



OREGON YOUTH CHALLENGE PROGRAM  
23861 DODDS ROAD  
BEND, OR 97701-9684

Wellness and Nutrition Policy #225  
Outcomes Report ~ Class 70  
December 11, 2025

The assessment results for Class 70 follow below. All 5 outcome objectives were met. There are no changes in these objectives planned for Class 70.

1. *All cadets shall participate in the approved nutrition curriculum and shall pass classroom work and testing at 80% or greater.*
  - ☐ All 160 Cadets participated in and passed the required classroom work averaging 95%.
2. *The cadets shall participate in a body fat testing/reduction model. The model shall compare body fat at the "in-processing" date and the exit date at or prior to graduation.*
  - ☐ The change from July to December assessments for weight and percentage of body fat for all 160 Cadets was: Weight Loss of 1784 pounds; and Decrease in Percentage of Body Fat of 6.1 %.
3. *Cadets shall participate in a monthly weight monitoring system that evaluates their weight gain/loss/physical development.*
  - ☐ The initial weigh-in results were posted on the bulletin boards in each platoon bay for all 160 Cadets.
4. *Cadets shall show progress on the mandatory Challenge Fitness Test Standards as measured between intake and graduation. This shall consist of a point system measuring progress from beginning to end.*
  - ☐ Physical fitness testing includes the push up, sit up and 1 mile run. Assessment scores began in July and continued monthly until the final scores were calculated in January.
  - ☐ The average increase in physical fitness scores for all 161 Cadets was 90.6. Females improved by 95 points and Males improved by 95 points.
5. *95% of the cadet corps shall pass food service curriculum and pass/earn the State of Oregon Food Handlers card.*
  - ☐ All 160 Cadets passed the required food service curriculum and earned the State of Oregon Food Handlers card.

The program mission is to provide opportunities for personal growth, self-improvement and academic achievement among Oregon high school dropouts, teens no longer attending and those failing in school, through a highly structured non-traditional environment, integrating training, mentoring and diverse educational activities.