

💬 ***“The Most Impactful Thing I’ve Done as a Parent...”***

Coming This April - Join the Incredible Years Programme

Holbeach Primary School are proud to announce that we have been chosen to be one of the **Lead Schools for Parent Engagement** in Lewisham, selected to take this forward-thinking, whole-school approach to supporting families.

We are thrilled to confirm that this means that our school will be launching the **Incredible Years Parenting Programme** on site this April.

This evidence-based programme is not just another parenting course – it is a transformational journey that empowers you with practical strategies, new perspectives, and meaningful connection with other parents. It is a chance to press pause, reflect, and grow – alongside a group of people who are navigating the same challenges as you.

Whether your child is just starting Reception or you are navigating the ups and downs of Key Stage 1 or 2, the skills and insight you will gain through this programme will help you feel more confident, more connected, and more equipped to support your child’s emotional and behavioural development.

Why parents love it:

- It’s recommended by NICE (National Institute for Health and Care Excellence) for a reason – it works.
- It’s rooted in social learning theory – a gentle and effective way of understanding behaviour and building strong relationships.
- It’s warm, inclusive, and non-judgemental – you don’t need to have the “right” answers, just a willingness to explore and grow.
- Oh, and did we mention? There are always great refreshments on offer each week – because we believe a relaxed parent learns best!

“I didn’t realise how much I needed this until I started. The support, the strategies, the space to talk... it’s changed how I parent and how my child responds to me.” – Past participant

Places Are Extremely Limited – Don't Miss Out!!

We are anticipating high demand, and because the groups are intentionally designed to allow for genuine connection and discussion, spaces are limited and available strictly on a first-come, first-served basis. Once they are gone – they are gone!!






If you are reading this article please do go tell a friend, to tell a friend...

We anticipate a huge response from our new Reception parents, and felt it is only right that we now open registration to parents across all year groups.


If you've ever wished for:

- ✓ A calmer home environment
- ✓ Clear, consistent routines
- ✓ Less shouting and more connection
- ✓ Support from people who truly understand
- ✓ Simple tools to help your child thrive...

... then this is for you.

 Starts April |  Weekly 2-hour sessions |  Held in the Holbeach School House |  Free of charge |  Great refreshments provided

To secure your place or learn more, please **speak to Annette Howes** - a.howes@holbeach.lewisham.sch.uk

 Be part of something special.
Let's build a stronger parenting community -
together. 