

# Holbeach

## WEEKLY NEWSLETTER

Friday 5th September 2025

### IMPORTANT DATES

#### Wednesday 10th September

- 5G Educational Visit to The Creekside in Deptford

#### Thursday 11th September

- 5F Educational Visit to The Creekside in Deptford
- Secondary Transfer Application Information Meeting (5:30pm in the school hall)

#### Thursday 18th September

- Lewisham CAMHs Mental Health Support Team in schools Parent Focus Group meeting (9am in school hall)

#### Monday 22nd September

- Extra Curricular Clubs begin (for pupils in Y3 to Y6 only)

#### Tuesday 23rd September

- 4F Educational Visit to Fulham Palace (more details to follow)

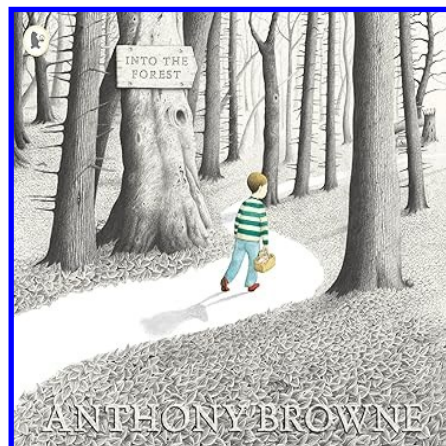
The term dates for this academic year (including the INSET days) are on page 2.

Remember to keep an eye on the full calendar of events on the school website.

### Welcome Back Everyone!

It was lovely to see all the children back at Holbeach for the start of term on Wednesday morning. We hope that you and your families all had a peaceful and recharging Summer Holiday.

In the first assembly of the year (on Wednesday morning) Mr Bulpitt read a book called "Into the forest" and encouraged the children to talk to someone if they are ever feeling worried, upset, scared or hurt.



### Topic Overviews for the Autumn Term

Along with a copy of this newsletter, you will have also received information about the knowledge and skills that your children will be learning during the Autumn Term. These "Topic Overviews" are relevant to the following topics which are being covered this term:

- **Nursery** - "All about us" and "Light and dark"
- **Reception** - "It's good to be me" & "Up above and down below"
- **Year 1**: "Paws, Claws and Roars"
- **Year 2** - "Teddis Through Time"
- **Year 3** - "The Victorians"
- **Year 4** - "Warriors of the Waves"
- **Year 5** - "Water, Water Everywhere"
- **Year 6** - "Pharaohs, Pyramids and Power"

In each of the year groups, funding permitting, there is an Educational Visit every term and (towards the end of the term) a Memorable Experience too, which parents and carers are often invited to attend. This is where the children showcase the learning that they have been doing during the term.

### Secondary Transfer Meeting

If you are a **parent of a child in Year 6**, you will probably be beginning to think about starting the process of applying for Secondary School places.

The **application form for Secondary Transfer has to be completed online** and can be accessed via this website: [www.eadmissions.org.uk](http://www.eadmissions.org.uk)

These online applications must be completed by **31st October 2025**.

To support you with the process we will be holding an **information meeting** at school on **Thursday 11th September** at **5:30pm**.

Alternatively, please telephone the school office if you would like to speak with Ms Lynch about the process.



### Playground Improvements

You will have no doubt noticed that over the summer the sports cage has had a netting installed. We are already experiencing the benefits of this installation as playtimes have been calmer and safer and other activities (such as planting) can take place without being disturbed by a ball.



### Birthday Treats

A number of families have asked for clarification regarding the school's position on celebrating a child's birthday in class.

We can confirm that, parents/carers are able to provide a **small edible treat** for each child in the class on the day of your child's birthday.

However, we would like to remind you that you should only bring a birthday cake **if it has been cut up into enough slices for each child and are individually packaged (before bringing them to school)**.

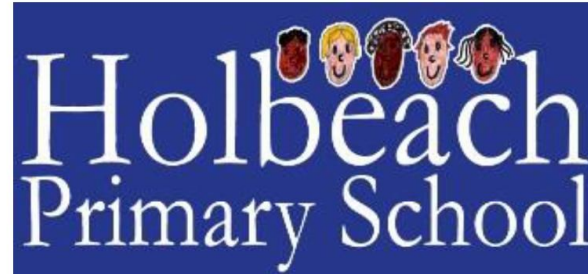
We would also remind you that **no food brought in to school should contain any nuts**.

# Holbeach Primary School

Nelgarde Road, London SE6 4TP

Tel: 020 8690 4713 Email: [admin@holbeach.lewisham.sch.uk](mailto:admin@holbeach.lewisham.sch.uk)

Web: [www.holbeach.lewisham.sch.uk](http://www.holbeach.lewisham.sch.uk)



Today's learners are tomorrow's leaders

## LEWISHAM SCHOOL TERMS AND HOLIDAY DATES

### ACADEMIC YEAR 2025-26

AS AGREED BY MAYOR AND CABINET

<b>AUTUMN TERM 2025</b>	Monday 1 <sup>st</sup> September 2025 – Friday 24 <sup>th</sup> October 2025
<u>Half term break</u>	<b>Monday 27<sup>th</sup> October 2025 – Friday 31<sup>st</sup> October 2025</b>
	Monday 3 <sup>rd</sup> November 2025 – Friday 19 <sup>th</sup> December 2025
<u>End of Term holiday</u>	<b>Monday 22<sup>nd</sup> December 2025 – Friday 2<sup>nd</sup> January 2026</b>
<b>SPRING TERM 2026</b>	Monday 5 <sup>th</sup> January 2026 – Friday 13 <sup>th</sup> February 2026
<u>Half term break</u>	<b>Monday 16<sup>th</sup> February 2026 – Friday 20<sup>th</sup> February 2026</b>
	Monday 23 <sup>rd</sup> February 2026 – Friday 27 <sup>th</sup> March 2026
<u>End of term holiday</u>	<b>Monday 30<sup>th</sup> March 2026 – Friday 10<sup>th</sup> April 2026</b>
<b>SUMMER TERM 2026</b>	Monday 13 <sup>th</sup> April 2026 – Friday 22 <sup>nd</sup> May 2026
<u>Half term break</u>	<b>Monday 25<sup>th</sup> May 2026 – Friday 29<sup>th</sup> May 2026</b>
	Monday 1 <sup>st</sup> June 2026 – Monday 20 <sup>th</sup> July 2026
Public Holidays	Christmas Day: Thursday 25 <sup>th</sup> December 2025 Boxing Day: Friday 26 <sup>th</sup> December 2025 New Year's Day: Thursday 1 <sup>st</sup> January 2026 Good Friday: Friday 3 <sup>rd</sup> April 2026 Easter Monday: Monday 6 <sup>th</sup> April 2026 Early May Bank Holiday: Monday 4 <sup>th</sup> May 2026 Spring Bank Holiday: Monday 25 <sup>th</sup> May 2026 Summer Bank Holiday: Monday 31 <sup>st</sup> August 2026
INSET Days	<b>The school will be closed to pupils on the following dates:</b> <ul style="list-style-type: none"><li>Monday 1<sup>st</sup> September 2025</li><li>Tuesday 2<sup>nd</sup> September 2025</li><li>Monday 5<sup>th</sup> January 2026</li><li>Friday 22<sup>nd</sup> May 2026</li><li>Monday 20<sup>th</sup> July 2026</li></ul>

Headteacher:  
Mr Tom Bulpitt

Deputy Headteacher:  
Mr Phil Morriss

Premises Manager:  
Mr Derek Holmes



# Signposting Parental Support

## Parent/Carer - Sensory Workshop



### About this course

This workshop is aimed at parents/carers who want to learn about sensory processing abilities and how this may have an impact on their child's regulation. Parents/carers will have an opportunity to reflect on their child's sensory regulation and how this may have an impact on participation in their daily activities. Parents/carers will learn strategies that can support their child's regulation at home.

### Who is this course suitable for?

Parents/carers who want to learn about sensory processing abilities and regulation.

Run by: Occupational Therapy Team



### Booking information

This is an online (or occasionally face to face) interactive training. Parents/carers will have the opportunity to ask questions and engage in discussion with others.

The course is 1-1.5 hours.

The workshop runs twice a term. Please call or email the occupational therapy team to book onto the workshop. Telephone: 0203 049 1337 email: LH.ChildrensOT@nhs.net

### Cost

Free to parents of a child/young person who is a Lewisham resident/has a Lewisham GP.

For more information email [LH.ChildrensOT@nhs.net](mailto:LH.ChildrensOT@nhs.net)

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## WORRIED ABOUT BEING MADE HOMELESS?

If you are at risk of homelessness, you can apply for assistance through an online referral system - Please visit [www.lewisham.hov.uk/housing](http://www.lewisham.hov.uk/housing)

If you need URGENT advice and are currently homeless, please contact the call centre on:

Phone - 0808 178 0939

Email -

[housingoptionsenquiry@lewisham.gov.uk](mailto:housingoptionsenquiry@lewisham.gov.uk)



## Who are Lewisham Mental Health Support Team?



South London and Maudsley  
NHS Foundation Trust

We are working in your child's school to support emotional wellbeing. We work with the whole school community; for example, workshops and coffee mornings for parents and carers, assemblies and pupil voice groups for young people, and training and consultation for staff. We work individually and in groups with parents and carers too (turn the page for more information).

Our focus is on early intervention - noticing and addressing difficulties as soon as possible. Some of the things we help with are:

Behaviour that challenges

Friendship difficulties

Low mood

Managing emotions

Dealing with change

Anxiety

Find out more or make a request for support:

- Speak with your school's Senior Mental Health Lead (usually the SENCo or Inclusion Lead)
- Email [LewishamMHST@slam.nhs.uk](mailto:LewishamMHST@slam.nhs.uk)
- Call 020 7138 1250 or 020 7138 1230 and ask for the MHST
- Go to [www.slam.nhs.uk/mhst](http://www.slam.nhs.uk/mhst)

Get in touch

## We've requested support, what next?

We look at requests for support as a team and decide what type of support is likely to be helpful. This might be:



Contacting you to arrange an assessment so we can find out more. After the assessment, we will offer an intervention or help you to find support elsewhere.



Working with you and school to find and contact the best service to meet your goals, for example if you're looking for a specialist service that we don't provide.



Giving indirect support by advising and consulting with school staff, helping them to put in place the support your child needs in school.

## What are your interventions?

- Our guided self-help interventions are for anxiety or behaviour that challenges, and are based on Cognitive Behavioural Therapy.
- We work with you - parents and carers - rather than directly with the child. Research tells us that this is more effective as you know your child best!
- We will meet with you for 6-8 sessions, with some 'homework' (reading or activities) between sessions. We run both 1-to-1 and group sessions.
- Our aim is to understand together what's going on for your child and to practice strategies that will help you towards your goals.