



OREGON YOUTH CHALLENGE PROGRAM  
23861 DODDS ROAD  
BEND, OR 97701-9684

Wellness and Nutrition Policy #225  
Outcomes Report ~ Class 70  
December 11, 2025

The assessment results for Class 70 follow below. All 5 outcome objectives were met. There are no changes in these objectives planned for Class 70.

1. *All cadets shall participate in the approved nutrition curriculum and shall pass classroom work and testing at 80% or greater.*  
 All 160 Cadets participated in and passed the required classroom work averaging 95%.
2. *The cadets shall participate in a body fat testing/reduction model. The model shall compare body fat at the “in-processing” date and the exit date at or prior to graduation.*  
 The change from July to December assessments for weight and percentage of body fat for all 160 Cadets was: Weight Loss of 1784 pounds; and Decrease in Percentage of Body Fat of 6.1 %.
3. *Cadets shall participate in a monthly weight monitoring system that evaluates their weight gain/loss/physical development.*  
 The initial weigh-in results were posted on the bulletin boards in each platoon bay for all 160 Cadets.
4. *Cadets shall show progress on the mandatory Challenge Fitness Test Standards as measured between intake and graduation. This shall consist of a point system measuring progress from beginning to end.*  
 Physical fitness testing includes the push up, sit up and 1 mile run. Assessment scores began in July and continued monthly until the final scores were calculated in January.  
 The average increase in physical fitness scores for all 161 Cadets was 90.6. Females improved by 95 points and Males improved by 95 points.
5. *95% of the cadet corps shall pass food service curriculum and pass/earn the State of Oregon Food Handlers card.*  
 All 160 Cadets passed the required food service curriculum and earned the State of Oregon Food Handlers card.

The program mission is to provide opportunities for personal growth, self-improvement and academic achievement among Oregon high school dropouts, teens no longer attending and those failing in school, through a highly structured non-traditional environment, integrating training, mentoring and diverse educational activities.