

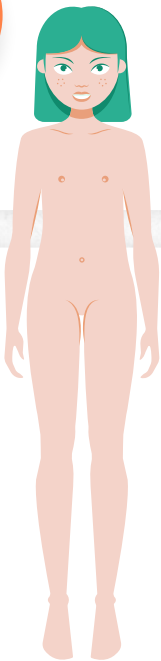


## ASSESSMENT OF PUBERTAL DEVELOPMENT FOR GIRLS - TANNER STAGES

### STAGE 1

Pre-adolescence phase  
(**papillae** elevation).

Breasts

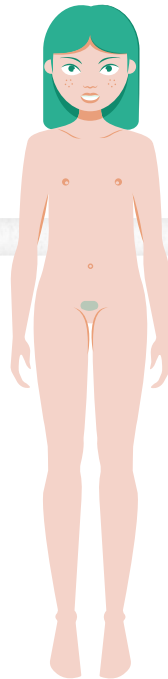


Pre-adolescence  
phase (**no hair**).

### STAGE 2

8 - 13 years old

Breast bud stage (elevation of  
**breast** and enlargement of **areola**).



9 - 14 years old

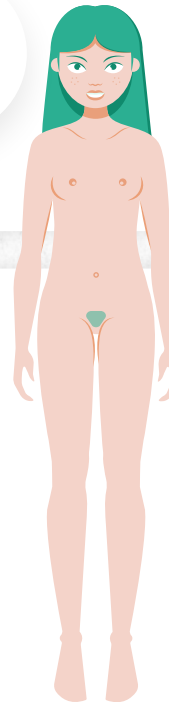
Sparse growth of **long, downy**  
hair, slightly pigmented, along  
the labia.

### STAGE 3

10 - 14 years old

**Further enlargement** with no  
separation of their contour.

**Menarche** (first  
menstruation):  
11 years old - 15  
years old



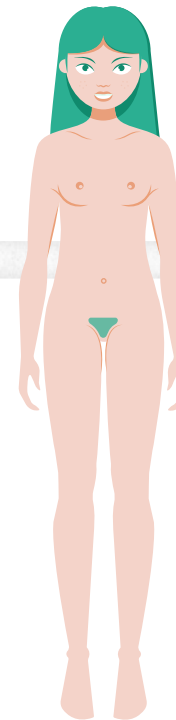
10 - 14 ½ years old

**Darker and coarser** hair  
over the pubis.

### STAGE 4

11 - 15 years old

**Areola** and **papilla** form a  
secondary mound above  
level of breast.



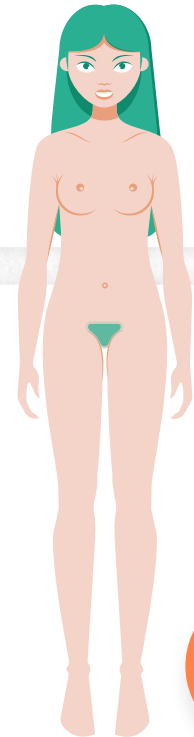
11- 15 years old

**Hair adult in type**, but  
covering area smaller  
area than in adult.

### STAGE 5

13 - 18 years old

Adult stage with **projection**  
of **papilla** only.



12 - 16 ½ years old

Adult in type and quantity,  
**covering** the entire **pubis**  
and **groin**.

Pubic hair

Adapted from **Puberty and the Tanner Stages**. Child Growth Foundation (NHS), and **Tanner Stages**. National Library of Medicine (NCBI)