

Holbeach

WEEKLY NEWSLETTER

Friday 18th September 2026

Welcome to Holbeach Nursery and Reception Classes

A huge well done to all of the children in Nursery and Reception (Turtle, Pebble and Shell classes) for settling in to school life so well. It has been great to see them so eager to make new friends, play together, draw, write and count things. Thank you to the staff and the families for working together so well to settle our youngest children into school life.



IMPORTANT DATES

Monday 21st September

- Secondary Transfer Application Information Meeting (6:00pm in the school hall)

Tuesday 22nd September

- Year 6 Educational Visit to The Horniman Museum (Ancient Egyptian Artefacts)
- Year 5 Wick Court Farm School Journey Information Meeting (6pm)

Wednesday 23rd September

- Year 3 Educational Visit to The Ragged Museum

Thursday 24th September

- Full Governing Board Meeting (6:30pm)

Friday 25th September

- NHS Flu Immunisation visit (Reception to Year 6) see page 3

Drama Workshops

One of the school's main focuses for development this year is to improve the children's oracy skills.

To this end, on Thursday, all of the children from Nursery to Year 3 were able to take part in a Superhero inspired drama workshop from the locally-based 'Perform' drama group. The children had to use their concentration, coordination and communication skills throughout the session, working both individually and with partners. It is safe to say that everyone had a great time!



Vitality Big Half

Thank you to all of the staff, parents and carers who ran the 13.1 miles to complete the Vitality "Big Half" on Sunday 6th September.

Thank you also to all of the Holbeach children who ran the "Big Mile" on the same day.

They ran as a way of raising money for the school and have so far raised £1,070 but money can still be donated to show our appreciation.

Click [here](#) and spread the word!



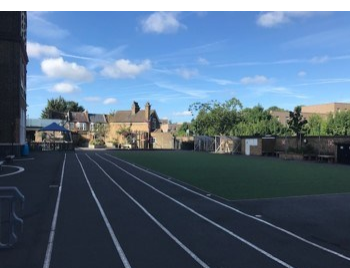
Drop-off and Collection Routine

Please can we remind all parents and carers of the routines in place for the daily 'drop-off' and 'collection' of children.

Everybody should always **enter** the school ground via the big black gates on Doggett Road.

Adults should then walk around the outside of the 'grass' area (not across it) and then **exit** the playground using one of the two exit only gates.

To ensure there are no accidents we ask that nobody rides a bike or a scooter in the playground at these times. Children can walk their bikes/scooters to the sheds.



Year 5 Educational Visit

This week, the children in Year 5 visited Deptford Creek to see how the water flows through it and into the river Thames.

While they were there they "fished" in the water and

found

crabs,

leeches and shrimp (as well as lots of

litter - sadly).

They also measured the depth of the water at the beginning and end of their visit so that they could compare the measurements.



Reminder: Home Learning is set on the class blogs every Thursday (check out the blogs [here](#)).

Educational Visits Autumn Newsletter

Learning beyond the classroom at Holbeach!

Your £30 contribution helps create amazing experiences!

Average annual cost per child: £50

Parent/ Carer contribution: £30

The school subsidises the remaining cost so that every child can enjoy exciting educational experiences throughout the year.

GREAT VALUE FOR MONEY!

For just £30 per year, your child enjoys access to:

 Interactive workshops 

 Hands-on learning experiences 

 Cultural enrichment 

✨ Opportunities they will remember forever! ✨

Year 1

London Zoo
Hatching Ducklings
Mudchute Farm



Year 2

Toy Museum
Seaside
Cinema
Great Fire of
London Workshop



Year 3

London Eye
Lesnes Woods
Ragged Museum
Cinema



Year 4

Vikings @
Fulham Palace
Body Workshop
British Museum



Year 5

Creekside
UCL Observatory
Space Agency
Book Show



Year 6

Horniman Museum
Down House
Transport Museum
London Boat Cruise
Ice Skating



THANK YOU!

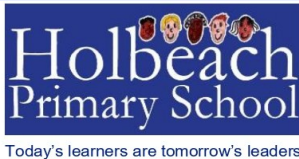
Your contribution helps raise aspirations, enrich learning and create unforgettable memories for our children.

Together. we're making learning come alive!

Parenting Signposting & Support

Holbeach Primary School

Nelgarde Road, London SE6 4TP
Tel: 020 8690 4713 Email: admin@holbeach.lewisham.sch.uk
Web: www.holbeach.lewisham.sch.uk



LEWISHAM SCHOOL TERMS AND HOLIDAY DATES ACADEMIC YEAR 2026-27

(AS AGREED BY THE LEWISHAM MAYOR AND CABINET)

AUTUMN TERM 2026	Wednesday 2 nd September 2026 - Friday 23 rd October 2026
Half Term Break	Monday 26 th October 2026 – Friday 30 th October 2026
	Monday 2 nd November 2026 - Friday 18 th December 2026
End of Term Holiday	Monday 21 st December 2026 – Friday 1 st January 2027
SPRING TERM 2027	Monday 4 th January 2027 – Friday 12 th February 2027
Half Term Break	Monday 15 th February 2027 – Friday 19 th February 2027
	Monday 22 nd February 2027 – Thursday 25 th March 2027
End of Term Holiday	Friday 26 th March 2027 – Friday 9 th April 2027
SUMMER TERM 2027	Monday 12 th April 2027 – Friday 28 th May 2027
Half Term Break	Monday 31 st May 2027 – Friday 4 th June 2027
	Monday 7 th June 2027 – Thursday 22 nd July 2027
Public Holidays	- Christmas Day: Friday 25th December 2026 - Boxing Day: Saturday 26th December 2026 - New Year's Day: Friday 1st January 2027 - Good Friday: Friday 26th March 2027 - Easter Monday: Monday 29th March 2027 - Early May Bank Holiday: Monday 3rd May 2027 - Spring Bank Holiday: Monday 31st May 2027 - Summer Bank Holiday: Monday 30th August 2027
INSET Days	This school will be closed to pupils on the following dates: - Wednesday 2nd September 2026 - Thursday 3rd September 2026 - Monday 4th January 2027 - Monday 7th June 2027 - Thursday 22nd July 2027

Headteacher:
Mr Tom Bulpitt

Deputy Headteacher:
Mr Phil Morris

Premises Manager:
Mr Derek Holmes



South London Children and
Young People's Community
Immunisation Service

Protect your child from flu this winter!



For more information
on the Children's Flu
vaccine, search
"NHS Children's Flu"

Scan the QR code to
complete the Flu
consent form

Contact the Lewisham
Immunisation team on
020 3903 3635



Best Start Family Hub - Ladywell

30 Rushey Mead, SE4 1JJ

Tuesday 1st September to Friday 18th December (HALF TERM WEEK - Monday 26th October - Friday 30th October) 2026

To book go to lewishamfamilyhubs.org.uk/events via QR Code below or call 07720 152904



Monday	Tuesday	Wednesday	Thursday	Friday
Child Developmental Reviews 9.00am – 4.00pm Contact your Health Visitor to book an appointment. Being a Parent 10.00am – 12noon 14 th Sept – 16 th Nov To book please email: EPEC.Familyhubs@lewisham.gov.uk Togetherness - Understanding Your Child 10.00am – 12noon 7 th Sept – 9 th Nov Age group: 1-3 years Please contact: Lewisham Parent and Infant Relationship Service (PAIRS) to book a place lg.pairslewisham@nhs.net	Family Hub Closed 1 st September Baby Stay & Play – Drop In Starting back 8 th Sept 10.00am – 11.30am Age group: 0 - 18 months Stay & Play – Drop In Starting back 8 th Sept 1.15pm – 2.45pm Age group: 0-5 year SEND Advisor Drop-in - 1.00pm – 2pm 8 th & 22 nd Sept 6 th & 30 th Oct 3 rd & 17 th Nov 1 st & 15 th Dec Bookable Appointments - 2.00pm – 4pm 8 th & 22 nd Sept 6 th & 30 th Oct 3 rd & 17 th Nov 1 st & 15 th Dec  Book Here	Family Hub Closed 2 nd September Child Development Reviews 8.00am – 4.00pm Book via your health visitor Baby Massage 10.00am – 11.30am Starts 9 th Sept Age group: under 1's  Book Here Feel Positive about Parenting 9.30am - 11.30am 16 th Sept & 4 th Nov  Book Here Toileting Tips 1.00pm – 2.00pm 11 th Nov  Book Here Natter with a Nav 3.15pm – 4.45pm Questions, support or a chat? Just drop in.	Child Development Reviews 8.00am – 4.00pm Book via your health visitor Baby Messy Play Starts back 10 th Sept 10.00am – 11.30am Age group: 0 - 18 months Rhythm & Rhyme Starts back 10 th Sept 1.30pm – 2.30pm Age group: 0 to 5 year  Book Here 	Education Advocacy Drop-In 10.00am – 5.00pm 18 th Dec EPEC Parent Group Leader Training 9.30am – 2.30pm 18 th Sept – 18 th Dec To book please email: EPEC.Familyhubs@lewisham.gov.uk Breastfeeding Hub – Drop In 10.00am – 12.00pm Drop in infant feeding support & advice from the health visiting team. Mindful Mums Young Mums 1.00pm – 2.30pm 6 th Nov – 21 st Dec Booking is essential Visit blgmind.org.uk/lewisham/mindful-mums/

For more details and information about the sessions, workshops and courses on this term please the back page.

lewishamfamilyhubs.org.uk

The CAMHs Mental Health Support Team

Holbeach Primary School was one of the first schools in Lewisham to develop a close partnership with the CAMHs Mental Health Support Teams (MHST) to support the mental health and emotional wellbeing of our pupils.

The MHST focus is on early intervention, prevention and promotion; for young people who are thriving, coping or would benefit from getting help.

They work with the whole school; for example, delivering workshops and coffee mornings for parents and carers, holding assemblies and pupil voice groups for young people and training and consultation for staff.

They also work directly with individuals and group of parents, carers and young people. Some of the things they can help with are:

- Low mood: sadness, low motivation
- Mild to moderate anxiety: worries, irrational fears and concerns
- Behaviours that challenge
- Family and peer relationship difficulties
- Difficulty adjusting to change and transition
- Difficulty regulating emotions
- School absences or at risk of exclusions

The MHST aims to bring education, health and families together. Working jointly to support the mental health and wellbeing of children and young people based on their own life experiences and the uniqueness of their school community.



Who are Lewisham Mental Health Support Team?

We are working in your child's school to support emotional wellbeing. We work with the whole school community; for example, workshops and coffee mornings for parents and carers, assemblies and pupil voice groups for young people, and training and consultation for staff. We work individually and in groups with parents and carers too (turn the page for more information).

Our focus is on early intervention - noticing and addressing difficulties as soon as possible. Some of the things we help with are:

Behaviour that challenges Friendship difficulties
Low mood Managing emotions
Dealing with change Anxiety

Find out more or make a request for support:

- Speak with your school's Senior Mental Health Lead (usually the SENCo or Inclusion Lead)
- Email LewishamMHST@slam.nhs.uk
- Call 020 7138 1250 or 020 7138 1230 and ask for the MHST
- Go to www.slam.nhs.uk/mhst

Get in touch

We've requested support, what next?

We look at requests for support as a team and decide what type of support is likely to be helpful. This might be:



Contacting you to arrange an assessment so we can find out more. After the assessment, we will offer an intervention or help you to find support elsewhere.



Working with you and school to find and contact the best service to meet your goals, for example if you're looking for a specialist service that we don't provide.

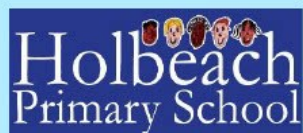


Giving indirect support by advising and consulting with school staff, helping them to put in place the support your child needs in school.

What are your interventions?

- Our guided self-help interventions are for anxiety or behaviour that challenges, and are based on Cognitive Behavioural Therapy.
- We work with you - parents and carers - rather than directly with the child. Research tells us that this is more effective as you know your child best!
- We will meet with you for 6-8 sessions, with some 'homework' (reading or activities) between sessions. We run both 1-to-1 and group sessions.
- Our aim is to understand together what's going on for your child and to practice strategies that will help you towards your goals.

Safeguarding Update



Safeguarding Notice

Safeguarding children at Holbeach is **everyone's** responsibility

If you have any concerns regarding the safety and welfare of any child within our school, then please ask to speak with one of the following people:

Designated Safeguarding Lead
Tom Bulpitt (Headteacher)



Deputy Safeguarding Leads
Phil Morriss (Deputy Headteacher)
Annette Howes (Learning Mentor)



You can also share your concerns directly by contacting the **Lewisham Families First Contact Point (FFCP)** team on 020 8314 6660.

Alternatively, you can call **Childline** on 0800 1111.

However, if you believe a child is in imminent danger, you should contact the **police** immediately by calling **999**.

E-Safety: Information for Parents/Carers

Risks:

- Young people often feel like they are anonymous when they post information online. However, if they give out too many personal details, someone may be able to identify them.
- Not all online content is suitable for young people.
- Young people may make friends online but cannot guarantee that their 'friend' is who they say they are. Sometimes, these 'friends' may be trying to groom them.
- Young people may not realise that what they post online cannot be deleted.
- Young people often send messages or images to friends, but may not realise that their friends might share them with others.

Signs that your student may be at risk:

- Spending lots of time online (including accessing the internet from a mobile phone or tablet).
- Being very secretive, including about what they are doing online.
- Hiding a computer, tablet or phone screen from others.
- Having new items that they cannot or will not explain.
- Going to unusual places to meet people.
- Having older boyfriends/girlfriends or friends.
- Sudden change in behaviour, such as becoming withdrawn or anxious.

Rules for Internet Safety (SMART):

- **Safe** – stay safe by not giving out personal information.
- **Meet** – only meet someone met online with parents'/carers' permission, and ensure that the young person is accompanied by a parent/carer.
- **Accepting** – only open emails or messages from trusted sources as they may contain viruses.
- **Reliable** – remember that not everyone on the internet is who they say they are.
- **Tell** – ensure that the young person knows who they can tell if something online makes them uncomfortable.

Tips for parents/carers:

- Encourage your student to talk to you about their internet usage.
- Ensure that your student is aware of strategies to use when they see online content that they are uncomfortable with such as turning off the screen and using an online reporting facility.
- Encourage your student to think before they post something – how could what they are posting affect them in the future?
- Ensure that your student understands the law, for example downloading or sharing online content with others.
- Ensure that your student has appropriate privacy settings on any social media accounts.
- Encourage your student to use a nickname online where possible.
- Remind your student not to give out their personal information online.
- Encourage your student to set up a PIN or a password on any devices, and remind them not to share this with others.
- Familiarise yourself with age ratings and ensure that your student cannot access inappropriate material.
- If your student is being bullied online, save all of the evidence and report the incident.

Further support and information:

- www.childnet.com – an organisation that aims to make the internet a safe place for young people.
- www.thinkuknow.co.uk – an education programme from the National Crime Agency's CEOP Command.
- www.parentsprotect.co.uk – preventing child sexual abuse.
- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/> – information about online and mobile safety.
- <https://ceop.police.uk/> – make a report about something that has happened online.

