



# Grace Group Guide



**United Purpose:** Together we will designate time and place to deepening our desire for God, caring for and urging each other to action!

**United Actions: WL Groups...**

- Scripture:** Be in the Word together
- Encouragement:** One another each other
- Prayer:** With and for each other and the lost
- Accountability:** Now What? Put it into action!



**-Ice Breaker-**

- What words, thoughts, or feelings come to your mind when you think of the word *submission*? Why?
  - **Transition:** For many people, the word *submission* carries a lot of baggage. In church, submission is often brought up when we talk about the roles of husbands and wives, children and parents, or just general submission to authorities. That's because of passages like Colossians 3 and Ephesians 5-6, which we're going to look at over the next few weeks.
    - **Leader Note:** We will still be in Colossians for this sermon series, but as we move forward, we'll also draw from Ephesians 5-6, which is very similar to Colossians 3. This week, we'll focus a bit more on Ephesians, and this will set the stage for later weeks in Colossians.

**-Discussion-**

Read Ephesians 5:21-32, 6:1-9

- In verse 21, Paul says to "submit to one another out of reverence for Christ." What does this mean? And how does this set the tone for what follows?
  - **Possible Answers:**
    - We must love and serve one another humbly.
    - Our submission to others is reflective of our reverence for Christ. We want to honor Jesus in all we do (Col. 3:17) and loving people and submitting to them is part of honoring Him.
    - As we submit to one another, we are reflecting Christ's own submission to the Father (see Phil. 2:1-11)
    - We are *all* supposed to submit to one another. This submission looks different for husbands and wives, parents and children, and employers/employees, but it is not *limited* to certain people. We are all to reflect Christ in this.
      - **Leader Note:** In future weeks, we will focus on each of these relationships (marriage, family, employer/employee)

**-Reflection-**

- Why is submission difficult?
- What is one area of your life where you find it especially difficult to submit to others?
  - Have your group members write this down. If your group is comfortable sharing, then feel free to have a discussion. If not, encourage them to share what they wrote down with someone they trust.
- How does recognizing that our submission is a) to be done out of reverence for Christ, and b) reflective of Christ's submission to the Father, help us as we think about submitting to others.

**-Application-**

- Consider what it would look like for you to submit to someone else this week... especially in the area you wrote down earlier. Make it your goal to intentionally submit to someone else and serve them this week. Write down one thing that you will commit to do.

**-Pray-**

- Invite your group members to pray to God and confess their struggle/failure to submit to others.
- Ask God to do a good work in your hearts and help you to develop an attitude of humble service. Consider reading Phil. 2:1-11 (if you didn't already).