Oregon Challenge High School



Course Catalog

2022

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The Oregon Challenge High School is a fully accredited high school through COGNIA

Oregon Challenge High School is committed to student success through educational excellence. This includes:

- Academic success for all students
- Ethical conduct
- Citizens for the 21st century

Our priority at Oregon Challenge High School is to provide an educational climate that promotes respect, responsibility, and work ethic. We believe all of our students deserve a quality education that includes a solid foundation of required classes and recognizes that students have individual learning needs. We strive to provide a comprehensive secondary school experience with a wide range of elective classes that augment required courses. This course catalog describes the courses offered at Oregon Challenge High School. You can view this catalog on our website. Go to www.oycp.com then click on "About Us", then click on "Curriculum" on the left side of the screen. After that, click on "Oregon Challenge High School Catalog".



Oregon Youth Challenge Vision, Mission, and Supporting Goals

Program Vision

The Oregon National Guard Youth Challenge vision is to be one of the State's leaders and premier youth programs serving high school drop-outs and those who are not likely to succeed in the traditional high school setting, while creating economic value, long term cost avoidance, civic contribution, and future responsible tax paying citizens of Oregon.

Program Mission

The program mission is to provide opportunities for personal growth, self-improvement, and academic achievement among Oregon teens no longer attending school and those failing in school, through a highly structured non-traditional environment; integrating training, mentoring, and diverse educational activities.

Primary Goals

- 1. To serve 240 students per class cycle and 480 students annually by providing an accredited alternative Oregon high school that provides for Oregon's teenagers who are failing, or dropped out of school, an opportunity to become recommitted to school and earn one of the following:
 - a. An Oregon Standard High School Diploma.
 - b. Eight (8) certified high school credits with the focus on returning/re-entering their community high school to graduate with their peers.
 - c. An Oregon certified General Education Development certificate (GED).
 - d. Graduate from OYCP and gain eligibility to enter the United States Armed Forces.
- 2. To graduate a minimum of 240 students per class cycle and 480 students per year.
- 3. Increase every students academic Math and Reading levels by 1.5 grade levels on the TABE test during each five (5) month academic residential period.
- 4. Each student shall participate in a minimum of 80 hours of service to community to local, state, and federal government agencies as an extension of the classroom setting.
- 5. 100% of the students will participate in a rigorous physical training (PT) curriculum to improve physical conditions, self, discipline, and self-esteem that is intended to increase participation and performance in the classroom.

Secondary Goals

- 1. Build self-esteem, discipline, and social responsibility through application of related military principles.
- 2. Provide a structured educational program that follows Oregon educational standards.
- 3. Enhance personal growth, maturity, and development of life coping skills through the use of counselors, guided group interaction, and specialized classroom activities. Program content will be represented by staff and augmented by guest speakers.
- 4. Provide physical and mental well-being by providing a drug, alcohol, and tobacco free environment structured in physical training, sports, and educational activities. Classes will include discussions on health, nutrition, sex education, substance abuse, and resistance to negative influences.
- 5. Develop attitudes of responsible citizenship through classroom instruction, participation in student government, service to community, selective service registration (when applicable), and voter registration (when applicable) while at OYCP.
- 6. Direct students as appropriate toward finishing high school, seeking vocational training, obtaining full time employment or enrolling in post-secondary education. At OYCP, students learn to understand, identify, and achieve their goals using the "SMART" goal setting method.
- 7. Establish and provide a post residential mentoring program that tracks and reinforces success by teaming students up with trained community mentors.
- 8. Motivate students to improve their academic performance by illustrating the connections between education and real-world applications beyond the school house environment.



Explore a career pathway in the Oregon National Guard Youth Challenge Program

What is Challenge High School all about? What will we provide?

Generally speaking, high schools provide you with opportunities to:

- Gain knowledge and skills
- Know how to access and retrieve information
- Build personal character
- Make lifelong friendships
- Make decisions to set yourself on the pathway for your future

At OYCP, we want you to know about the opportunities that exist to support your career pathway. Our classroom and work-based learning experiences are designed to give you the greatest learning and the greatest number of options in making your career choice. We offer career exploration programs to help you discover what pathway might be right for you.



State of Oregon High School Diploma Graduation Requirements

Academic core areas and the associated credits required

English Language Arts	4
English Grammar, Literature, Composition Writing.	
Mathematics	3
Algebra 1 and above. Note: One credit may be satisfied by completing courses outside of the Math Curriculum. Courses Identified are: Accounting, Computer Science, Computer Languages, Computer Projects.	
Science Earth, Integrated, Physical, Biological, Astronomy, Water.	3
Social Studies 20TH Century History, World History, American Government Economics, U.S. History, European History, Latin America Studies, Global Studies, Oregon History, You and the Law.	3
Health and Wellness	1
Physical Education Personal Fitness Individual or Team Sports Weight Training Aerobics/Wellness Programs	1
Careers/Technical /Life Skills/ Arts /Foreign Language Courses in Art, Business, Computer and Industrial Technology, Family and Consumer Studies, Foreign Language, Drama, Newspaper, Yearbook, Video Production, Agriculture.	3
Electives	6
Total (Minimum Requirements)	24

Important Information

Students who leave the program before graduation will not receive any credits. This is an all or nothing program.

Grading

A student's grade will be based on academic achievement, which may include performance objectives. All final grades in all courses are given equal value in computing the GPA.

Grading Scale

A = 4 Grade Points/ 94-100%

B = 3 Grade Points / 88-93%

C = 2 Grade Points / 80-87%

Credits are awarded depending on but not limited to:

- 1. Time Spent
- 2. Material covered
- 3. Knowledge Gained
- 4. Passing all academic courses at an 80% or greater

Mandatory Academic Support

Any student receiving below 80% or who is behind in his/her work will be required to attend academic support classes until their grades improve and they are no longer behind.

Acceptable Credit

Students may apply credits earned from other schools towards their diploma if those credits meet certain requirements. A school must accept credits earned in standard Oregon schools and from standard secondary schools from other states. A school must also accept credits from private, alternative, and non-standard schools if the Northwest Accreditation Commission/Advanced and affiliates accredit that school. Home school credits will be evaluated on a case-by-case basis. Credits earned at Oregon Challenge High School will be mailed or electronically sent to the resident home high schools upon request.

Services Available

Special Education Services, School Counselors, Case managers, Computer Lab, Dining Facility, Cadre Staff, Nurse, Library, Recruiters, Weight room, Work Experiences, Post residential Planning, Activities Area, Challenge Adventure

OYCP 8 Core Components

There are eight core components of our program. Cadets must successfully complete all eight components to graduate.

The eight core components are:

1. Academic Excellence

- a. Earn a GED.
- b. Earn a High School Diploma.
- c. Earn 8 High School credits and return to High School to graduate.
- d. Increase Grade Level by taking Pre and Post TABE test.

2. Life Coping Skills

- a. Understand personal finance.
- b. Demonstrate basic banking.
- c. Identify methods of obtaining and managing good credit.
- d. Recognize various emotions and stressors, and identify coping strategies.
- e. Recognize conflict resolution strategies.
- f. Set and achieve goals.

3. Job Skills

- a. Complete the ASVAB and participate in a vocational interpretation.
- b. Demonstrate knowledge and skills required to seek and obtain employment.
 - i. Acquire job search skills.
 - ii. Complete a job application.
 - iii. Complete a resume.
 - iv. Demonstrate an understanding of the importance of work ethics.
 - v. Complete a mock job interview.
- c. Explore knowledge and skills required to pursue future educational opportunities, to include educational alternatives, institutions and financial aid.

4. Health and Hygiene

- a. Maintain personal hygiene by employing appropriate methods and practices.
- b. Recall the adverse effects of the abuse and available treatment for alcohol, tobacco and other drugs.
- c. Recall healthy sexual practices, human sexuality, family planning and related responsibilities.
- d. Recall the methods and practices used by individuals to prevent the spread of communicable diseases including STDs, HIV/AIDS and other blood borne pathogens.
- e. Recall the importance of nutrition in the daily diet for personal well-being.

5. Responsible Citizenship

- a. Recall the rights, privileges and obligations of citizenship.
- b. Register for Selective Service, if eligible.
- c. Register to vote, if eligible.
- d. Communicate a basic understanding of the U.S. Constitution, government and citizenship.
- e. Participate in the Democratic Process.

f. Communicate an understanding of voting and the election process.

6. Service to the Community

- a. Describe the importance and value of a community service / conservation project.
- b. Complete a minimum of 80 hours of community service / conservation projects.

7. Leadership/Followership

- a. Willingly comply with established rules, regulations and procedures.
- b. Perform basic military customs and courtesies.
- c. Perform basic military facing and marching movements.
- d. Define and recognize leadership skills, traits, dimensions and components.
- e. Employ leadership skills, while performing in a leadership position.
- f. Maintain personal living space.
- g. Function as an effective team member.

8. Physical Fitness

- a. Demonstrate a general knowledge of physical fitness concepts.
- b. Participate in Physical Fitness Training and Testing.



OYCP Educational Opportunities

High School Credits

The curriculum is based upon 8 High School credits with passing grades and completion of the full 22 weeks. An additional 2 credits may be earned through extra credit work for a maximum of 10 credits.

GED

The General Educational Development (GED) certificate may be earned if all class work is completed and you meet all the tests passing requirements on the GED Battery. This option is generally based upon age, number of credits and ability/likelihood of returning to a community high school.

Diploma

To be eligible for an Oregon Challenge High School Diploma you must enter the program with 14 credits or more in correct core subject areas. The total credit requirements for an Oregon Challenge High School Diploma are 24 credits from specific core subject areas. If you choose to return to your origin school to receive a diploma, one will not be given by Oregon Challenge High School.

Character Development

During the first two weeks (Red Stage), at night and on weekends the following instructions are taught: work ethics, customs and courtesy, cultural diversity, culture shock, problem solving skills, character development, social skills, manners, stress and time management, team building, study skills, organizational skills, bay living, personal hygiene, and military modeling.

All students participate in the Career Fair, Mock Interviews, Service Learning, Speech, Student Government, the Ropes Course, Baby Think It Over, CPR/First Aid, the Food Handler's Course, the Newsletter, and the Class Yearbook.



COURSE DESCRIPTIONS

Language Arts

English

The primary focus is on correct sentence structure and English grammar: nouns, pronouns, verbs, adjectives, adverbs, punctuation, capitalization, spelling, and vocabulary.

Composition

The primary focus of this course is to teach the student to write effectively for a variety of purposes and audiences. Writing skills include: the writing process - (brainstorm, rough draft, revise/edit, and publish) and the six writing traits - (ideas and content, organization, voice, word choice, sentence fluency, and writing conventions).

Literature

During this course, students will develop advanced skills in critical thinking and literary analysis. Students will study major units in short stories, drama, novels, poetry, and non-fiction.

Math

Math Foundations/ Pre-Algebra

This course is designed to present the fundamental concepts and skills required in a technological society: addition, subtraction, multiplication, division, whole numbers, fractions, decimals, percents, ratios, probability, tables, graphs, statistics, measurements, introduction to algebra, and geometry.

Algebra

This course is an upper level math class that presents the following processes and skills: introducing the language of algebra, reviewing the basic operations of rational numbers, solving linear equations and inequalities, performing the basic operation of polynomials, factoring polynomials, solving systems of linear equations in two variables and performing the four operations with radical and irrational numbers.

Geometry

This course is a study of geometric figures and their properties through theorems and postulates. Areas of study include polygons, circles, prisms, congruency and similarity, basic right triangles, trigonometric functions, construction and coordinate geometry. A major emphasis is placed on inductive and deductive reasoning.

Consumer/Business Math

This course will help students to learn basic concepts and usage of basic business math, consumer math and practical applied math. This class begins with simple money math including decimals, place value, addition, subtraction and percentages. It continues with earning money, income and wages, taxes, checking accounts, bank savings accounts, investments and more consumer math skills.

Personal Finance

This course focuses on the handling of money and making decisions regarding personal finances which include, but not limited to: budgeting, credit, checks, ATMs, benefits, the banking system and taxes.

Science

Science

This course is designed to incorporate a wide spectrum of science that follows STEM (Science, Technology, Engineering and Math) and its relationship to man. Subjects covered are Scientific Method, Physical Science (man and machine), Earth Science, and (Geology). This discipline incorporates; math concepts, design concepts, structural concepts, construction concepts, and data recording. The hands-on student laboratory experiments assist in the student learning.

Biology

This course is an introduction to the biological sciences. Areas of study are, the study of living things, experimentation to find answers, organisms, cells, plant life, animal life and jobs in the science field.

Physical Science

This course on Physical Science gives students information about basic physical science concepts and offers a variety of follow-up activities designed to assess student understanding of that information.

Earth Science

This course covers basic information on the following topics: the earth in space, the earth beneath our feet (geologic concepts), the earth's water, snow and ice, the atmosphere, and the global ecosystem.

Social Studies

Civics/Government

This course is a general examination of the Declaration of Independence, Articles of Confederation, United States Constitution and the Oregon State Constitution. The course includes lectures, discussions, and activities of the events that helped shape the United States. The time periods from colonization to the American Revolution are emphasized.

United States History

This is a survey course of the United States from the colonial times to the present. It is designed to give the student an overall understanding of how historical events have shaped our government and our lives.

Global Studies

This is a survey course of global interdependence. Peace and conflict, the global economy and rights are discussed.

World History

This course is designed to give an overview of world history. The course will introduce students to the terms and methods of the social sciences.

Other Course Information

Cadet Action Plan (CAP)

The CAP is a tool the cadets can use to document their progress as they move through the residential phase and prepare for the post residential phase, which begins immediately after graduation and lasts for 1 year. Many departments have roles in the CAP process, but the counselors and case managers are the most involved.

Career Education

This course covers methods and practices for career exploration and skills building. There is a heavy emphasis on students determining which kinds of jobs suit them best. Resume writing, cover letters, interviewing skills, job search tips, and filling out job applications are all components of this course. The ASVAB and You Science serve as a guide for students.

CPR/First Aid

This class gives students the knowledge and skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness until advanced medical personnel arrive and take over. Students earn their CPR and First Aid cards.

Personal Finance

This course promotes an understanding of the basic economic concepts and relationships and encourages students to apply economics, analyzing everyday life situations. Students will be able to function more effectively as consumers, producers and investors in today's society.

Foods

Students study, test and receive their Oregon Food Handler's Card. Students gain food preparation application through kitchen patrol and kitchen duty. During KP and KD, students learn to prepare and serve food in a safe proficient manner.

General Work Experience/Service Learning

Service Learning is an integrated part of the classroom where the cadet corps applies material learned in the classroom environment and program core components to participative community activities or events.

Health and Wellness

This course is designed to provide the students with skill and information related to healthful living and wellness. Topics covered include: social and emotional health, responsible relationships, parenting, wellness, nutrition, stress management, anger management, sexual awareness, substance abuse, and communicable disease.

Physical Education

This course connects physical education and health through activity-based instruction. This course focuses on helping students be physically fit. Emphasis is placed on effort and personal improvement. Cadets work on flexibility, muscular tone, strength (weight training) and cardiovascular endurance. This course encourages fitness participation and sportsmanship.

Word Processing

Although the main focus is on accuracy, students will be exposed to formatting basic letters, resumes, essays, and academic reports. This course is the foundation for the composition/writing classes.

Testing

All students will take the following tests:

- 1. The Tests of Adult Basic Education (TABE) These tests are norm-referenced tests designed to measure achievement of basic skills commonly found in adult basic education curricula and taught in high schools or other instructional programs. The content areas measured are reading, language, math, and spelling. The assessment levels extend downward to include beginning reading skills, and upward to include many objectives in all content areas that are measured in the GED tests and taught at the high school level and beyond. Students take a pre-TABE during week 2 of the program and again during week 18. Progress is then measured for each student.
- 2. The Armed Services Vocational Aptitude Battery (ASVAB) The ASVAB is a multi-aptitude test battery that helps identify different skill and competencies. It consists of eight short individual tests covering General Science, Math Reasoning, Word Knowledge, Paragraph Comprehension, Math Knowledge, Electronics Information, Auto and Shop Information, and Mechanical Comprehension. The ASVAB Career Exploration Program is a tool to help make career decisions. Recruiters will take these scores if a student is interested in joining the military. The program centers on:
 - Identifying interest, skills, and work-related values
 - Matching interests and skills with occupations
 - Learning where and how to get information on different careers
 - Developing career exploration and decision-making skills
- 3. **You Science** The You Science program is a career exploration program based on aptitude and interest test score results from a battery of 13 different small assessments. This program offers students a lift of a broad range of careers that students can filter by aptitude and/ or interest scores. The program offers descriptions of the careers, how to start that career, requirements for that career, and average salary

Students may take the following tests:

GED Test

Any student can take the General Educational Development test (GED), if they are 16 years old, have parent permission and have met all the criteria, set forth by the education department.

ACT/SAT

Students wanting to attend a 4-year college after graduation from Oregon Challenge High School have the option to take this college academic exam.

Graduation Day

