

Specialisation Programme - Year 5 Guidelines for the Development of Project Phase 2

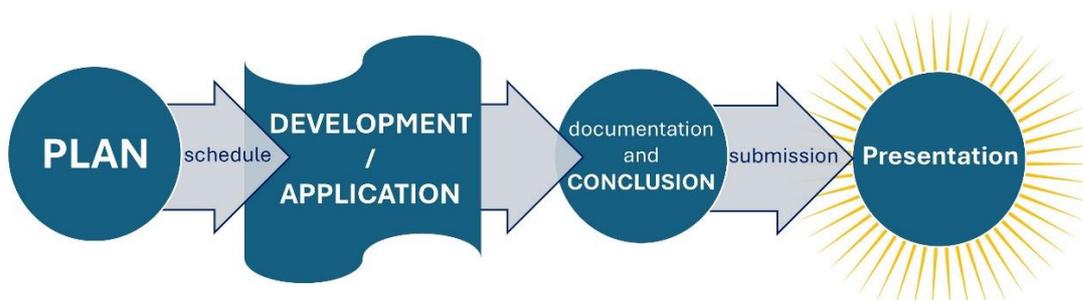
December | 2025 – October | 2026

OVERVIEW

In **2025**, the project focus was on research and thematic exploration—examining each project’s context, patterns, constraints, and opportunities. Most importantly, you explored how you integrated **Inner Alchemy** within yourself and your life, and how you envisioned applying it in the world.

In **2026**, the focus now shifts to **deepening and embodying this work** as you bring your project into the world, refine it, and continue your personal development through a deeper integration of Inner Alchemy. By the end of this final year of specialization, professional should be able to integrate your insights into your own life path.

Each student must create a **personalized plan and schedule** with their project tutor, tailored to the project’s type, context, and developmental goals. This plan should outline how Inner Alchemy will be shared through service and how it will contribute to meaningful human transformation.



GUIDING PRINCIPLES

Integrity of Inner Alchemy

Projects must “embody” Inner Alchemy, not just reference it. You should apply its principles of selfless service and ethics, demonstrate genuine paradigm shifts, and avoid superficial approaches.

Alchemical Alignment as a Core Structure

Every project should reflect the essential posture of Inner Alchemy, which is Spirit Identity over personal identity, through internal alignment, coherence across body–emotion–mind, and a divine human-centred approach.



Student Transformation as Proof of Authenticity

Authentic projects arise from the student's own transformation — guided by intuition and Presence, expressing the principles of Inner Alchemy, and sustaining an inner flame of coherence and purpose through a flexible personality. At this point in your training, your Presence should reign over the personality-self, receiving guidance and illumination, recognising it as the Source of all you are and do. All other processes used in Inner Alchemy training only demonstrate this fact. You must have first understand and then embody Inner Alchemy as a principle and as a way of life that is useful within any profession.

PLANNING

Develop a structured work plan that outlines the central objective, the project's scope (including context and audience), the expected contribution and impact, and the type of project you have selected.

TYPES OF PROJECTS

I. Practical Project

It involves applying, testing, and refining the concepts previously researched in 2025. Its purpose is to validate the principles of Inner Alchemy through real-world experimentation with individuals, groups, communities, or organizations, gathering feedback and assessing transformative impact.

1.1 Practical Application

The plan should include concrete ways, such as:

- Pilot/Prototype Experience – create a small-scale version, workshop, model, or practical session that embodies the essence of your project.
- Field Application – collaborate with a group, community, or organization to implement and observe your project in real-world contexts.
- Experimentation – testing processes or methods that emerged from the research.
- Personal Practice – apply your concept or methodology to yourself or your own work/life as an internal laboratory for observation and improvement.

1.2. Practical Application Design

Define the audience or context, duration and format, procedures and resources needed, and methods for collecting objective and subjective feedback. The experience must be well designed to generate meaningful data.

1.3. Structured Implementation

Develop a phased schedule and a clear method for documenting and recording the process.



1.4. Analysis – Results Evaluation

- What worked and why? - What didn't work and what did you learn from it?
- What insights emerged: what surprised you, what expanded on your knowledge?
- How can the project evolve or transform based on these experiences?

1.5. Conclusion

Summarize the project's journey, consider the results obtained, consolidate lessons learned, propose adjustments, and outline potential contributions, impacts, and dissemination pathways.

II. Theoretical Project

This type of project requires deep study, consolidation, and maturation of the research developed in 2025. Its aim is to refine a theme, question, or hypothesis from the perspective or way of life that Inner Alchemy suggests, thereby eliciting reflection and argumentation that contribute to its expansion.

2.1. Theoretical Deepening

Create a plan for advancing your study, which may include verifying the coherence and alignment of the topic with Inner Alchemy, identifying gaps or necessary reorganizations, expanding or refining the research, conducting comparative or historical analyses, mapping key concepts, or developing critical discussions grounded in relevant criteria.

This process should support clear argumentation, personal authenticity, and a distinctive style.

2.2. Structured Timeline

Establish a phased schedule for the development of the study.

2.3. Strengthening the Conceptual Foundation

Build a solid theoretical base by interpreting and explaining the chosen field, consistently integrating Inner Alchemy perspective, revealing nuances and paradigms, and refining your writing to develop a coherent and compelling thesis.

2.4. Conclusion and Synthesis

Craft an original synthesis that highlights your contributions and suggests directions for future developments.

2.5. Final Structure

Organize the final text with a clear flow—summary, glossary, chapters, and sections—ensuring coherence and understanding.



III. Theoretical and Practical Project

This type of project integrates both practical application and theoretical exploration. It may include testing methodologies, examining hypotheses, or applying new language or approach, with either direct or indirect engagement of an audience.

The goal is to develop a final proposal that meaningfully expands the posture and application of Inner Alchemy. This type of project allows for combined paths of exploration by adapting the best approach. Projects that identify themselves as being partially Practical Experimentation and partially Theoretical may develop and describe a plan that integrates both orientations described above, provided that coherence is maintained.

PERSONAL DOCUMENTATION

Throughout the development of your project, maintain a personal record in dialogue with your Divine Presence, noting insights, perceptions, and inner transformations.

Document your steps, challenges, frustrations, and successes, as this material is essential for understanding both the evolution of your project and your own growth.

CALENDAR

January 24 | 2026

Project Plan Submission

If the student wishes to advance their schedule, they may submit it earlier.

August 17 | 2026

Final Project Submission

Submit Project to your assigned tutor.

September 28 – October 9 | 2026

Project Presentation

Prepare a presentation using slides and other tools. (Approximate duration: 1 hour.)

The presentation must: Summarize the overall development of your project. Explain the insights and change of perspective gained through the application of Inner Alchemy in both your field of study and in yourself.

Questions Session

You will be encouraged to answer questions to deepen your understanding of the chosen field of study and the perspective of Inner Alchemy.