

INITIATION TO THE CHAKRAS



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School of Consciousness



3rd CHAKRA

El color amarillo representa la vitalidad de la mente y de nuestros pensamientos.

El elemento fuego, representa el poder de quemar y transformar.
El poder de **transmutar**.



3rd CHAKRA: PLEXUS

UNCONSCIOUS USE

- Control through domination and submission
- Competitiveness, jealousy, envy
- Lack of cooperation
- Intellectualization tendency and lack of discernment
- Obsessive behaviour, clinging to things, people and outcomes
- Disorganization, indecision and inability to say No
- Linear thinking, rigidity





3rd Chakra Unhealthy behaviour: Power-hungry, ambition and greed

- Focus on control, power, and success
- Carries an overwhelming weight of personal responsibility and self-importance
- Sustain a busy appearance, always in a hurry, avoid feelings
- A source of stress and irritability to those around them
- Abusive behavior towards the good will of others

3rd CHAKRA: PLEXUS

CONSCIOUS USE

- Effective use of resources, creativity, inspiration
- Ability to exercise authority and set limits
- Strive for equality and integrity
- Mastery of the concrete and abstract mind
- Correct use of Power over oneself and others
- Authenticity, generosity and perseverance
- Cooperation, methodology, organization
- Mobilization for peace, diplomacy and order





3rd Chakra Healthy behaviour:

Open to the endless possibilities of life.

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- Integrity & Self-control
Conscious, constructive use of personal power
 - Effective energy and time management
 - High levels of cooperation and clarity
 - Self-control, calm, compassion, sense of justice and community
 - Strong leadership skills, fearlessness, courage, and confidence
 - Ability to distinguish between real and artificial needs

INTEGRATED SOLAR PLEXUS

The concrete mind supports the opening of the heart

- Creates a direct connection with the Heart
- Capacity to access the higher mind and decode frequencies and symbols to implement them on the physical, material plane.
- Supports the sense of community and creativity.
- Uses power with authority, wisdom and truth.





SESHAT - The Scribe

The Goddess of order and knowledge

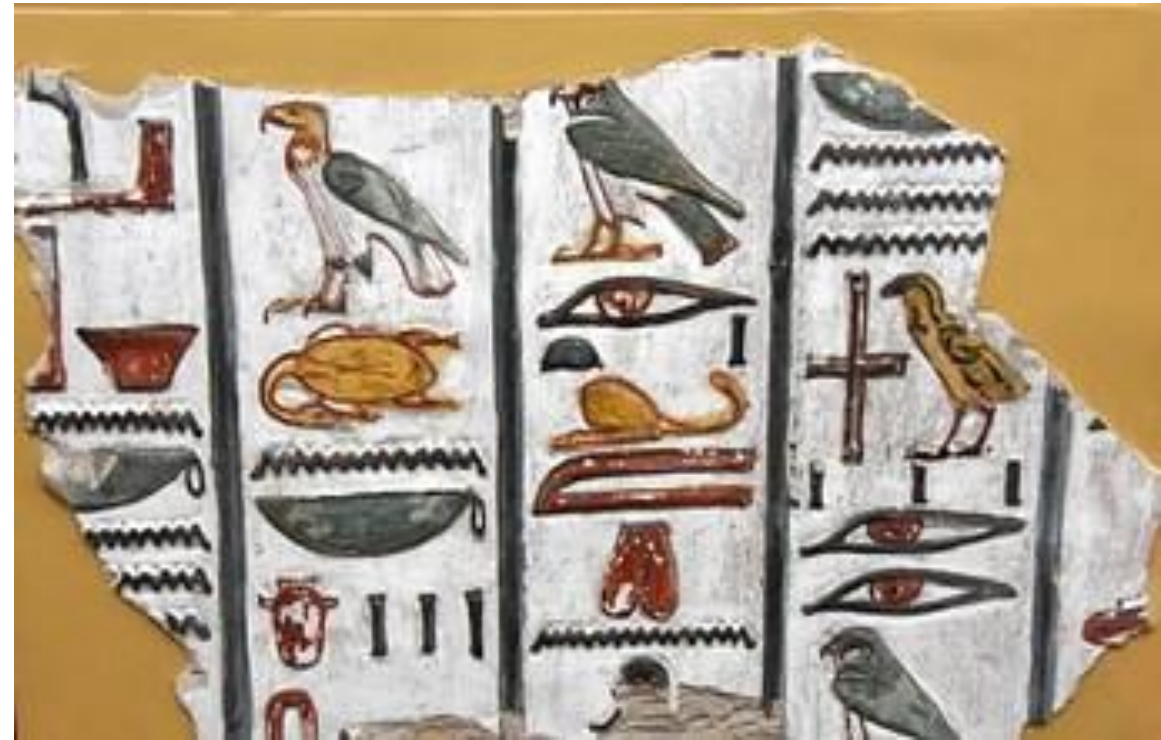
Known as the daughter of Thoth, goddess of knowledge, of the written word of measurement, discipline and forms.

Keeper of the house of Life, the celestial librarian and friend of the dead in the afterlife.

The scribe has the ability to translate what is sacred into the world of matter.

The ancient Egyptians believed that what was done on earth was reflected in the celestial realms of the Gods through the writing.

Writing made permanent that which had passed out of existence, it made the transitory world of change into one Everlasting and Eternal.



The scribe must be aligned,
grounded and connected with total
integrity in feeling, word and deed.

Therefore, in control of his lower
bodies, apply the power and
authority to transmit the wisdom of
the heart.



ANUKET

The goddess of abundance.

Known as the daughter of Ra.

The one that embraces and controls the waters of the Nile.

Ancient Egyptians considered rivers as the life of a civilization.



Anuket

Represents:

Authority: direction and fluidity; the power to control the rhythm of life.

Manifestation: fertility and nourishment.

The one that brings prosperity and abundance.



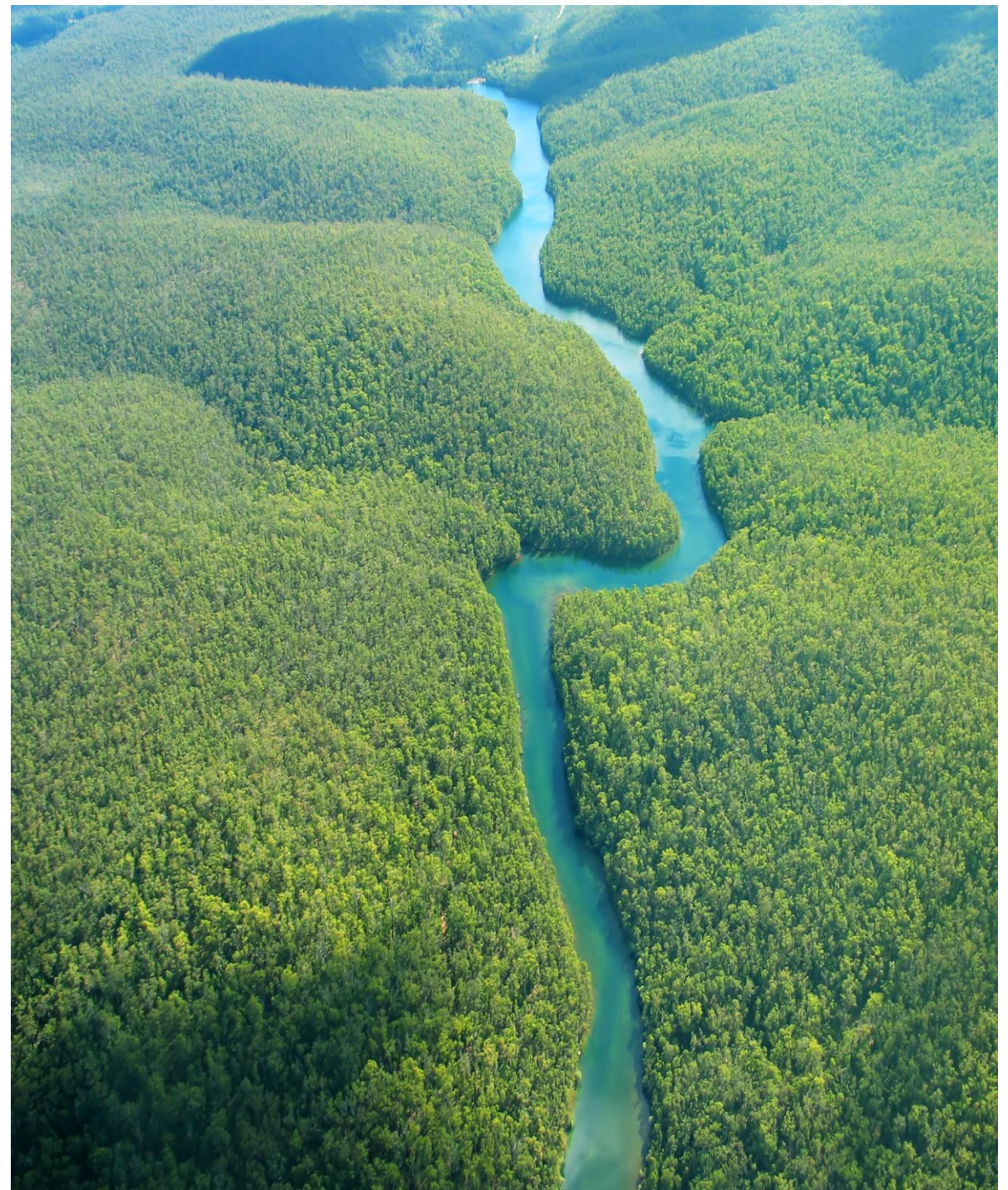
Anuket

The Mother of The Nile

I will make the Nile grow and expand
for all, without a year of scarcity
and draught, in all the earth.

The plants will flourish, bending
under their fruits.

The land of Egypt is alive and reborn.
Its shores shine in full splendour,
and wealth and abundance reign,
once again, as it was before.





There is an obedience to forms and disciplines that is like a small slavery.

But there is another obedience that accompanies respect.

It is the obedience to the Essence, and it is this the one that gives us Freedom.

The Leopard wisdom:

A leopard never loses the markings on its skin.

Learn with the leopard, that we cannot forget who we are and

that we must embrace our uniqueness and trust in our inner abilities.



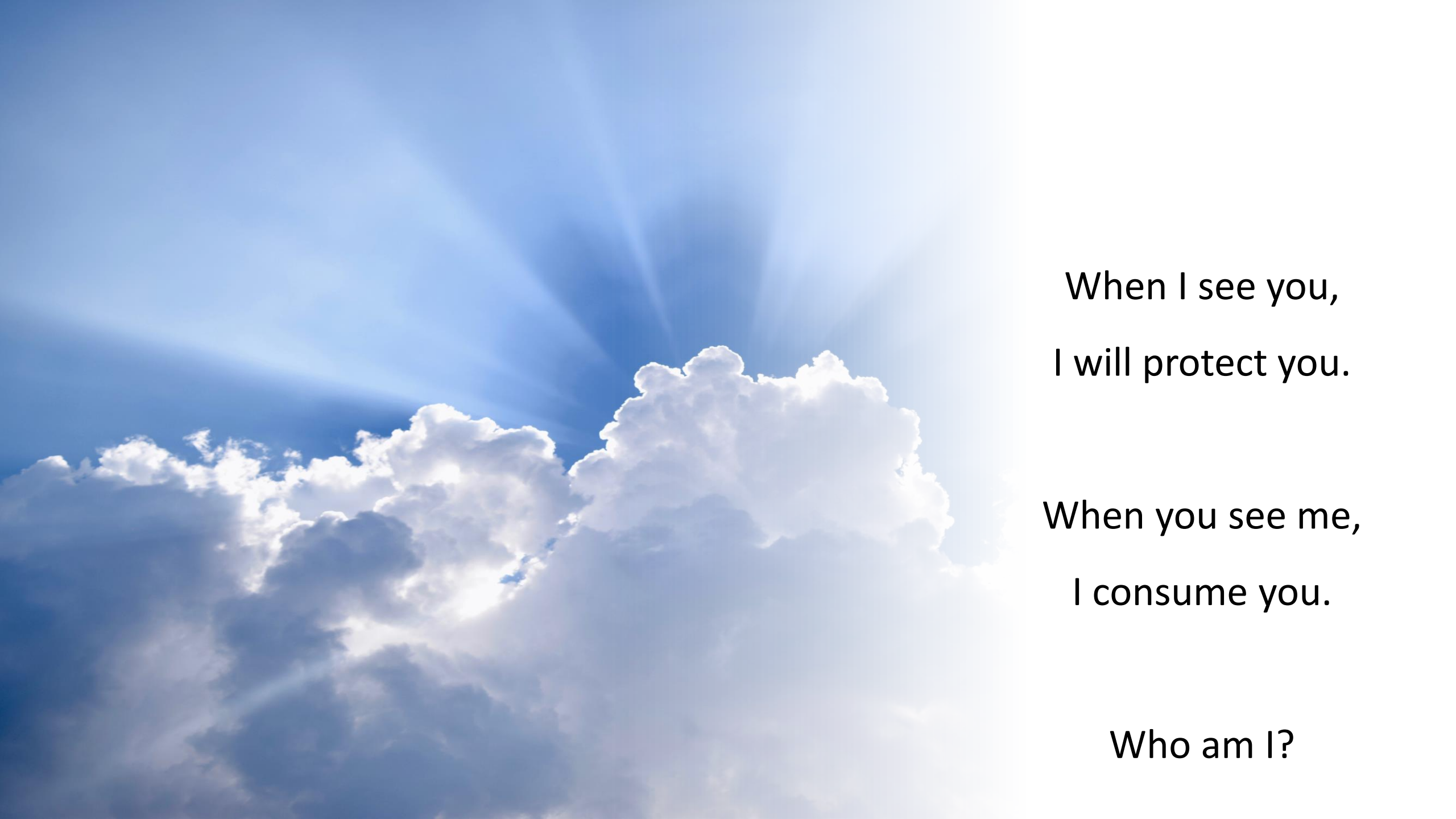
We must remember

Power can have such a
crystallizing effect at the
personality level
that may prevent
the flight of the Angel.



When in the material world
the light is kindled in a
disciple,
the responsibility of the
disciple is not in the
world in which he lives,
but with the
Light that he carries.





When I see you,
I will protect you.

When you see me,
I consume you.

Who am I?

Whom do you obey?

Whom do you serve?

Why? How?

How do you respect yourself?

How do you show it, in your daily life?

How do others see you?

How do you stand up for yourself?

What is authority for you?



I AM, I AM, I AM

The Great Love Breath of the Almighty,
The Great Fire Breath,
The Sacred Fire of the Great Healing Flame.

In the Name, Love, Wisdom,
Power and Authority of my beloved
Mighty **I AM** Presence,
I accept the power of instantaneous healing,
instantaneous precipitation,
limitless supply of every good thing, and
the purifying power drawn forth from my Higher Mental Body
for constant use in this outer world right now,
to assist in the accomplishment of that
which my heart desires to do.
I AM, I AM, I AM ...