

SUMMER VEGETABLES

July, August, September

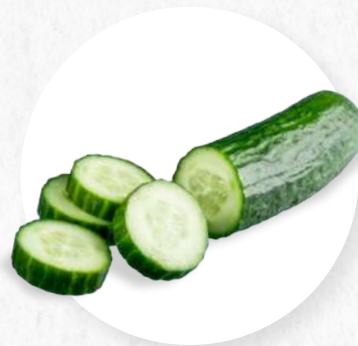


Like fruits, vegetables and legumes are great sources of water and nutrients for our bodies: an extra, low-calorie Summer boost!

Aubergine



Cucumber



Beetroot



Fennel



Lettuce



Peas



Sweetcorn



Mushrooms



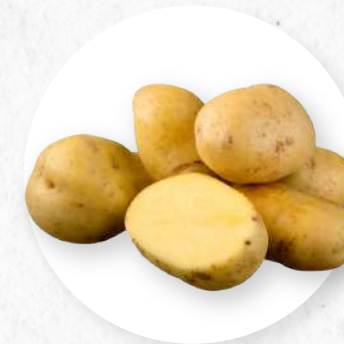
Watercress



Bell Pepper



Potato



White Cabbage

