

Fourth Year English Group

As we begin 2026, we are reaching out to you to bring clarity, containment, and coherence to the present moment.

Over the past months, it has become evident that there is a feeling of uncertainty, tension, and differing perceptions circulating within the group. As a teaching body, we are taking responsibility for addressing this directly and transparently, rather than allowing confusion grow.

The purpose of this letter is to restate the new curriculum, clarify expectations, and invite each of you who might be involved to consciously decide how you wish to continue.

About the Nature of the Training

In our teachings, we continually strive to strengthen soul connection and spiritual embodiment while broaching the challenges of ego dissolution. If we were unable to reach you satisfactorily, or if our objectives did not meet your expectations, please know this was not intentional, nor was it due to any change in purpose along the way as our vocabulary and terminology became clearer.

We believe the spirit of Love is strong enough between us to ensure that understanding and goodwill always prevail. Personal care and affection are the tonic in our school, with each teacher, tutor, or trainee expressing it to the best of our ability. Our objectives have always been to achieve the highest spiritual integration.

Diplomacy and niceties, as we are normally taught to exert in the world, are not always enough to break through ordinary illusions and defences, as you may have experienced during “Death and Rebirth” among other processes. A great deal of emotional strength and sensitivity is required by us to break the walls of isolation and complacency we have created to survive a world of appearances and pretensions; some of us are better at it than others. Ultimately, what matters is the innermost transmission of Presence.

With this context in mind, we would now like to clarify how we have restructured the training, particularly in relation to projects, exams and certification, so that options are clear for everyone.

Assessment, Projects, and Certification

We are **eliminating** the final examination at the end of Year Five, as it has created frustration for some participants.



About the projects

Upon the understanding that the fourth year of study was offered as a means of learning to apply Inner Alchemy in your professional areas, we defined a project would be the best road to assure application culminating in certificate of applied Inner Alchemy in **Field of Action**. We are sorry that some students did not speak openly about their discomfort with the project.

Students who **choose not to** complete a project **are not** excluded. Everyone is invited to participate in the next energy module and the last module of this training, and everyone will receive a **Certificate of Participation**, acknowledging the fourth year of study and engagement with the school.

Choosing **not to do** a project does not represent failure or withdrawal; it simply reflects a different way of completing this phase of the training.

For Those Continuing with a Project

For those who are already engaged in a project, or who wish to continue with one, we fully support this path.

You will continue to receive guidance and accompaniment toward completion, and upon approval, you will receive a certificate of **Applied Inner Alchemy Certification**, indicating your chosen **personal field of work**.

Considerations Regarding the Following Years:

We regret to announce that we are no longer offering Year Six designed for the residency programme for those wishing to open Inner Alchemy Centres. After careful consideration of the scope and resources required to offer this programme in a way that aligns with our standards, we have concluded that we cannot continue it at this time.

Instead, we will accept applications from students to train as in-house practitioners at the School. Anyone interested in joining our team is welcome fill in an application.

Continuation and choice

At this stage, it is important for us to know how each of you responds to our restructuring. Please reflect and respond to the following:

- Are you happy to continue with the Energy Module?
- Do you intend to complete your project?
- Are there any other issues you would like to bring up?



Your response will allow us to support the group responsibly, plan appropriately, and bring this phase of the work to a clean and respectful continuation or completion.

Please send your response by **15.01.2026** to morena@zrsoc.com

Our intention is to complete this phase of the work with greater clarity, sincerity, and stability—for everyone involved.

We appreciate your time, your reflection, and your transparency.

ZRSOC TEAM