

# INITIATION TO CHAKRAS



Zulma Reyo  
School of Consciousness



# FIFTH CHAKRA

- Clear communication and self-expression
- Communion with all the ethers of life and with the Source.
- Resonance and sound.
- The essential nourishment, receptivity, transparency, the transmission of Truth.
- The inner and outer Voice.
- Transmutation and the use of the Power within.





# INCORRECT USE

- Isolation or alienation from others
- Repression of the instinctive and intuitive lower self
- Confusion between inner reality and outer appearance
- Insensitivity
- Lack of physical coordination
- Lack of grounding.



# WADJET



*My shoulders are those of Wadjet,  
powerful, healing and strong.*



# BATA



Essence of the Soul





# QUESTIONS

- How do you honour the space and silence of others?
- Become aware of your receptivity and conditionality.
- What is your inner voice?
- How do you respond to the voice of your soul?
- How is the connection or coherence with your Self?
- What is your connection to emptiness and Silence?

