

Holbeach

WEEKLY NEWSLETTER

Friday 20th March 2026

Spring Term School Disco

What better way to round off another exciting week at Holbeach than to have the colourful and energetic Spring Term Discos!

A huge thank you goes to the Friends of Holbeach for all of their hard work in preparing for the discos and then making sure that they ran like clockwork today.



The children had great fun dancing to the tunes from DJ James (a parent and Governor) and it was great to see so many teachers and teaching assistants enjoying a boogie too!



Year 2 Visit the O2

On Wednesday, Year 2 went to the cinema at Greenwich O2 to watch "Paddington in Peru".

The trip supported their learning in English, especially as they are currently writing fantasy stories. Watching the film helped to develop their imaginations and their creativity.

The film also helped them to learn about different countries, different cultures, and the importance of showing empathy towards others.

Thank you to all the parents and carers who supported this memorable event.



IMPORTANT DATES

Monday 23rd March

- Year 6 PHSE Workshop (Talk Consent)

Tuesday 24th March

- Holbeach Hub Shop (9am in the school house)
- Incredible Years Parent Group Coffee Morning (9am)
- The Easter Bunny is visiting the children at Holbeach Wildlife Area

Wednesday 25th March

- Year 6 visit to the Cinema

Thursday 26th March

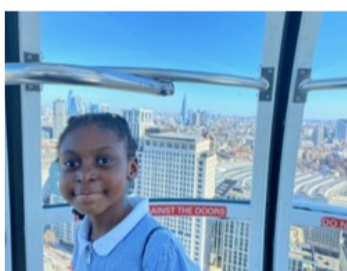
- Spring Term Parents Evening (4pm - 6pm)
- 1B Class Assembly (parents/carers welcome to attend at 10:15am)

Friday 27th March

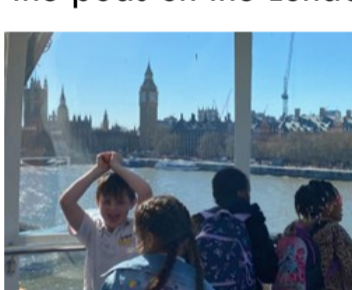
- Spring Term Ends (children can be collected at 1:30pm or 3:20pm)

London Eye Visit for Year 3

On Wednesday, Year 3 were very lucky with the weather and the children were amazed by the incredible views



across London that they enjoyed from the pods on the London Eye.



When they arrived in London, they sketched the Eye from the North Bank of the river Thames. Then

they crossed over the river to take their "flight".

After that they got a chance to play in the playground next to the Eye.

Thank you to the parents/carers who supported this memorable trip.



Jazz Pharmaceuticals

On Thursday, some scientists from a company called Jazz Pharmaceuticals came to explain to Year 4 how different medicines are made and why it is important not to take other people's medicine.

"My favourite bit of the workshop was helping them to mould the 'ingredients' into a tablet shape" **Matheus 4A**

"It was fun making a mess with the corn flour and playdough and even more fun tidying it up afterwards" **Ava-Grace (4A)**

Thank you to Mr Greaves for arranging for these visitors to come to Holbeach.



Swimming Gala

Congratulations to the Holbeach Swimming Squad who performed superbly well in the Lewisham Saxon Crown swimming Gala last Friday.

The Holbeach squad consisted of Barney, Max, Sebastian, Lilly and Florence in Year 6 and Martha, Frida, Romilly, Caroline, Orla, Alberto and Rudy in Year 5.

It was fantastic to see each of these children showing determination and resilience as they competed against children from various other schools in the borough.

Holbeach finished in 3rd place overall (with 78 points) which is our best ever performance and a fantastic achievement.

Well done to the whole squad for their tremendous efforts, especially Martha and Barney who won individual medals.



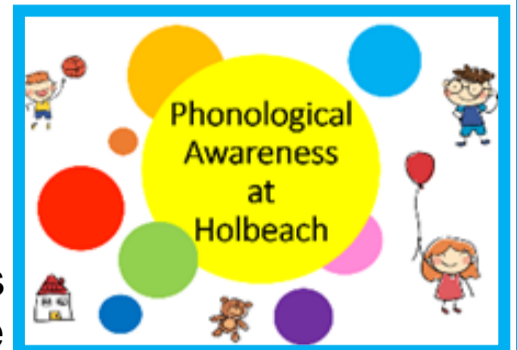
Lewisham's Competitive Swimming Club



Established 1975

Supporting Learning

Whole School Development of 'Phonological awareness'



We are currently working on **Recognising rhyme words**. This means being able to hear and notice when two words sound the same in the middle and at the end, like "cat" and "hat." Working on this skills helps children to notice patterns in words, which then improves their spelling. Important Distinction: Do **not** ask your child to **tell** you rhyme words yet (that is our next skill). For now, please focus on them being able to correctly notice **when words rhyme**.

Younger children

Rhyme Detective! Say three words—two that rhyme and one that doesn't (e.g., cat, hat, dog). Ask your child, "Which word doesn't belong?" Try with other sets (fox, box, tree / car, star, chair).

Older children

Rhyme Hunt! Pick a word (log) and say a list of words, some that rhyme and some that don't (dog, pen, fog, top, jog). Your child claps/ gives a thumbs up when they hear a rhyme! A few minutes of play each day can make a big difference in early literacy skills!

Here are some good links that you can use to help your children practice saying and recognising rhyming words: [Video 1](#), [Video 2](#) and [Word List](#).



The Incredible Years Parenting Group Coffee Morning

Our evidence-based parenting sessions are for parents and carers with a child aged **4–11 years** who displays **serious behavioural challenges**. Your child may behave in ways that make places and spaces unsafe to be in, or cause harm to themselves and others.



HELP IMPROVE...

- Your child's **self-esteem** and **wellbeing**
- **Relationships**
- **Resilience** and **stress**
- Your **confidence** as a parent

To find out more about the Programme, join us on

Tuesday 24th March
9-10am
Holbeach Primary School

Nelgarde Rd, London SE6 4TP

Learn alongside other parents about:

- **Child-led play** and its importance
- Creating and enforcing **boundaries**
- Helping your child **calm down**
- Recognising the **positives**
- How incentives can help with **behaviour change**
- **Consequences** and how and when they are helpful

To enquire or book your place please contact us via
www.lewishamcfc.org.uk/contact-us/
www.lewishamcfc.org.uk



When it comes to times tables, **speed and accuracy** are important. The more facts your child remembers, the easier it is for them to do harder calculations. Times **Table Rock Stars (TTRS)** is a fun and challenging programme designed that is **proven** to help students master times tables!

The children should go to <https://play.ttrockstars.com/login/63183> and login using their login details.

Little and Often: In order to get the best out of TTRS, children should regularly play for short bursts so we would ask you to allow your child to play for 5-10 minutes at a time.

Important: As children play, they answer questions. TTRS personalises the questions for each child and tracks their progress therefore please don't allow siblings, friends or family to answer questions for your child as for them but do support your child if they're stuck.

If your child cannot remember their login details please ask their class teacher who will be able to supply this to you.

Signposting for Parents and Carers



Safer Communities service
Community Connect Day
 Lewisham

Come and join us
 It's a great opportunity to meet your neighbours, find out what local services are available in your area, feedback and learn more about community safety. Whether you're looking to get involved or you're simply curious about what's happening locally, this day is for you.

Don't miss the chance to connect, discover, and help make Lewisham an even better place to live.

Thursday 19 March 2026
 Catford's St Laurence Church, 37 Bromley Rd, London SE6 2TS
 12 noon-4pm

Everyone's welcome!
 Scan for more info

Hosted by Lewisham's Safer Communities service



HOLBEACH HUB SHOP
 Open every Tuesday 9am

Second hand school uniform and other items
 Come and help yourself or Donate what you can

Accessories
 School Bags
 Shoes
 Trainers
 Coats
 Hats
 Gloves

Books, Games & Seasonal Items

School Uniform
 Polo shirts
 Jumpers
 Cardigans
 Skirts
 Pinafores
 Summer dresses
 Tights
 Trousers
 P.E kit

The Holbeach Hub can be found at the school house on the corner of Holbeach and Dogaett road

Digging the dirt – the world beneath your feet

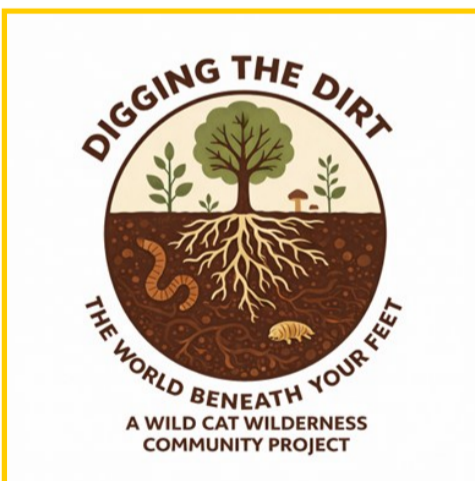
The Wild Cat Wilderness Community Project (from March – June 2026) is a fun, educational project across Lewisham about the importance of soil using art, pottery, the written word, gardening and more.

We are working with Kim Norton a local ceramic designer who specialises in soil and who was part of the Soil exhibition at Somerset House in 2025, Soil the World at our Feet, which inspired this project. To get involved or find out more info please email Maria wcv@rqt.org.uk – with the subject matter 'Digging the Dirt'

Other Key dates:

- **Soil Festival** 18th April at the Wild Cat Wilderness
- **Lewisham Open Community Gardens Day** with Good Food Lewisham 19th April
- **Summer Solstice Exhibition** to show any creative outputs from the project at the Wild Cat Wilderness 20/21st June

[Digging the dirt - the world beneath your feet - Wildcat Wilderness](#)



What do families that have used a Family Hub say about it?

'It makes you feel listened to and part of a family who cares about you and your problems'.

'Good, friendly environment. I love that they have included services to support us with childcare and financial help'.

'My baby daughter enjoys all the activities and especially singing the songs. She repeats the movements while singing. She is very excited about coming to Stay and Play'.

'Being in a group with people going through the same sort of thing as you is comforting and lets you feel less alone'.



Signposting Local Clubs



Free Children Piano/Keyboard Taster Available Now

- Weekly 1 hour lessons available Monday to Sunday for children aged 5-13
- Children learn to read, write and play music in every lesson. we also provide keyboard at every lesson
- Termly Exams and certificate along with opportunities to sit at internationally recognised exams and perform at live events



Contacts us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your "FREE TASTER SESSION"



e:office@soundstepsmusic.co.uk t:07926 371583
www.soundstepsmusic.co.uk

Schools Spirit

CHEER + DANCE COMPETITION

SATURDAY 11TH JULY 2026

PRENDERGAST SCHOOL, LEWISHAM, LONDON

WHO IS TAKING PART?

YOUR SCHOOLS CHEER TEAM!

PLEASE SCAN LINK BELOW TO SIGN UP TO RECEIVE ALL THE DETAILS

ONCE SIGNED UP DETAILS WILL BE EMAILED DIRECTLY



SCHOOLS@CHEERLONDONALLSTARZ.COM | 07850 685897



FREE PLACES & LUNCH*
available for eligible families

4 Days of Fun!

Monday 30th March
Tuesday 31st March
Wednesday 1st April
Thursday 2nd April

10:00am - 2:00pm

Sandhurst Primary School, Minard Road, London, SE6 1NW
Access via Ardgowan Rd

Ages 4-16 years

Suitable for children and young people from Reception to School Year 11

REGISTER NOW

Book free* places via HolidayActivities.com



Book paid places via our website or scan QR code.

Activities Include:

Multi-Sports | Fun Games | Football Tournaments | Arts & Crafts

Enjoy healthy meals and enriching activities over the school holidays. *FREE for children and young people eligible for benefit-related Free School Meals.

Eligible families will receive e-vouchers via email or text from HolidayActivities.com to book.

Paid places also available (please bring a nut-free packed lunch and drink).

★ £15 per day ★ £55 for all 4 days

For more information, contact us:

dynamiccoachinguk.com

07756 826105

admin@dynamicmail.co.uk

teach:sp^{ort}

ACTIVITY CAMPS

Open to ALL local children (aged 4-11)

CAMP DATES

MARCH 30TH - 10TH APRIL 2026



TIME

10:00 AM - 16:00 PM

EXTENDED CHILDCARE

8:30AM - 10AM

4PM - 5:30PM



MYATT GARDEN PRIMARY SCHOOL

UPPER BROCKLEY ROAD, LONDON, SE41DF

BOOK ONLINE

<https://www.teachsport.org/lewisham>

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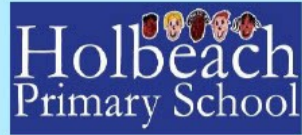


BOOK NOW



Ofsted Registered

Safeguarding Update



Safeguarding Notice

Safeguarding children at Holbeach is **everyone's** responsibility

If you have any concerns regarding the safety and welfare of any child within our school, then please ask to speak with one of the following people:

Designated Safeguarding Lead
Tom Bulpitt (Headteacher)



Deputy Safeguarding Leads
Phil Morriss (Deputy Headteacher)
Annette Howes (Learning Mentor)



You can also share your concerns directly by contacting the Lewisham Families First Contact Point (FFCP) team on 020 8314 6660.

Alternatively, you can call **Childline** on 0800 1111.

However, if you believe a child is in imminent danger, you should contact the **police** immediately by calling **999**.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

National Online Safety 7 questions to help you start a conversation with your child about online safety
#WakeUpWednesday
Publish date: 07/11/18

- Which apps/games are you using at the moment?**
THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE, BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY. IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.
- Which websites do you enjoy using and why?**
AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.
- How does this game/app work? Can I play?**
SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM, IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.
- Do you have any online friends?**
CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.
- Do you know where to go for help?**
ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER, HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.
- Do you know what your personal information is?**
YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.
- Do you know your limits?**
CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

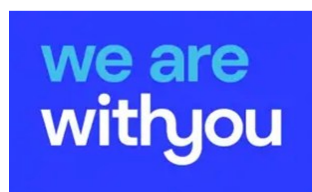
www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release 02/11/18

Substance Misuse

Parents who have a substance use problem can have chaotic, unpredictable lifestyles and may struggle to meet their children's needs. This may result in their children being at risk of harm. Parents who have a substance use problem may have difficulty: staying organised and giving their children effective and consistent support, keeping their home and family clean or recognising and responding appropriately to their own and their children's physical needs.

Parents who drink excessively or have a drug use problem can also become emotionally unavailable to their children. Another effect may be that a child may have to take on the role of carer for their family. This could include doing the housework and looking after younger siblings.

The following websites (click on the images) offer further information and signposting to support:



**Change
Grow
Live**

Arbor

Updating your child's contact details, dietary requirements & medical information
A reminder, we request you log into your Arbor Parent/Carer Portal to check the information we hold on both your child and yourself is accurate. Please ensure contact details, including address and telephone number are correct, along with any dietary and medical requirements. Click to access the portal: It is a parent/carers responsibility to ensure up to date information is held about themselves and their child.

