



Grace Group Guide



United Purpose: Together we will designate time and place to deepening our desire for God, caring for and urging each other to action!

United Actions: WL Groups...

- Scripture:** Be in the Word together
- Encouragement:** One another each other
- Prayer:** With and for each other and the lost
- Accountability:** Now What? Put it into action!



-Ice Breaker-

- When you wake up, what is the first thing you think about?
 - **Transition:** What you think about often reveals what matters most to you, and what you think about first thing in the morning can often set the tone for your day. Paul recognized the importance of our thoughts as well, and in this passage, he will call us to “set our minds” on things above.

-Discussion-

Read Colossians 3:1-4

- In verses 1-2, Paul tells us to set our hearts and our mind “on things above.” What is Paul talking about? What are some things that are above? Make a list!
 - **Possible Answers:**
 - Christ Himself!
 - *Philippians 4:8*, whatever is true, noble, right, pure, lovely, admirable, praiseworthy or excellent.
 - All the blessings that the Lord has given us (*Jam. 1:17*)
 - Our eternal hope (v. 4)
 - Many more!
- Returning to verses 1-2, what is the difference between the heart and the mind? Why does Paul include both?
 - **Possible Answers:**
 - There is a long distance between your head and your heart. You can think of things and know that they are true. Yet, there must be a heart change to be able to believe them and be transformed by them.
 - Both the head and the heart are important for the believer!
- What does it mean in verse three when Paul is talking about how we have died and now are hidden with Christ?
 - **Note:** we’ve seen this concept of dying with Christ throughout Colossians thus far (1:21-22, 2:12-13, 2:20)
 - **Possible Answers:** Our old ways passed away when we were united with Christ through faith. Our new, eternal life is marked by hope, for it is now hidden with Christ and will be revealed when He appears. See verse 4!

-Reflection-

- We have been raised with Christ! How wonderful is that? Why is it such good news that we have been raised with Christ and our life is now hidden with Him? And how should that impact our view of ourselves, our lives, our future, etc.?

-Application-

- We must set our hearts and minds on the things that are above. How can we do that? Come up with one practical action step that you will commit to doing this week.

-Pray-

- Thank God for what He has done for us in Christ.
- Ask Him for strength in thinking of things that are above.