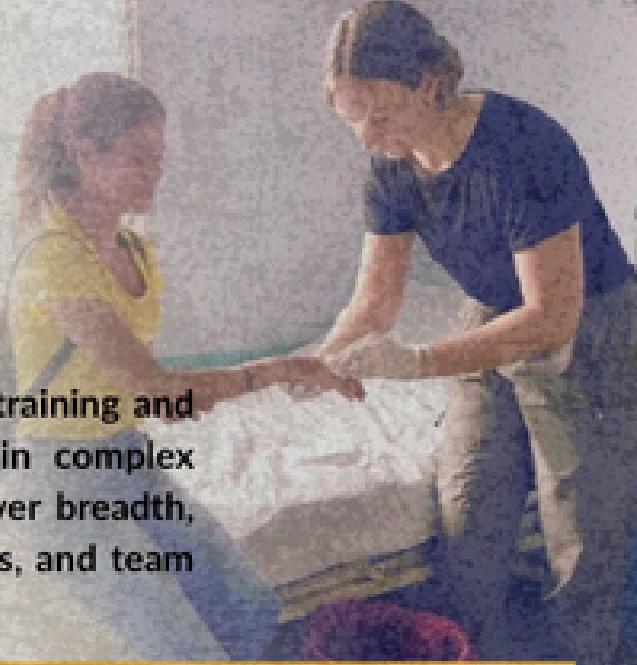
3

RANK: CADET DEFENDER

Lead A Peer: It's Not About Position

Year 3: Guardian Training

Year 3 is where Cadet Defenders move beyond general training and focus on mastery, specialization, and leading others in complex operational environments. Training emphasizes depth over breadth, preparing Defenders to operate as specialists, instructors, and team leaders while supporting real-world deployments.



Bible & Spiritual

- Bible Book Studies
- Christian Character
- Apologetics
- Spiritual Warfare
- Self-Led Bible Study

First Response

- Medical
 - Long-Term Care & Telemedicine
 - Psychology of Stress & Trauma
- Technical Rescue
 - Confined Space
 - Emergency Building Shoring
 - Rope Rescue Technician*
 - Swift Water & Flood Boat Operator*
- SAR / Comms / IC
 - USAR (Urban SAR)
 - CISAR (Catastrophic Incident SAR)
 - Improvised Clinics & Distribution Centers



Security

- Self Defense
- Travel Safety II

Fitness

- Fitness Advisor Available
- Team-Led PT
- Annual Physical Fitness Test

Wilderness Skills

- Navigation Practice in Scenarios

Leadership

- Teaching to Teach
- Leadership III (Team Leadership Focus)
- DISC II (How to Lead With DISC)
- Leadership in Incident Command
- Short Teaching Deployment



Other

- Language Learning
- Personal Support Raising

SPECIALIZATIONS

Technical Rescue

- Defensive & Offroad Driving
- Animal Rescue
- Rescue Swimmer
- Climbing & Rafting Trips

Communications

- General HAM Radio License*
- Advanced Radio Use Training
- Aircraft Safety & Ground Crew

Medical

- *EMT-B
- Medical Internship

Photojournalism

- Photojournalism Training
- Photojournalism Internship/Deployment



4

RANK: GUARDIAN

Lead a Team: You Set The Standard (Intro)

Year 4: Guardian Deployment

Year 4 is the culmination of the training cycle. Guardians who have completed the pipeline and reached full support deploy long term into high risk and underserved regions around the world. Guardians serve in real tactical environments where decisions matter, pressure is constant, and needs are immediate. After completing GeoMedic*, they deploy as fully supported Medical Specialists, Photojournalists, Communications Specialists, Rescue Techs, and team leaders, working alongside trusted partners to bring rescue, aid, and hope into places others cannot go.

*GeoMedic: 1-week training in advanced field medicine, prolonged care, and medical leadership in international, austere environments.

RESCUE PEOPLE WITHOUT HOPE



BRING AID

CARRY RELIEF WHERE IT'S NEEDED MOST.



SPREAD HOPE

BE GOD'S LIGHT IN THE DARKNESS



SAVE LIVES

RESCUE THE HELPLESS



LEAD THE WAY

BRING ORDER TO CHAOS

