



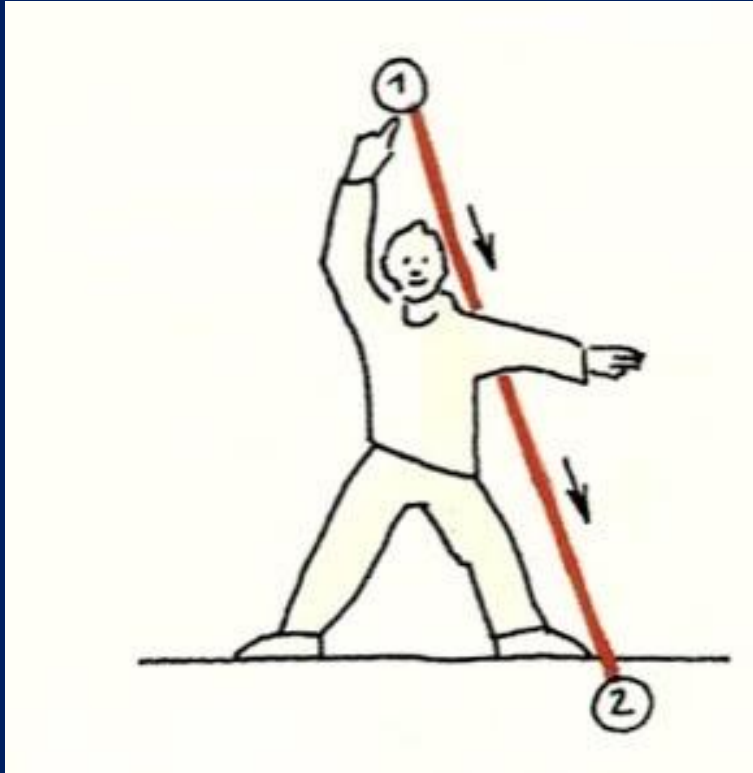
ARCHANGELIC STARS



Zulma Reyo
School of Consciousness

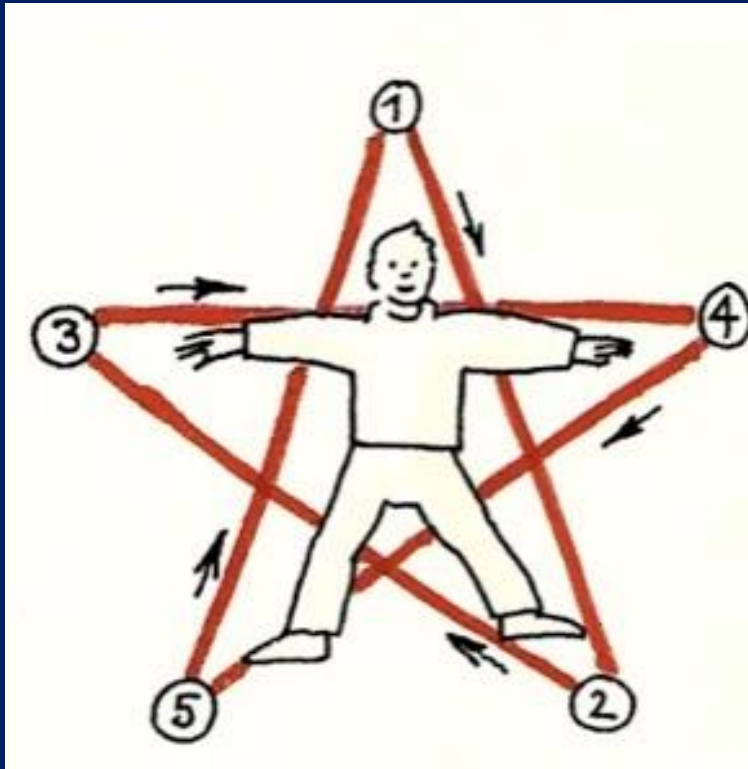
Construction of a 5-pointed star in your etheric double.

Protection through the Fire of ARCHANGEL MICHAEL



It begins with the preparatory meditation of balancing the bodies and continues:

- With your **etheric eyes**, visualise yourself standing, with arms outstretched at the sides and legs apart.
- Take a deep breath and **call upon Archangel Michael**.
- Raise your **etheric right hand** above your head.
- Visualise, feel and hear the **red light** of Michael as it emanates from your **etheric right hand**.
- Draw a straight line of red light towards and just beyond your left foot.



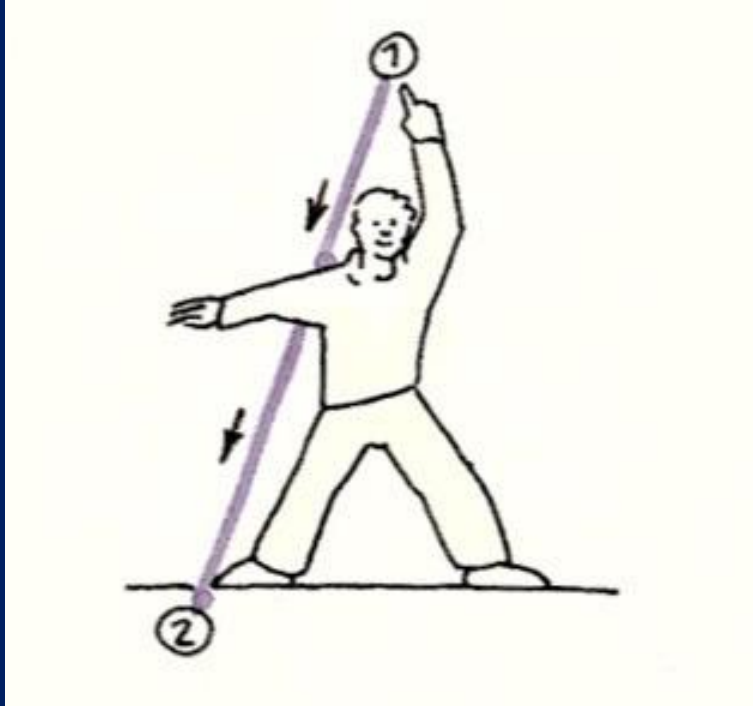
- From your **left foot** and **across your body**, draw the **line diagonally** until it reaches a little beyond your right hand.
- From the right hand, the red line passes over the chest and continues a little beyond the left hand.
- From there, go straight down past the **right foot**.
- Now, raise your **etheric left hand** and bring the line from your **right foot** to the starting point above your head.
- This completes the five-pointed star.



- Your **etheric double is shining** within a 5-pointed star of radiant red Light.
- Breathe deeply.
- Be aware of Michael's presence around you as a protective shield and in your warm red blood.
- **Thank Michael for his help.**
- Now, form a larger 6-pointed star of golden light surrounding the 5-pointed star.
- **‘He counts the number of the stars; he calls all of them by name’.** (Ps. 147:4).
- Take a deep breath and slowly return to your physical body.

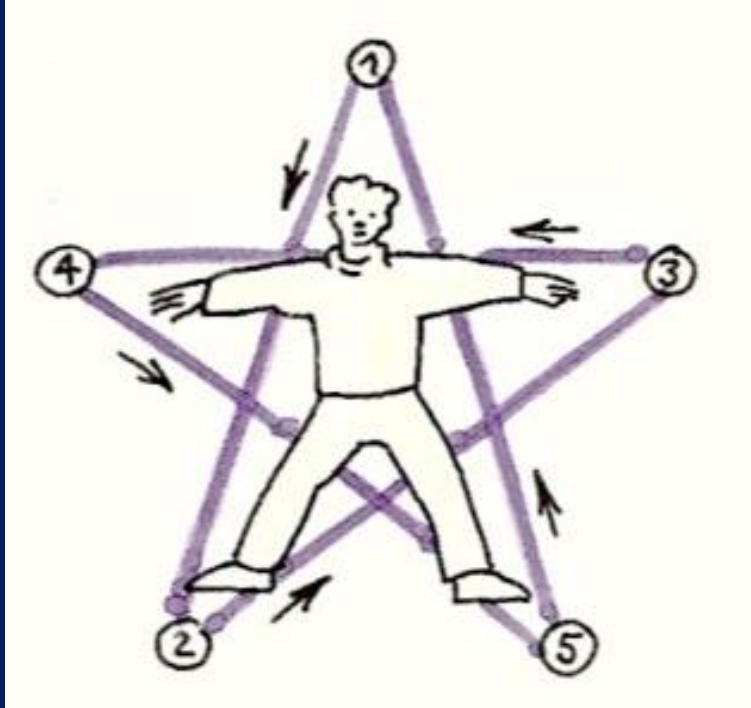
Construction of a 5-pointed star in your etheric double.

Protection through the Energy of ARCHANGEL RAPHAEL

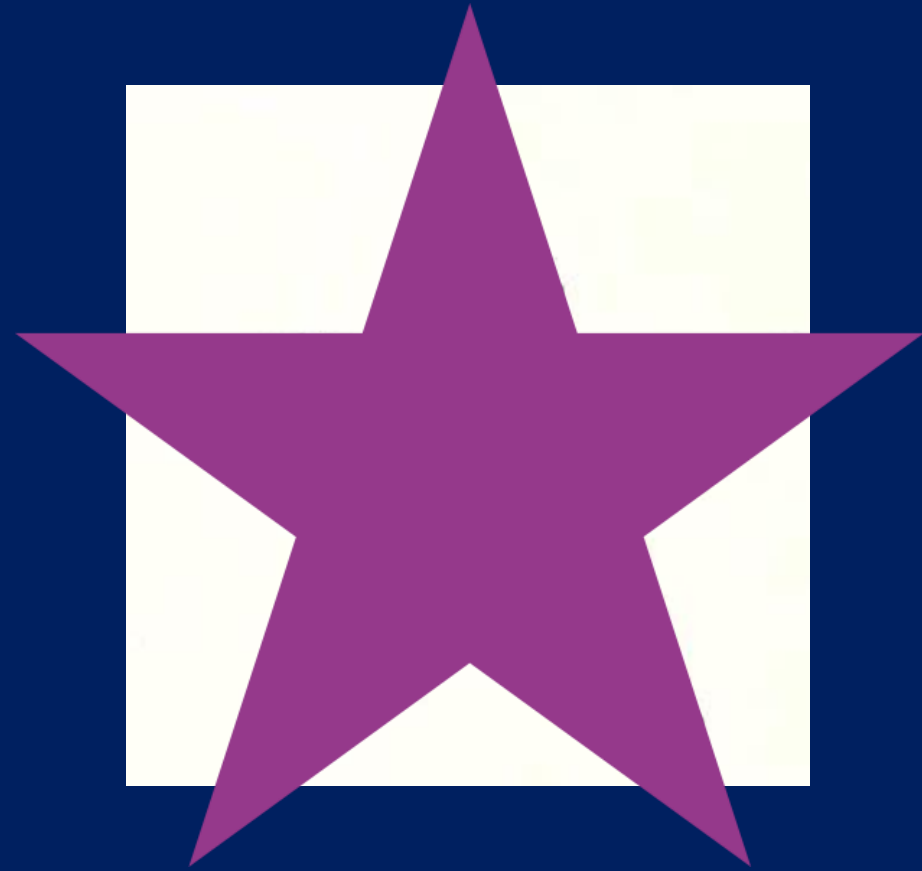


It begins with the preparatory meditation of balancing the bodies and continues:

- With your **etheric eyes**, visualise yourself standing, with arms outstretched at the sides and legs apart.
- Take a deep breath and **call Archangel Raphael**.
- Raise your **etheric left hand** above your head.
- Visualise, feel and hear Raphael's **violet light** emanating from your etheric left hand.
- Draw a straight line of violet light towards and just beyond your right **foot**.

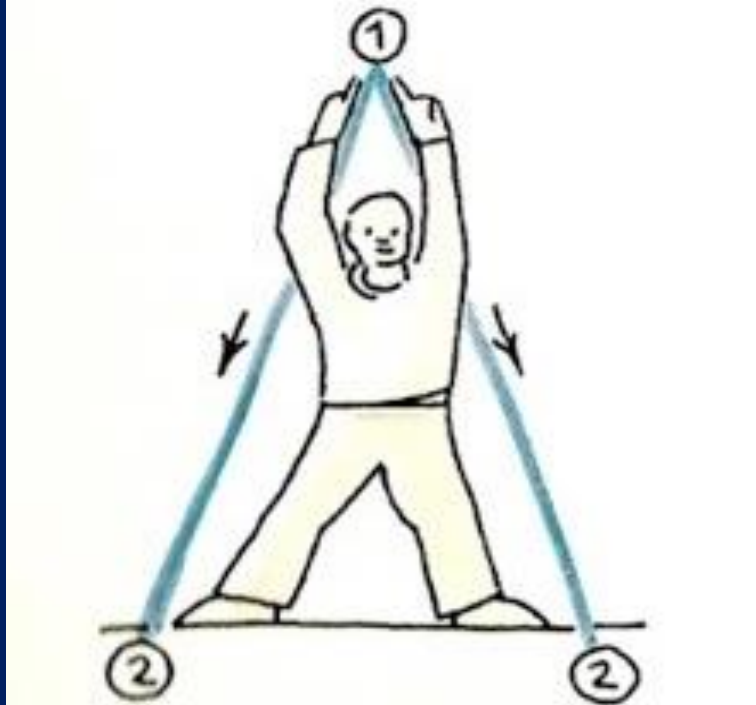


- From your **right foot and across your body**, draw the line diagonally until it reaches just beyond your **left hand**.
- From the left hand, the violet line passes over the chest and **continues a little beyond the right hand**.
- From there, descend in a straight line to beyond the **left foot**.
- Now, raise the **etheric right hand** and bring the line from the **left foot** to the starting point above your head.
- This completes the 5-pointed star.



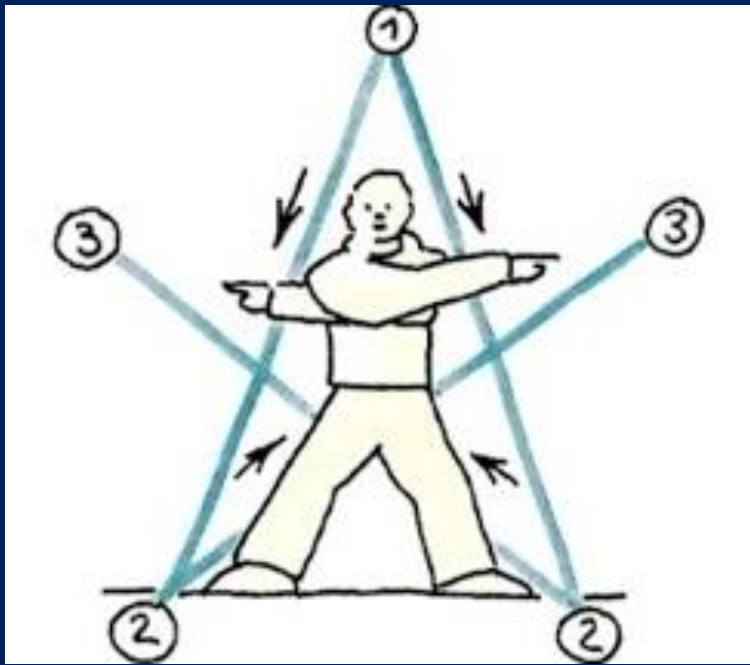
- Your **etheric double is shining** within a 5-pointed star of radiant violet Light.
- Breathe deeply.
- Be aware of Raphael's presence around you as a protective shield and in you as etheric vitality.
- **Thank Rafael for his help.**
- Now, form a larger 6-pointed star of golden light surrounding the 5-pointed star.
- **'There is one glory of the sun, another glory of the moon and another glory of the stars; for star differs from star in glory'.** (1 Cor. 15:41).
- Take a deep breath and slowly return to your physical body.

Construction of a 5-pointed star in your etheric double. Protection through the Serenity of ARCHANGEL GABRIEL



It begins with the preparatory meditation of balancing the bodies and continues:

- With your **etheric eyes**, visualise yourself standing, with arms outstretched at the sides and legs apart.
- Take a deep breath and **call upon the gentle Archangel Gabriel**.
- Raise **both of your etheric arms** above your head and make them come together to form a point.
- Visualise, feel and hear how Gabriel's **light blue light** emanates from your etheric hands.



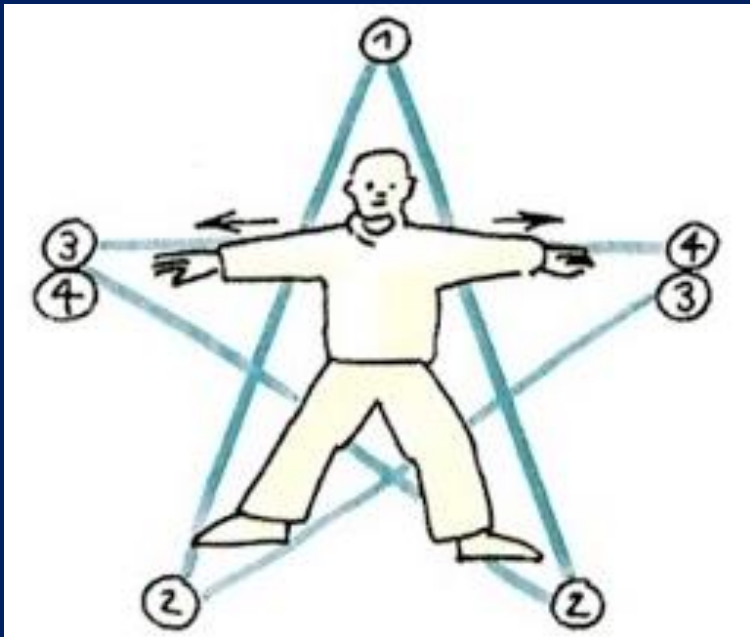
- From that point **above your head**, **simultaneously** lower two lines of bright sky-blue light: one from your **right arm** to beyond your **right foot** and one from your **left arm** to beyond your **left foot**.

- Now, **cross both etheric arms in the centre of the chest**: the left arm is extended on the right side and the right arm is extended on the left side.

- Take a deep breath.

- **Have jets of sky blue light projected from your hands** about 60 centimetres on each side.

- Unfold and extend the etheric arms out to the sides until they form a horizontal line at shoulder height.





- Your **etheric double is shining** inside a 5-pointed star of radiant sky-blue light.
- Breathe deeply.
- Be aware of Gabriel's reassuring and comforting presence within you and his protective shield around you.
- **Thank Gabriel** for the peace and protection he offers you.
- **'I am Gabriel, who stands in the presence of God'** (Luke 1:19).
- Now, form a larger 6-pointed star of golden light surrounding the 5-pointed star.
- **'Praise Him, sun and moon; praise Him, all you stars of light'** (Ps. 148:3).
- Take a deep breath and slowly return to your physical body.