

Topic Title: It's good to be me!

This term the topic is 'It's good to be me!' where our focus will be learning about ourselves. We will learn about our bodies, our senses, our families, our feelings and emotions, as well as celebrating the many cultural and religious festivals that occur this autumn such as Harvest, Diwali, Fireworks and Christmas.

We look forward to developing a partnership where we can work together to ensure your child's learning is fun, interactive and engaging.

Communication, Language and Literacy

This term, the children will focus on developing phonological awareness – listening to sounds in words, enjoying rhymes, and beginning to hear initial sounds. These are the first steps towards learning phonics.

We will also nurture a love of stories by sharing a wide range of books, joining in with repeated phrases, and talking about characters and events.

Finally, there will be lots of opportunities to develop speaking and listening skills through conversations, storytelling, and play, helping the children grow in confidence as young communicators.

Maths

A key focus this term will be developing a deep understanding of numbers 1-5. The children will learn to recognise these numbers and amounts, compare groups and begin to see how amounts can be made up in different ways. Through lots of hands-on practical activities and games, the children will explore patterns, shapes, sorting and comparing amounts, laying the foundations for confident mathematicians.

There are lots of simple ways you can support your child as they settle into Reception:

- Establish a good routine – Regular bedtimes and wake-up times help children feel rested and ready for the day.
- Ensure plenty of sleep – Young children need around 10–12 hours of sleep each night to be able to concentrate and enjoy learning.
- A healthy breakfast – Starting the day with a nutritious breakfast gives children the energy they need for busy mornings.
- Encourage independence – Give your child time to practise dressing themselves, putting on shoes, and especially using the toilet independently.
- Healthy habits – Support your child in brushing their teeth twice a day and making healthy choices.
- Talk positively about school – Share your enthusiasm and encourage your child to talk about their day. This builds their confidence and helps them look forward to learning.