My Visit to the Dentist

Social Story

Instructions: Read the social story with your child to learn the routine. Your Child may also read the story independently.



Today I am going to the dentist. My family and I will walk into a building with big colorful windows.



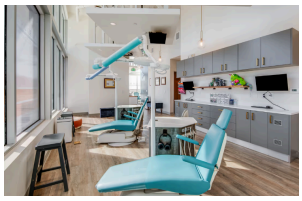
The dentist helps keep my teeth clean and healthy.



I will check in at the front desk and pick a flavor for my toothpaste and tooth vitamins.



I will have a seat in the waiting room. There are toys there for me to play with.



When my name is called I will walk through the office with my nurse to a special chair.



My nurse will say “Hi” to me and ask me to sit down in the chair. It will move and lean back.



I will get to pick a new tooth brush, a pair of sunglasses to wear and something to watch on tv.



After she puts the tv on, I have to sit still so my nurse can make my teeth clean.



She wears a mask, gloves and glasses to get ready to brush and floss my teeth.



She will tickle my teeth with her special tooth brush.



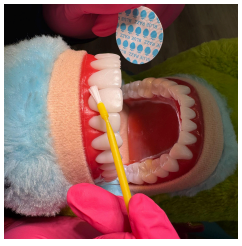
After the fronts and backs are clean she will floss and get in between.



The dentist will come and I will open my mouth for her to see.



Then, the dentist will check my teeth with special instruments.



When she is done looking she will use my tooth paint brush to brush on the tooth vitamins.



When I am all done, I get to pick one prize and one sticker.



I did such a great job at the dentist, and now it is time to leave!