

Friday 21st November 2025

### Fun Learning in Year 1

This week, Year 1 have been learning about fossils. They thought about the tools that they would need and produced some wonderful writing about it in English: "I will need a chisel to break the rock.", "I will need a brush to brush off the sand." "I will need a measuring tape to see if the fossil is long or short."

Then, they made their own fossils out of salt dough. They followed the recipe as a group and then created ammonites, other fossils and dinosaur bones! They will be displaying them in a class museum.









#### **IMPORTANT DATES**

#### Monday 24th November - Friday 29th November

Daily Swimming Lessons for Year

#### Tuesday 25th November

 Holbeach Hub Shop open from 9am (see page 2)

#### Thursday 27th November

 Prospective Parents Open Evening (5pm)

#### Monday 1st December

 Year 3 Educational Visit to the Ragged Museum

#### Tuesday 2nd December

- KS2 Parents Workshop (Reading) see page 2 for details
- Reception Christmas Production (2pm)

#### Wednesday 3rd December

Year 6 Carol Concert (6pm)

### **Cinema Visits**

This week, Holbeach took full a d v a n t a g e of t h e "Into Film Festival" 2025 which offered a wide range of films and educational opportunities for young audiences.

Year 3 visited East Dulwich Picture House to see "Flow" Year 4 visited Greenwich Picture House to see "Kensuke's Kingdom" and Year 6 visited the O2 to see "Missing Link".



### Science in Year 5

This week, Year 5 were exploring solubility and saturation.

Using sugar, they investigated how much of each could dissolve in warm water before the solution became saturated. They measured carefully, stirred, and observed when no more solid would dissolve.

Our young scientists showed great curiosity and teamwork while exploring how materials behave and change.



# FoH Winter Wonderland is coming!

The Friends of Holbeach (FoH) would like to invite all families to join the annual Winter Wonderland event, which will be held after school on Friday 12th December in the KS1 hall. Winter Wonderland will run from 3:20-5pm - with a raffle, festive crafts, cake sale, gingerbread to decorate, toy stalls, hot dogs, hot chocolate and a visit from Santa who will be in his Book Grotto.

Volunteers are needed, so if you can spare some time to help out on the day, or if you can donate a prize for the raffle then please get in touch at friendsofholbeach@gmail.com.

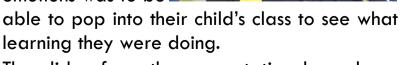
Also, do drop us a line if you are a business owner who is interested in selling gifts or small items at the event.

### Early Years "Stay and Play"

Thank you to all of the parents and carers who came to the Parent Workshop run by the Mental Health Support Team on Thursday.

Their reward for attending the presentation about helping children to manage big

emotions was to be

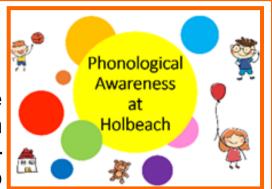


The slides from the presentation have been shared with all of the parents in this key stage and you can find out more about the Mental Health Support Team on page 5 of the newsletter.

# **Supporting Your Child's Learning**

### Whole School Development of 'Phonological awareness'

This week has been our last week on promoting and teaching the skill of "Blending Syllables". This means that we have been giving the children the segmented syllables in a word (e.g. ba-na-na) and then getting them to stick the syllables together to make / say the whole word.



Here are some ideas to help the children to blend syllables to make words:

#### EYFS & KS1 Children

Guess the word: when looking at books / pictures with your child (or when out and about), tell them to guess what word you are saying. For example "can you find/point to the... ambu-lance (ambulance)... te-le-vi-sion (television)..."

#### KS2 Children

Guess the word (but harder!): Adults can Google 'multi-syllabic words' for ideas, then sit opposite the child and challenge them to guess the word you are saying. The adult should leave a small gap between syllables and allow them time to work on sticking it together. To help, give them a clue, such as "it flies".

Remember...



# Parent & Carer Workshop

**Tuesday 2<sup>nd</sup> December 2025 9:00am – 10:00am** 



Theme: Supporting Early Reading Skills!

Dear Parents and Carers of children in Key Stage Two (Years 3, 4, 5 and 6),

We are pleased to announce that **each term**, we will be holding a **parent and carer workshop** for the parents and carers in **Key Stage Two** to be able to attend.

The first one of these workshops is taking place on **Tuesday 2**<sup>nd</sup> **December**, starting at **9am**.

This workshop will be run by our English Subject Leader (Abi Felton) and our Speech and Language Therapist (Bryony Langmaid).

Following the workshop, you will all be invited into your child's class for a quick 'stayand-play' session to try out some of the ideas discussed in the workshop.

We encourage you all to attend and look forward to welcoming you on the day!



# Parent & Carer Workshop

Thursday 4<sup>th</sup> December 2025 9:00am – 10:00am



Theme: Supporting Early Reading Skills!

Dear Parents and Carers of children in Key Stage One (Year 1 and Year 2),

We are pleased to announce that **each term**, we will be holding a **parent and carer workshop** for the parents and carers in Key Stage One to be able to attend.

The first one of these workshops is taking place on **Thursday 4<sup>th</sup> December**, starting at **9am**.

This workshop will be run by our English Subject Leader (Chloe Spicer) and our Speech and Language Therapist (Bryony Langmaid).

Following the workshop, you will all be invited into your child's class for a quick 'stay-and-play' session to try out some of the ideas discussed in the workshop.

We encourage you all to attend and look forward to welcoming you on the day!

# **Friends of Holbeach News**









# **Random Shout-Outs**

# HOLBEACH SUMMER CAMP 2026!

We're excited to announce that our Holbeach Summer Camp is back once again!

Get ready for two amazing weeks of fun, friendship, and unforgettable activities!

#### **SAVE THE DATES:**

Week 1: Monday 20th July – Friday 24th July Week 2: Monday 27th July – Friday 31st July

Join us for games, crafts, sports, and summer adventures for everyone!

→ More details coming soon! →

DON'T MISS OUT — IT'S GOING TO BE A FANTASTIC SUMMER!







# **Parenting Support Signposting**



#### **Outreach and Online Sessions**



Monday 8<sup>th</sup> September to Friday 19th December (half term 27<sup>th</sup> – 31<sup>st</sup> October)

Unless otherwise started book via <a href="lewishamfamilyhubs.org.uk/events">lewishamfamilyhubs.org.uk/events</a>

Check out our new website lewishamfamilyhubs.org.uk

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

# Starting Solids - Online 1.00pm - 2.30pm 11th Nov & 9th Dec

Get your baby off to a great start when starting solids. See details above to book.

#### **Being Dad Zoom** Drop-in

8.00pm - 9:15pm Our drop-in sessions are there to help men learn more about looking after themselves, managing the changes and challenges of parenthood, all while meeting other dads!

blgmind.org.uk/ bromleymentalhealth/ being-dad/ For more info email: beingdad@blgmind.org.uk



## Family Navigator at Bellingham Lifestyle &

Leisure Centre 5 Randlesdown Rd, SE6 3BT 3.00pm - 5.00pm Join our Family Navigator at this weekly drop-in for free, confidential, and nonjudgmental support by connecting you to Family Hub and local support services.

### Family Navigator at Kaleidoscope

32 Rushey Green, SE6 4JF 9.30am - 4.30pm Join Mari at this weekly drop-in for free, confidential, and non-judgmental support by connecting you to Family Hub and local support

#### Sharing REAL with Parents at Downham Library 7-9 Moorside Road,

10.00am - 12.00pm Starts 25th September A fun course sharing ideas to support your child's early

Age Group: under 5s To book go to: lewishamfamilyhubs. org.uk/events/parentingcourse or scan the

#### Family Navigator at Unit 19

QR code

Lewisham Shopping Centre, SE13 7HB 10.30am - 2.30pm Join our Family Navigator at this weekly drop-in for free, confidential, and nonjudgmental support by connecting you to Family Hub and local support services

#### Friday

#### Family Navigator at Glass Mill Leisure Centre

41 Loampit Vale, SE13 7FT 9.00am - 12.00pm Join our Family Navigator at this weekly drop-in for free, confidential, and nonjudgmental support by connecting you to Family Hub and local support services.





#### Family **Navigators**

**Family Navigators** are based within Family Hubs and offer free, confidential, and non-judgmental support by connecting you with on site and local support services, led by you.

Sign up via this form, the QR code, call or speak to someone at the Family Hub.



### **South London** and Maudsley

## Who are Lewisham Mental Health Support Team?

We are working in your child's school to support emotional wellbeing. We work with the whole school community; for example, workshops and coffee mornings for parents and carers, assemblies and pupil voice groups for young people, and training and consultation for staff. We work individually and in groups with parents and carers too (turn the page for more information).

Our focus is on early intervention - noticing and addressing difficulties as soon as possible. Some of the things we help with are:

Behaviour that challenges

Friendship difficulties

Low mood

Managing emotions

Dealing with change

Find out more or make a request for support:

- Speak with your school's Senior Mental Health Lead (usually the SENCo or Inclusion Lead)
- Email LewishamMHST@slam.nhs.uk
- Call 020 7138 1250 or 020 7138 1230 and ask for the MHST
- Go to www.slam.nhs.uk/mhst

### We've requested support, what next?

We look at requests for support as a team and decide what type of support is likely to be helpful. This might be:



Contacting you to arrange an assessment so we can find out more. After the assessment, we will offer an intervention or help you to find support elsewhere.



Working with you and school to find and contact the best service to meet your goals, for example if you're looking for a specialist service that we don't provide.



Giving indirect support by advising and consulting with school staff, helping them to put in place the support your child needs in school

### What are your interventions?

- Our guided self-help interventions are for anxiety or behaviour that challenges, and are based on Cognitive Behavioural Therapy.
- We work with you parents and carers rather than directly with the child. Research tells us that this is more effective as you know your child best!
- We will meet with you for 6-8 sessions, with some 'homework' (reading or activities) between sessions. We run both 1-to-1 and group sessions.
- Our aim is to understand together what's going on for your child and to practice strategies that will help you towards your goals.



# **Drumbeat Events**



#### Parent Workshop

#### Supporting your Child with their Learning

In this workshop we will be exploring ideas & strategies that might help young people to engage with learning. As well as exploring Autism, in this workshop we will also be looking at common co-occurring learning differences such as ADHD, dyslexia and dyscalculia and we will be focusing on strategies that might be used by specialist teachers in smalls groups or 1-to-1 that can be adapted when children are learning at home whilst engaging in homework tasks or home-schooling.

Tuesday 9th December 2025 – 10am-11.30am

This session will be held at:

Drumbeat Turnham, Turnham Road, Brockley, SE4 2HH

Please email outreach.admin@drumbeat.lewisham.sch.uk or telephone 020 7635 9022 to reserve your place.



# **PARENT** WORKSHOP



### **Developing Attention and the Foundations for Communication**

This engaging and practical training explores how to support attention and communication development in young children, particularly those with social communication differences or Autism. Participants will learn how to build meaningful connections, foster joint and three-way attention, and use playful routines to encourage turn taking and independence. The session includes real-life strategies, interactive games, with a strong focus on child led communication, this training empowers parents to create irresistible interactions.



**Drumbeat Turnham.** Turnham Road, London, SE4 2HH.



10am-11.30am



**Tuesday 25th November** 

To book your place please contact:

- outreach.admin@drumbeat.lewisham.sch.uk
- **(9)** 020 7635 9022



Accredited









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Tuesday 9<sup>th</sup> December 2025 – 6pm-7.30pm

This session will be a webinar.

Please email outreach.admin@drumbeat.lewisham.sch.uk or telephone 020 7635 9022 to reserve your place.



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This session will be held online



6pm-7.30pm



**Tuesday 25th November** 

To book your place please contact:

- outreach.admin@drumbeat.lewisham.sch.uk
- (a) 020 7635 9022









