



**Partner:** ICON (CRO) on behalf of a global pharma company

**Therapeutic area:** Menopause / Women's health

**Solutions used:** Total Consent (Medable eConsent solution), eCOA and TeleVisit

**Countries/Locales:** United States (English and Spanish)

**Participants:** 1,222



Case study

# ICON and Medable drive 85% eConsent adoption in U.S. menopause study

## Partner study overview

In partnership with ICON, Medable supported a client in the delivery of a U.S. only women's health trial for menopausal participants.

With a protocol that contained 13 assessments repeated on a regular basis throughout the schedule of assessments, the study demanded both participant and site engagement from the outset. Enabling the sites to consent participants with eConsent allowed for improved study communication, oversight of consent, and an enhanced participant onboarding experience into both the study and the technology platform.

Both Medable and ICON focused on a simplistic approach to training as well as providing a hand-on concierge support service to the sites in order to provide a frictionless experience. The strategy yielded significant success in both participant and site-level adoption of consent, laying the groundwork for increased levels of patient adherence to the complex protocol requirements.

## Key outcomes and insights

# 100%

**eConsent adoption  
among 18 sites**

Achieved full compliance with the study's digital workflow

# 85.4%

**of enrolled participants  
consented electronically  
by Medable's Total Consent**

Among the total 1,222 participants, 1,044 consented electronically

**The top enrolling site  
enrolled 170 patients, with**

# 91%

**of them opting to consent to  
the study using Total Consent**

Demonstrated that training, when tailored and simple for sites to consume, combined with hands-on site support delivered jointly with the CRO team significantly improves site adoption of technology.

# Understanding the challenge

The study team faced three primary hurdles:

1

## Ensuring high eConsent

uptake among a diverse participant base in both English and Spanish speaking patient populations. Enabling a smooth onboarding process to the study and technology.

2

## Coordinating training

across 40+ sites to ensure sites could adopt the technology with limited additional burden and felt confident to present eConsenting to the participants

3

## Maintaining site engagement

throughout the enrollment period ensuring sustained technology adoption

Given the complexity of the protocol and high level of electronic based assessments(eCOAs), the study team understood the importance of a smooth onboarding and consent process to reduce any potential resistance to electronic based data collection workflows.

## Medable's solution

### Joint deployment with ICON's concierge team

Medable and ICON delivered a collaborative training and onboarding approach that was both strategic and site-specific:



#### Concierge-led rollout

ICON's internal concierge group partnered with Medable to reinforce consistent site support across all US regions.



#### Customized study training

Medable's internal team developed study-specific eConsent training modules tailored to the trial's unique requirements.



#### CRA enablement

Clinical Research Associates (CRAs) were directly equipped with training and materials to support consistent site-level implementation.

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**This study illustrates exactly why tailored training delivered in a site focused manner, combined with an educated CRA workforce able to support the sites is critical for the successful adoption of any study technology. When sites are supported and confident, adoption follows, enabling positive outcomes even from demanding study protocols with high levels of patient facing data collection assessments.”**

**Jade Borsberry**  
Customer Success Lead  
Medable

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## Conclusion

By aligning training efforts, tailoring onboarding resources, and closely partnering with the CRO, Medable enabled a seamless eConsent rollout in a challenging U.S. focused study in a patient population

With 85.4% of participants opting into electronic consent and 18 sites achieving full compliance, the effort offers a compelling case for the use and deployment of eConsent in the future.

If you'd like to speak to someone at Medable about improving eConsent adoption in your next study, [connect with our experts.](#)

