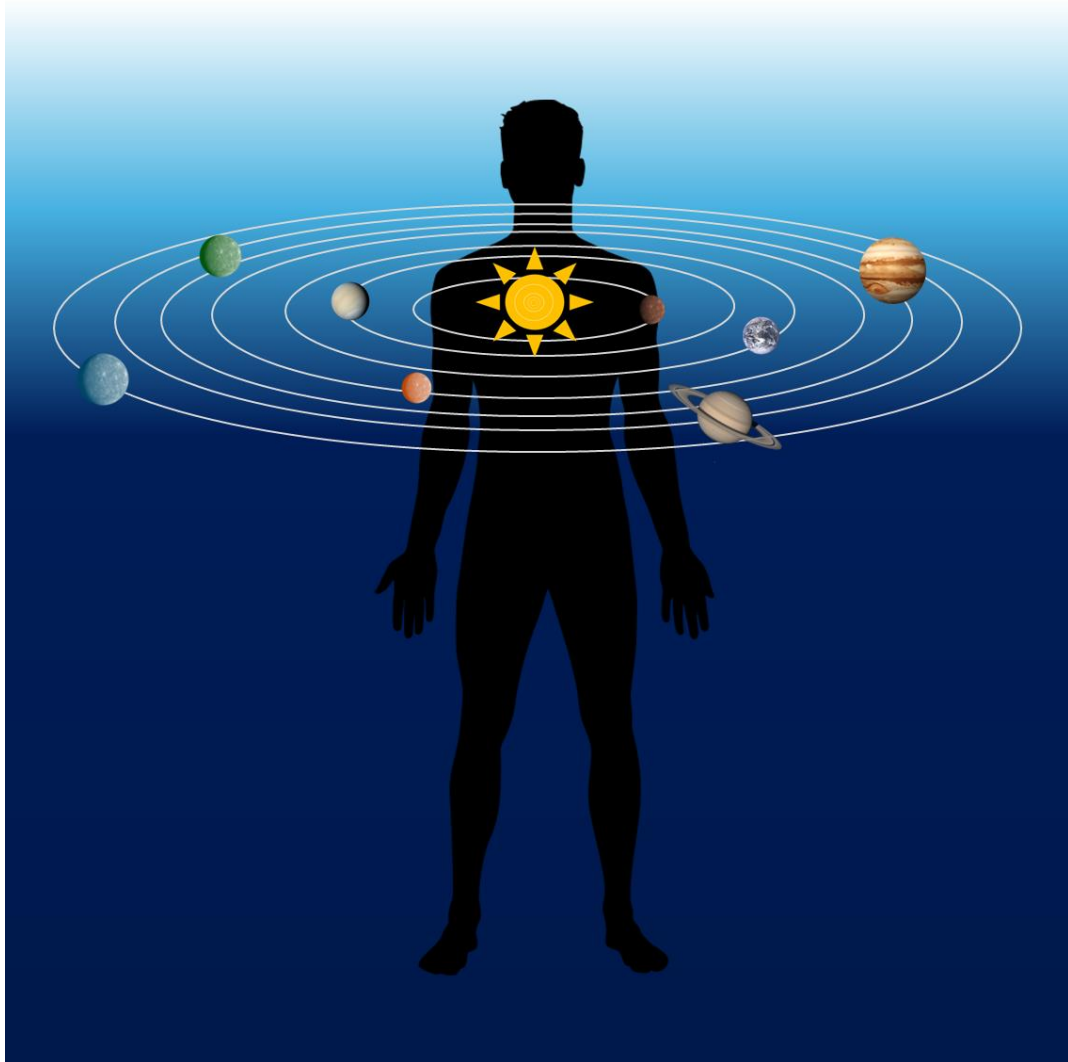


HELICAL MODEL



Oneness, as Source,
is an Absolute and Infinite State of Consciousness.
Source projects Itself into Creation as Intelligence.
Being is a Creation in Time-Space.
Creation creates lesser projections of itself.
All converge at the Centre.
All is connected in Oneness.



The Helical Model & The Human Experience

We're going to go into what really is the crux of Inner Alchemy teachings, which is changing the way we think from the vertical to what we are going to call the helical. It concerns **the higher use of the Mind, the “Alchemical Mind”**.

To explain this, I use the model of the universe. The way that our planets spin around the orbits of our galaxy toward the sun is a parallelism of the evolution of our intelligence and the ways we act upon the world.

The expansion of Consciousness does not mimic Copernicus system, and certainly not the Galilean. Copernicus's vision consists in progressive motion along straight lines, even though these are circular towards the sun, but the actual motion is more complex, because it's multi-dimensional, multiple simultaneous motion.

Each planet has its orbit, and its orbit is spiral, the same circular movement, but in a spiral approaching the sun.

The helical model is emblematic of the human experience and why we cannot grasp truth logically. Our way of understanding or the way we've been taught to think is along deductive straight lines, so we cannot easily conceive of an activity that is simultaneous on many different fronts. Energy or Spirit cannot be understood through progression or addition. The real language is not the word; it is sound, it is colour, it is **perpetual multiple motion**.

Let us look a bit closer at the helical model to understand how our higher thinking faculties comes to reflect that model. It is the way that we can understand evolution and the embodiment of different kinds of knowledge because we actually perceive holistically. For example, how do you see or “know” beyond appearances? Do you see it only with your eyes? No. You **perceive with all your faculties, energetically** and all of life is in perpetual motion.

An example, when a person is speaking, he or she does it from different angles and information that comes through, it comes from different parts of him/her. We are all like this. What a person knows about his lifetimes, all the information and talents he has accumulated, comes through his daily mind, but depending on his greater or lesser degree that he is open to his Presence, he will know things which are not only of this lifetime. It is his **Soul Knowledge**. Allow yourself to know what you didn't know that you knew. This is one of the most important teachings in this school.



Where is energy? Where is Soul?

We can't pinpoint it. It's space, and that space is alive; that space is a thing. It is an entity and is in constant movement and pulsation.

Linear thinking will only convey our step from here to there, but it will not convey our experience of translating oneself from here to there. That happens through human experience.

The functioning of the Lower mind conceives limited models which doesn't consider the insights provided by the attunement with the Soul and the inner motion of Consciousness in resonance with the dynamics of the universe.

How is the Soul moving through you?

Well, it certainly isn't moving through your deductive mind. It moves pretty much as the planets do around the sun. Lives forms, entities are gyrating around us. It will be up to you to be aware of their particular light or tone. The pre-condition for that awareness is being **empty of intent**.

Helical activity occurs as a directional progression, and also as a cyclical or circular activity. When we are experiencing life, we are experiencing motion, pulsation, direction, and cyclical reality.

The linear mind is able to directly address and understand cause and effect, but the Knowing Mind responds to a circular motion, which is emotion and feeling, which is Love, expanding and irradiating itself, not being directionally.

There is no real reason for loving. If we love for a reason, that's not Love. The real core of love is attraction and coherence. **Love unites**. Love spirals in the same circuit, growing. It's a fusion and an acknowledgement that goes beyond understanding.

The planets represent our experiences and lives. What keeps us together is our orientation, our purpose, which is our spiritual yearning for the Sun. At its core is the stillness that will allow us to attract greater knowledge.

The way of the Mind, of the Intelligence, is analogous to the way of alchemy energy dynamics.

This is the solar system or the Milky Way. There are many, many, many solar systems. It replicates our body and our activity as intelligent creators.

Everything that has to do with Spirit is helical.



1.- The Helical Model and Chakras

A human is a Being representing the alignment between Source and manifestation. Its primary identity or power is in Consciousness, while its instrument is composed of matter animated by Consciousness. Its purpose is to derive experience in the handling of matter and the process of creation - the construction of forms.

The **Alchemical Alignment** paves the way for the building of the “**Antahkarana**”, the energetic passage through the centre of the spinal column that accesses and blends planetary and cosmic energies for conscious human use. This passageway is a semi-physical construction of the Ray of Light descending from the Life Current, which holds inner access to all Intelligence and Power. The Ray of Light acquires texture through the process of embodiment which becomes a tool for Spirit’s expression in all worlds.

When all centres/chakras/bodies of Consciousness are aligned, ‘Enlightenment’ or Consciousness is reached. Being, as a Ray of Light incarnate, acquires dominion over Creation; All extends from and returns to Oneness.

The motion of Earth and all the planets surrounding our solar system is **helical**. The same is true of the Sun around the Greater Sun.

As the Sun journeys towards and around its Source, its mass and speed create a field-vacuum that attracts particles of Creation-Substance which in turn attract other particles, forming lesser configurations. These units give home to even lesser units of Creation-Substance. This is similar to the activity of human elementals (thoughtforms) where they continue to project configurations of themselves over and over, multiplying themselves.

It is important to understand that each satellite-planet (i.e. human thoughtform) receives nourishment from its source and in turn emits its own frequencies. Each satellite becomes a source that attracts moons and other formations, in response to both the planetary energies and the reflection of the Sun-Source. A chain progression of frequencies is formed, each one responding to a greater force and influencing one another. Thus, greater, and lesser dimensions are created, each in coherence within its central sphere.

In summary, the dynamic of the Universe is identical to that of the human being. Planets revolve around the Sun, just as a human being ‘revolves’ around Spirit-Being. Satellites have intelligence just like the Sun and, in the same way that Being, as Human Model, has the capacity for “Self-Consciousness”. **A human being is also a galaxy within a galaxy.**



Like the Sun, human 'satellite-creations' trail around a core at different paces and circuits. These satellites are the chakras that serve as windows and dynamos of Creation for the Spirit-Soul-Being in incarnation. Each one can be recognised as an individual, autonomous engine and determines a certain frequency range of activity.

The **physical sphere**, or base chakra, reflects all action-response within the physical and vital range and determines the level of Consciousness integration for the whole body.

The **emotional sphere**, or second chakra, reflects involvement and relationship to existence, and the **solar plexus** reflects the power play exerted by the human being. These three chakras constitute the inner sphere of management of planetary substance and force.

The **Heart** centre, or fourth chakra, is a direct link to Being, to the Sun, and the Absolute Consciousness. This centre is only activated when the three lower satellite forces have been integrated into the Consciousness of the human being. It then offers a direct pathway to Creation and a leap into other states of Being-Consciousness.

The **throat, third eye, and crown** chakras are receptors and coordinators for Consciousness, serving the lower centres until the Heart centre is properly occupied to become the central deposit and management station.

All chakras are satellites of the Spirit/Soul, determining entry and exit points of energies at different levels.

Temporary and Self-conscious identity

When the **Law of One** extends multiple aspects of ItSelf, each aspect diminishes in power. Again, this functions in the galaxy as it functions in the human being. The Sun affects the planets like how Spirit affects personality and its constituent parts.

The **power of the Sun** is the power of joint galactic forces in potential harmony.

The **power of Spirit** in the human being is the sum contained (as potential) within its satellites.

Our chakras reproduce and project **Source Power**, each in their unique way. To learn how to manage and coordinate the complex, a *temporary identity* of Consciousness (personality) emerges. The progression from childhood to maturity runs through the gamut of chakra management and stages of identity shifting.

True maturity as Spirit-Self is gained only at the Heart level.



The **Heart** centre is the meeting point of all energies/faculties. When personality awakens to self-potential, it perceives and begins to act from a higher vantage point of the Soul, eventually shifting even higher into the Spirit. The 'conscious' personality is now able to modulate its satellites freely from its perspective within the central source point as Sensible Intelligence.

The process of construction and collapse of the personality defines the instability of the identity-forming centres as the human being at each stage, learns to handle **Light-Substance** with its faculties. The chakras serve as sources of energy, windows of perception, and faculty-forming units of intelligence that enable the manipulation of frequencies and light-substance. They are provisional repair stages as the personality progresses through forces and energies in higher and subtler degrees of dominion. Each stage requires coherence or integration.

When **mastery** is attained at one level, another process begins. Each level is on an ascending scale of subtle frequencies.

The trajectory of the planets around the Sun, or of the chakras around Spirit-Soul-Being, follows the same helical orbit of forward projection. The purpose of the journey follows the same pattern: rhythm, obedience, coherence, and coordination of frequencies. Consciousness into Oneness. When all planets are aligned, or, when all chakras are coordinated by the Heart, Illumination happens. This cannot be willed into being and no technique can assure the integrity achieved by the joint forces of personality and Being.

The "**Antahkarana**" is built stage by stage, integrated at the central station of the Heart to serve as a passage to greater-perception and activity. Time and space travel are possible when a human being is anchored in the Heart Centre in coordination with Spirit. This automatically attunes itself to the prevailing galactic and universal Law of the One.

Personality = willpower equipped with physical sensory dynamics
Self = Divine Will linked to Consciousness

The out of the body chakra represent more complex system of movement. It's fascinating how the chakras in the body and out-of-the-body coordinate. Throat chakra moves with the chakra below the feet, the root chakra with the 12th centre. They resonate up and below in different places simultaneously and all with the intention of reaching Spirit. So, matter evolves, and Consciousness expands and drives the development of life in all its aspects.



Personal Focus of Consciousness - PFC

As energy fields, chakras are **sub-atomic energy** dynamos. When the personality is engaged in any of them, its faculties are those of the powers and forces of that centre. In other words, the Personal Focus of Consciousness (PFC) is poised therein.

During these stages, the delegated power of the Self constructs a temporary identity, as the personality-lower-self. Thus, its identity varies under the influence of fascination (glamour, maya, illusion) until it acquires enough awareness of power (as Consciousness) through its experience in the various fields and can sustain its integrity as Sensible Intelligence.

We handle energies and substances through the PFC directed to any position along the chakras. Only the Heart - the Sensible Intelligence - dominates or controls the lower forces of ego-willpower. When this happens, the PFC recedes into Source at the central position of the spinal column and, as Self-Will, can coordinate the activities of chakra satellites from there. **Personality then serves Self.**

Each chakra, as each planet, is a projection from Source/Heart/Sun and follows the same accelerating spherical impulse in the human being as in the universe. "As Above, So Below".

BEING pulls its personality and its expressions (sub-personalities) in a helical expression, in the same manner as the SUN pulls its evolving orbiting satellites with it. The ego-self within a personality is a satellite-intelligence of Being. When its power is withdrawn from peripheral involvement and placed back into Source, true Intelligence is accessed.



2.- The Helical Model and PEBs

The same happens with the activity of the bodies of the human personality (PEBs) and its thoughtforms, where they continue to attract and project configurations of themselves over and over. PEBs are as fields of energy (creation-substance) revolving around the Spirit-Soul Self (Consciousness).

Everything is Mind; this is how the world was created.

The way we use our mind to create our self- centred negative thoughtforms is the way God created the Universe. Only we are miscreating, instead of creating. Let's dare to create positively in our world. Let's begin now.

Dare! Dare to feel our power and to use it over ourselves and our world, creating a field of goodwill, which we desperately need on this planet.

3.- The Helical Model and the Square

The square is in the process of movement.

Going back to the square in year four, we're going to do the relationship square with other people and see how squares mix and merge and how they create relationships.

The lines going back and forth - A, B, C, D - preserve the square in matter, which is solid, in other words, density.

The more consciousness evolves towards the centre, the more the motion spirals upwards, creating a pyramidal form emerging from the square.

The **pyramid now allows for more Light**. There's a greater area exposed to light than in the square, and this where the frequency of Light in matter alters through our way of thinking and feeling.

4.- The Helical Model and the Wheel of Samsara

The Wheel of Samsara is another helical activity example.

We go from the Human World into the Hell World, into the pretentious pride of the good ego and continue to World of Brute Consciousness, when the frequency cannot be sustained and lifted. From there on to the Jealous Gods where the grass is always greener "on the other side". Then appear the Hungry Ghosts: where we fall "I can't take it anymore!". Finally, we return into the human world, feeling ever so proud of ourselves.

This is the journey of the **average person's** thoughts and feelings.

Instead, the **person who is awakened** seeks transcendence by directing itself to the centre where the wheel stops. The centre of the wheel is the sun as the **Void Clear Light** of Eternity.



5.- The Helical Model and the Enneagram

Same thing happens with the Enneagram.

All these models illustrate the working of the linear mind and the action of Spirit together as they work for transcendence in their journey towards Essence or the Sun.

6.- The Helical Model and Time and Space. Synchronicity

Time and Space exist only in helical illusion - the movement of the personality's projected satellites. There are also sub-personalities, satellites of satellites.

Only BEING is Real, one with Spirit and Infinite Space-Timelessness.

When Being is in harmonious control over its satellites, and within the focal point in the centre of Being, it will be able to Know all that there is to know and will be able to read past inscriptions in relative time and space, and future probability. It will be **able to travel in Time as well as in Space**. This is how the original inhabitants of this Earth travelled, and this is the way of wisdom and knowledge that all genuine researchers of Truth from all traditions follow.

Time, like Space, bends and congeals into and within the ever-Infinite Timeless BEING-SELF.

For the ancient Egyptians, the “**Ankh**” was a map of returning to Source where time and space fuse into Being and the “**Djed Column**” was a representation of the helical power engendered by Consciousness that ignites the Power of Source ~~to~~ for time and space travel.

How do you use your Intelligence?

Recognise yourself and the universe you spin.

Now, move consciously towards the Light!