

Connected Health offers advanced screenings and diagnostic tests to support proactive care – available as part of your membership or as standalone services.

GRAIL (Early Cancer Detection Test)

A groundbreaking blood test that screens for multiple types of cancer, often before symptoms appear.

- Detects over 50 types of cancer through a simple blood draw
- Offers early detection when treatment is most effective
- Ideal for those seeking a proactive approach to cancer screening

\$1,499 (\$200 discount applied for concierge patients)

Liver Fibroscan

A non-invasive way to assess liver health without the need for a biopsy.

- Measures liver stiffness and fat content
- Helps detect early signs of fibrosis, cirrhosis, or fatty liver disease
- Useful for individuals with liver risk factors such as obesity, diabetes, or alcohol use

\$230.00

Mediator Release Test (MRT Food Sensitivity)

Helps identify food sensitivities that may be causing inflammation or chronic symptoms.

- Tests your response to 170+ foods and chemicals
- Helps uncover triggers for symptoms like bloating, fatigue, migraines, or skin issues
- Provides a foundation for an anti-inflammatory, personalized eating plan

\$699.00 (+ \$50 blood draw fee for non-patients. Review with dietitian included)

NutrEval

Comprehensive profile for identifying nutritional deficiencies. Common clinical indications for testing include:

- Mood disorders
- Cardiovascular disease
- Obesity/Insulin resistance/Type 2 Diabetes
- Fatigue
- Weight Issues/Dietary Guidance

\$649.00 (+ \$50 blood draw fee for non-patients. Review with dietitian included)

MicroNutrient Testing (MNT SpectraCell)

This nutrient analysis measures how your body uses 31 vitamins, minerals, amino/fatty acids, antioxidants, and metabolites by examining white blood cells. It identifies functional deficiencies at the cellular level, offering insight into the micronutrients needed for optimal health. A nutritional assessment for a broad variety of clinical conditions:

- Arthritis
- Cancer
- Cardiovascular Disease
- Diabetes
- Immunological Disorders
- Metabolic Disorders

\$625.00 (+\$50 blood draw fee for non-patients. Review with dietitian included.)

Genova SIBO Test

Non-invasive breath testing to evaluate bacterial overgrowth. SIBO is a common clinical condition characterized by excessive bacteria in the small intestine.

Symptoms and conditions commonly associated with SIBO include:

- Bloating/distension
- Gas
- Diarrhea
- Abdominal pain
- Irritable Bowel Syndrome (IBS)
- Inflammatory Bowel Disease (IBD)
- Celiac Disease
- and more..

\$450.00 (Review with dietitian included.)

MyOme Genome Sequencing (DNA testing) 151 Gene Panel

A comprehensive analysis of your genetic blueprint for personalized risk insights.

- Evaluates your risk for inherited conditions and how your body processes medications
- Helps guide targeted prevention strategies and lifestyle decisions
- Supports long-term health planning based on your unique genetic profile

\$899.00 (Virtual visit with genetic counselor included.)

GI Effects (Gut Health Assessment)

A thorough stool analysis that examines the balance and function of your digestive system.

- Assesses gut bacteria, inflammation, and digestive efficiency
- Identifies the root cause of chronic GI symptoms
- Supports immune health and overall well-being through microbiome balance

\$699.00 (Review with dietitian included)

Organic Acids Test (OAT)

The Organic Acids Test provides a comprehensive nutritional and metabolic snapshot of an individual's overall health. The OAT measures 76 organic acids from a urine sample.

- Can provide insight into a wide range of conditions, making it valuable for individuals who are experiencing complex chronic conditions.
- Organic acidic products of cellular metabolism are excreted in urine.
- Evaluation of these downstream products of metabolic pathways provides insight into nutrient deficiencies, inflammation, toxicity, and other imbalances that could be contributing to clinical complaints.

\$629.00 (Review with clinician included)

Cardiovascular Package

A detailed look at your heart and vascular system to support early detection and prevention.

This screening includes a full suite of diagnostic imaging tests:

- Carotid ultrasound
- Abdominal aorta ultrasound
- Bilateral lower extremity arterial ultrasound
- CT cardiac calcium scoring

These tests assess blood flow, potential blockages, and early signs of heart disease.

\$599.00

Echocardiogram

An echocardiogram is a non-invasive ultrasound of the heart that allows us to see how your heart is functioning in real time. It provides detailed images of your heart's chambers, valves, and overall structure, helping detect issues such as:

- Heart valve abnormalities
- Signs of heart failure
- Cardiomyopathy or weakened heart muscle
- Congenital heart conditions

\$325.00

DEXA Scan (Bone Density Test)

A DEXA scan (dual-energy x-ray absorptiometry) is the gold standard for measuring bone mineral density. It helps detect early signs of osteoporosis or bone loss—especially important for postmenopausal women, older adults, and individuals with a history of fractures.

- Quick, painless, and low in radiation
- Helps guide decisions about calcium/vitamin D supplementation or medication
- Can also be used to assess body composition in certain cases

\$307.00

Brain Aneurysm Screen

Brain aneurysm screening is a non-invasive MRA/CTA imaging study that checks for abnormal bulging in the blood vessels of the brain. While aneurysms are often silent, early detection can be life-saving—especially for individuals with:

- A family history of aneurysms or hemorrhagic stroke
- High blood pressure or vascular disease
- A personal history of smoking

\$649.00

Brain Health Screen

Our Brain Health Screen provides a detailed look at your brain's vascular and structural health using two advanced imaging studies: a CTA/MRA and an MRI. It's ideal for those seeking proactive insights, especially with a family history of stroke, cognitive decline, or vascular concerns.

\$998.00

Helix Pharmacogenomics Mental Health Panel

Many medications for mental health disorders are impacted by specific variations in known genes. These genetic variations can contribute to medication efficacy and risk for side effects. This panel includes 34 medications and 9 genes associated with Mental Health. Results from this test may help in predicting treatment efficacy and risk of side effects for drugs used to treat various mental health disorders.

\$525.00

IV Drip Therapy

Iron Infusions

An IV treatment that restores low iron levels, supporting energy, focus, and overall wellness. Often recommended for individuals with iron deficiency or anemia.

\$350.00

Anti-Inflammatory Drip:

A targeted IV therapy designed to help reduce inflammation in the body using a blend of vitamins, antioxidants, and nutrients that support immune function and cellular repair.

\$145.00

Immune Booster:

A blend of immune-supporting nutrients delivered intravenously to help strengthen your body's natural defenses and support recovery.

\$185.00

Executive Physical Packages

For busy professionals and the teams that support them, we provide personalized care designed to meet the demands of high-performing roles. Whether you're prioritizing your own health or seeking comprehensive solutions for your organization, our proactive approach helps you stay at your best.

We offer three package options – Bronze, Silver, and Gold – to fit your individual needs and level of care.