

# Holbeach

## WEEKLY NEWSLETTER

Friday 3rd October 2025

### Year 2 Educational Visit to the Horniman Museum

This week, Year 2 had a wonderful time at the Horniman Museum. Their day was filled with learning and fun! They loved exploring the fascinating exhibits and gardens, as well as taking part in an engaging workshop all about toys from around the world. They played, enjoyed lunch together, and experienced the museum in a hands-on way, making it a truly exciting and memorable trip!



### Message from the Friends of Holbeach

The Friends of Holbeach held its AGM last night with a record turnout- there were not even enough seats to go round!

It was fantastic to see so many new Holbeach parents coming out to support the school and to have a good balance of both mums and dads in attendance.

The fundraising work of the FOH over the past year has enabled a pledge of £10k to the school for this upcoming year, to be used to subsidise trips, fund extra-curricular and cultural events as well as buy new phonics books for pupils, improve the playground, fund leavers and new starter gifts and provide money for the school to support families in need.

The friends of Holbeach would like to thank the following out-going committee members for their dedication and hard work; Lara Moss, Hannah Williams, Natalie Simpson-Smith, Sarah Barnsbury and Emma Jourzac. And a special thank you to the wonderful parent volunteers and the staff at Holbeach school who support us in the events we hold.

Samantha Gardiner has stepped down from her position as chair, and alongside Rosalind McIntosh (secretary), Julie Commons and Agata Patyna (Treasurer) make up the new committee going forward from October 20th alongside the following new members whom we warmly welcome;

Bill Pellett & Dan Dream (Co-Chairs), Ben Lewis, Anoushka Periyar, Adam Lucas, Ronan Leyden, Valerie Oxman, Lizzie Pellett and Marianne Moulder-McPhee.

Our next event is our tea and coffee drop-in session next Friday 10th 2:30-3:15 in the schoolhouse, followed by the autumn term discos on Friday 17th October.

**There are two autumn term discos:**

- Disco One for Nursery, Reception, Years 1, 2 & 3: 4-5.15pm
- Disco Two for Years 4, 5 & 6: 5.30-6.45pm

Children attending Disco 1 will require an adult to accompany them (please ensure that there are no more than one adult per child attending as we have limited space).

Hot dogs, drinks and sweets will be available to purchase as well as glitter tattoos. Tickets are £2.50 per child and £1 per accompanying adult and need to be purchased in advance.

**Tickets will be available through ParentPay or in person at the Holbeach Hub between 2.30-4pm on Friday 10th October.**

We will also give Y5 and Y6 an opportunity to purchase tickets themselves, following one of the Key Stage Two assemblies.

### IMPORTANT DATES

#### Tuesday 7th October

- 4A Educational Visit to Fulham Palace

#### Wednesday 8th October

- Prospective Parents Open Morning (9:30am)
- Year 1 Educational Visit to London Zoo
- 5G, 4F, 6L are visiting the Caribbean living room at Catford Broadway

#### Thursday 9th October

- Full Governing Board Meeting (6:30pm)

#### Friday 10th October

- 5F, 4A, 6W are visiting the Caribbean living room at Catford Broadway

#### Thursday 16th October

- EYFS Parent/Carer Workshop and stay and play (see page 4) 9am - 10am

#### Friday 17th October

- School Discos (see page 4 for full details)

#### Tuesday 21st October

- Year 4 and Year 5 Educational Visit to a Battle of Britain Musical Experience

#### Thursday 23rd October

- NHS Height / Weight Measurement for Reception & Year 6.

### Black History Month

This year's Black History Month theme is Standing Firm in Power and Pride. Each year group

has been given two key figures to learn about. In addition to the year group allocations, we have chosen two whole-school figures for everyone to learn about: Wilston Samuel Jackson and Rosamund Kissi-Debrah and her daughter Ella.

We are also introducing a song per day, following the history of Black British music, based on Jeffrey Boakye's brilliant book Musical Truth.



### St Laurence Church Choir

Last Friday, the children at Holbeach were treated to a performance from a Choir Quartet from St Laurence Church. It was really great for the children to see a soprano, an alto, a tenor and a bass harmonise and sing together in 4 parts. They sang a range of different songs, including one with some ska singing.

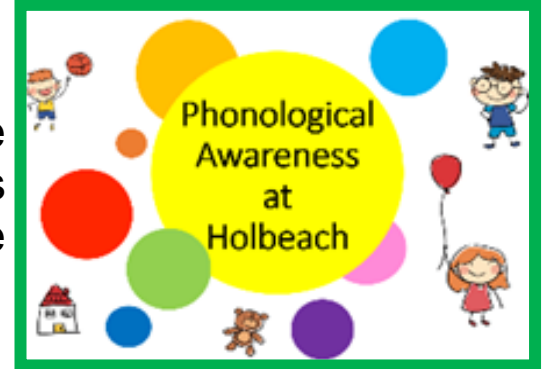
St Laurence Church run an after school singing club for children called "Tunes and Chips" (see page 4 for details of how to sign up).





# 'Phonological Awareness' Update

For the past few weeks, all of the children in the school have been learning the earliest Phonological Awareness Skills (Awareness of words in sentences and understanding the concepts of sentence, first, next, last).

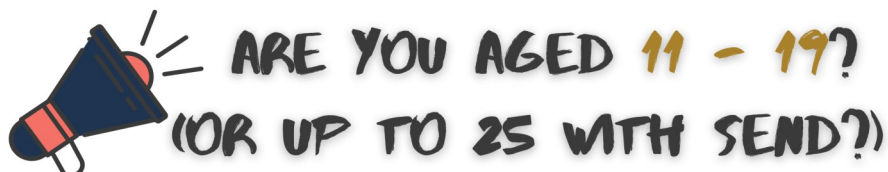


## **'Phonological awareness' and how it helps us read and spell**

Phonological awareness is the ability to hear and work with the sounds in spoken language, like recognising rhymes or breaking words into syllables/sounds. It helps with literacy development by building the foundation for children to understand how sounds connect to letters when learning to read and write.

## **How parents and careers can help at home**

- Play simple listening activities – Play listening games, like clapping out syllables or identifying rhyming words, which help children become aware of how words are made up of sounds.
- Rhyme recognition and production – Encourage children to listen for words that rhyme and to think of words that rhyme themselves, which builds their awareness of sound patterns.
- Read! Reading books with your child helps develop phonological awareness by exposing them to rhymes, rhythms, and new words. As you read, you can point out sounds, clap syllables, or play with words, making it easier for them to notice how words are made up of smaller sounds.
- Make it part of daily routines – Practice these skills during everyday activities like reading books, singing songs, or playing word games, making learning fun and natural.
- Read the school's weekly newsletter together and check for any video clips or advice that is provided about Phonological Awareness.



Tell us what really matters to your mental health  
Take the survey

What have your experiences been?

What's missing in Lewisham?

What would make things better for you or your friends?

It takes 5 mins

It's anonymous

You can enter a prize draw to win a £50 gift voucher

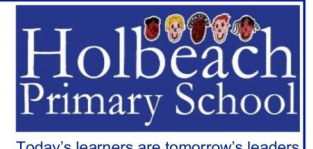
Open until 5<sup>th</sup> October 2025



**PHAST**   
Healthier outcomes for everybody

## **Holbeach Primary School**

Nelgarde Road, London SE6 4TP  
Tel: 020 8690 4713 Email: [admin@holbeach.lewisham.sch.uk](mailto:admin@holbeach.lewisham.sch.uk)  
Web: [www.holbeach.lewisham.sch.uk](http://www.holbeach.lewisham.sch.uk)



### **LEWISHAM SCHOOL TERMS AND HOLIDAY DATES ACADEMIC YEAR 2025-26 AS AGREED BY MAYOR AND CABINET**

<b>AUTUMN TERM 2025</b>	Monday 1 <sup>st</sup> September 2025 – Friday 24 <sup>th</sup> October 2025
<u>Half term break</u>	<b>Monday 27<sup>th</sup> October 2025 – Friday 31<sup>st</sup> October 2025</b>
	Monday 3 <sup>rd</sup> November 2025 – Friday 19 <sup>th</sup> December 2025
<u>End of Term holiday</u>	<b>Monday 22<sup>nd</sup> December 2025 – Friday 2<sup>nd</sup> January 2026</b>
<b>SPRING TERM 2026</b>	Monday 5 <sup>th</sup> January 2026 – Friday 13 <sup>th</sup> February 2026
<u>Half term break</u>	<b>Monday 16<sup>th</sup> February 2026 – Friday 20<sup>th</sup> February 2026</b>
	Monday 23 <sup>rd</sup> February 2026 – Friday 27 <sup>th</sup> March 2026
<u>End of term holiday</u>	<b>Monday 30<sup>th</sup> March 2026 – Friday 10<sup>th</sup> April 2026</b>
<b>SUMMER TERM 2026</b>	Monday 13 <sup>th</sup> April 2026 – Friday 22 <sup>nd</sup> May 2026
<u>Half term break</u>	<b>Monday 25<sup>th</sup> May 2026 – Friday 29<sup>th</sup> May 2026</b>
	Monday 1 <sup>st</sup> June 2026 – Monday 20 <sup>th</sup> July 2026
Public Holidays	Christmas Day: Thursday 25 <sup>th</sup> December 2025 Boxing Day: Friday 26 <sup>th</sup> December 2025 New Year's Day: Thursday 1 <sup>st</sup> January 2026 Good Friday: Friday 3 <sup>rd</sup> April 2026 Easter Monday: Monday 6 <sup>th</sup> April 2026 Early May Bank Holiday: Monday 4 <sup>th</sup> May 2026 Spring Bank Holiday: Monday 25 <sup>th</sup> May 2026 Summer Bank Holiday: Monday 31 <sup>st</sup> August 2026
INSET Days	<b>The school will be closed to pupils on the following dates:</b> <ul style="list-style-type: none"><li>• Monday 1<sup>st</sup> September 2025</li><li>• Tuesday 2<sup>nd</sup> September 2025</li><li>• Monday 5<sup>th</sup> January 2026</li><li>• Friday 22<sup>nd</sup> May 2026</li><li>• Monday 20<sup>th</sup> July 2026</li></ul>

Headteacher:  
Mr Tom Sulpitt  
Deputy Headteacher:  
Mr Phil Morris

Premises Manager:  
Mr Derek Holmes



# Family Hub Information

## Triple P Parenting Course



Come and learn positive new techniques for managing common issues at our 6 week Triple P group. For parents and carers of children 2-10 years.



- Do you find yourself repeating instructions to your child?
- Does your child say "No" when you ask them to do something?
- Is their behaviour sometimes difficult for you to manage?

If the answer to these questions is yes, then why not attend our next course for support, tips and new ideas?

How can I access this Programme?

You can make a referral yourself or a professional can make a referral.

To discuss the programme or a family you wish to refer, please email [Family.Hub.Referrals@lewisham.gov.uk](mailto:Family.Hub.Referrals@lewisham.gov.uk) or visit

[The Hub@Lewisham - Accessing support services](#)

When?

Thursday 25th September to Thursday 16th October  
Followed by 2-3 week of check-in calls  
6:00pm-8:00pm

Where?

Bellingham Family Hub  
109 Randlesdown Road  
Bellingham  
SE6 3HB



South London Children and Young People's Community Immunisation Service

## Protect your child from flu this winter!



Scan the QR code to complete the Flu consent form

For more information on the Children's Flu vaccine, search "NHS Children's Flu"

Contact the Lewisham Immunisation team on 020 3903 3635



September 2025

## Being a Parent

Parenting programme for parents of children aged 2-11

Delivered by trained Parent Group Leaders from Empowering Parents Empowering Communities (EPEC), part of South London & Maudsley NHS Trust, in partnership with Lewisham



A FREE 9 week course to help parents learn practical skills for everyday life such as:

- Looking after yourself as a parent
- Recognising and managing your child's emotions
- Learning positive parenting strategies

Ladywell Family Hub

30 Rushey Mead, SE4 1JJ

Wednesdays 10.00-12.00

1st October-3rd December 2025

(no session 29th Oct—half term)

To sign up—

Click [HERE](#) or scan the QR code.

Or contact 07860 371868



"I absolutely loved this course. I would recommend it to anyone. It has helped me out so much as a parent"

"The leaders were amazing, made me feel so much more confident and feel like people actually do care."

Feedback about the Being a Parent course



EMPOWERING PARENTS  
EMPOWERING COMMUNITIES



NHS  
South London and Maudsley  
NHS Foundation Trust



easypeasy

## Support your child's development for free

Get unlimited access by scanning the QR code\*



Parenting advice and activity ideas for children aged from birth to five, shared by our community and experts.

Available for parents and carers in Lewisham.



[easypeasyapp.com/lewisham](https://easypeasyapp.com/lewisham)



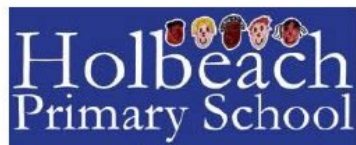
GET IT ON  
Google Play

Download on the  
App Store

\*For full terms and conditions, please visit [easypeasyapp.com/terms](https://easypeasyapp.com/terms).



# Signposting to Events



## Parent & Carer Workshop

Thursday 16<sup>th</sup> October 2025

9:00am – 10:00am



### Theme: Supporting Early Reading Skills!

Dear Parents and Carers of children in Nursery and Reception,

We are pleased to announce that **each half term**, we will be holding a parent and carer workshop for you to be able to attend.

The first one of these workshops is taking place on **Thursday 16<sup>th</sup> October between 9am and 10am** at Holbeach Primary School.

This workshop will be run by our English Subject Leader (Chloe Spicer) and our Speech and Language Therapist (Bryony Langmaid).

Following the workshop, you will all be invited into your child's class for a quick '**stay-and-play**' to try out some of the ideas discussed in the workshop.

We encourage you all to attend and look forward to welcoming you on the day!

Friends of Holbeach

## AUTUMN DISCO



HOT DOGS, DRINKS, SWEETS, CRISPS + GLITTER TATTOOS WILL BE AVAILABLE TO BUY, AND FANCY DRESS IS WELCOME!

Friday 17<sup>th</sup> October

Disco 1 (Nursery, Reception, Y1, 2, 3): 4-5.15pm

Disco 2 (Y4, 5, 6): 5.30-6.45pm

In the hall (entrance via the main gates on Doggett Rd)  
Check the newsletter and FoH WhatsApp for ticket info



St Laurence Church Bromley Road, Catford SE6 2TS

Welcomes children and families

## TUNES and CHIPS

After School  
Singing Club

FOR CHILDREN OF  
PRIMARY SCHOOL AGE

4pm Welcome  
Squash & biscuits  
on arrival

4.15pm Singing  
Fun songs, action songs,  
music & movement

5pm Chips!  
Oven chips and fresh fruit juice  
(tea & coffee also available)  
followed by games

School  
transfer  
provided!

Parents/carers are welcome to stay, watch, or join in!

Cost: children free (adults £2 for chips)

The Tunes and Chips Choir takes part in Family Service on  
Nov 9<sup>th</sup> AM and the Christmas Civic Carol Service on Dec 7<sup>th</sup> PM



...or click here



### Autumn Term 2025

Tuesdays 4.00-5.15pm

Sept 30 | Oct 7, 14, 21

Nov 4, 11, 18, 25 | Dec 2

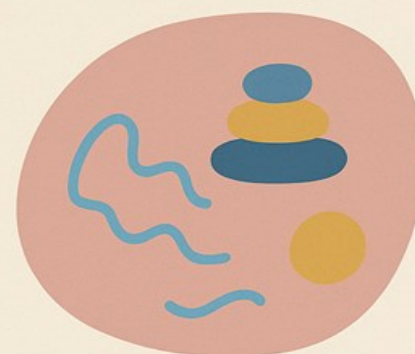
**New members welcome**

To book please scan the QR to the  
left or contact the church office  
[manager@stlaurencecatford.org.uk](mailto:manager@stlaurencecatford.org.uk)



CALM AND CONNECT  
THERAPY

## COME AND ENJOY A SENSORY CIRCUIT FOR MOTHERS



27 SEPTEMBER  
KALIMERA CAFE

247A LEWISHAM WAY  
LONDON SE4 1XF

6-8PM 07401317575