

Rebecca R. Blackwell, MSN, APRN, FNP-C

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Registration / Licensure

Registered Nurse (Texas BON-Compact State) License Number: 807275
Advanced Practice Registered Nurse (Texas BON) License Number: AP141812
Prescriptive Authorization RX Auth Number (Texas BON): 30392
Advanced Practice Registered Nurse (Arizona BON) License Number: 285800
Advanced Practice Registered Nurse (Colorado BON) License Number: C-APN.0004260-C-NP
Prescriptive Authorization RX Auth Number (Colorado BON): C-RXN.0002254-C-NP
Advanced Practice Registered Nurse (Florida BON) License Number: APRN11020021 (Autonomous Practice)
Advanced Practice Registered Nurse (Idaho BON) License Number: 78552
Advanced Practice Registered Nurse (Nevada BON) License Number: 867675
Advanced Practice Registered Nurse (New Mexico BON) License Number: 68536
Advanced Practice Registered Nurse (North Carolina BON) License Number: 5019649
Advanced Practice Registered Nurse (Utah BON) License Number: 13419924-4405
Advanced Practice Registered Nurse (West Virginia BON) License Number: 118584

NPI / DEA

National Provider Identifier (NPI) Number: 1326607839
Drug Enforcement Administration (DEA-AZ): MB8552499 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-CO): MB7966926 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-FL): MB5678719 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-ID): MB8703680 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-NC): MB8654952 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-NV): MB8078099 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-TX): MB7918608 – 2,2N,3,3N,4,5
Drug Enforcement Administration (DEA-WV): MB8704288 – 2,2N,3,3N,4,5

Post-Secondary Education

11/01 – 12/22 **West Coast University**, Post-Master's Psychiatric Mental Health Nurse Practitioner Certificate
9/16 – 5/19 **The University of Texas at Arlington**, Masters of Science in Nursing – Family Nurse Practitioner
8/02 – 5/06 **The University of Vermont**, Bachelor of Science in Nursing

Psych Mental Health Nurse Practitioner Graduate Student Clinical Rotations

7/22 – 8/22 **Claire McDonough, PLLC: Psychiatric Mental Health Nurse Practitioner**

- 100 hours
- Primary Preceptor: Claire McDonough, PMHNP-BC
- Outpatient Adult Mental Health Provider (Medication Management & Therapy)

3/22 – 7/22 **Forefront Telecare: Virtual Behavioral Health for Seniors**

- 300 hours
- Primary Preceptor: Dr. Carrie A. Schmidt Konen, DNP, MBA, MSN, APRN, FNP-C, PMHNP-BC
- Inpatient Senior Behavioral Unit

10/22 – 11/22 **Austin Oaks Psychiatric Hospital, LP**

- 110 hours
- Primary Preceptor: Mihaela Born, PMHNP-BC
- Inpatient Adolescent Mental Health Provider (Medication Management & Therapy)

Family Nurse Practitioner Graduate Student Clinical Rotations

1/19 – 4/19 **Treehouse Pediatrics – Round Rock, TX**

- 180 hours
- Primary Preceptor: Trisha Justice, FNP
- Pediatric Primary Care

1/19 – 4/19 **Comprehensive Care Clinic – Dell Children's Medical Group – Austin, TX**

- 180 hours
- Primary Preceptor: Jennifer Murray, PNP
- Primary Care for children with complex medical needs

5/18 – 12/18 **University Physicians Group – Seton Healthcare Family – Austin, TX**

- 360 hours
- Primary Preceptor: Candace Ashton, FNP, PA-C
- Adult Internal Medicine Practice

Certifications

Family Nurse Practitioner (FNP-C) – American Academy of Nurse Practitioners (AANP) – F05190471
Psychiatric Mental Health Nurse Practitioner (PMHNP-BC) – American Nurse Credentialing Center (ANCC) - 2022091957

Basic Life Support: American Heart Association

Nurse Practitioner Work Experience

- 9/23 – present Psychological Evaluations for Nixon Disability Law**
- Perform psychiatric evaluations, mostly for veterans, via telehealth for Nixon Disability Law
- 4/23 – present Journey Health and Wellness LLC**
- Psychiatric Mental Health Care for adult, adolescent, child, and geriatric patients in Arizona, Colorado, Florida, Idaho, Nevada, North Carolina, Texas and West Virginia primarily via Telehealth
 - Current population focus includes ADHD diagnosis, treatment, and management, bipolar, depression, anxiety, OCD, addiction, anger, BPD, etc.
- 4/23 – 2/25 Access TeleCare (previously Forefront Telecare, Inc.)**
- Provider for Kootenai Behavioral Health Hospital – Coeur D Alene, ID. rounding and on call via telehealth
 - Provider for The Behavioral Health Pavilion of the Virginias – Bluefield, WV. rounding and on call via telehealth
 - Provider for Brynn Marr Hospital – Jacksonville, NC, rounding and on call via telehealth
 - Provider for Oceans Behavioral Hospital – Abilene, rounding and on call via telehealth
 - Provider for admissions and medication management at Oceans Behavioral Hospital Permian Basin IOP serving Adolescents, Adults, and Geriatric Clients
 - Weekend on call provider for Oceans Behavioral Hospital – Amarillo, rounding via telehealth
- 7/22 – 4/23 Circle Medical**
- Primary Provider for panel of adult patients in multiple states; Telehealth
 - Primary focus is adult ADHD diagnosis, treatment, and management.
 - Also managing Bipolar DO, Depression, Anxiety, OCD, etc.
 - Providing primary care for adults
- 4/22 – 7/22 EPI Source**
- Perform in-home Health Risk Assessments (HRA)
 - Patients from all age ranges, pediatric through Geriatric
- 1/20 – 4/22 FNP-C – Dell Children’s Medical Group – Clinical Genetics**
- Nurse Practitioner with Clinical Genetics. Ordering and interpreting genetic testing, working with Genetic Counselors, managing diagnostic specific surveillance for patients in accordance with the AAP guidelines and/or other disease specific guidelines.
 - My diagnostic focus is Neurofibromatosis Type 1 (NF1), Non-Syndromic Hearing Loss, Down Syndrome, Turner Syndrome, Klinefelter Syndrome, William’s Syndrome, 22q Deletion Syndrome, Beckwith Weideman Syndrome (BWS), Marfan Syndrome, Developmental Delay, and other diagnoses on a case-by-case basis.

Registered Nurse Work Experience

- 7/17 – 12/19 RN A – Seton Premiere Staffing – Ascension Texas**
- Dell Children’s Medical Group – Pediatric Dermatology July 2019 – December 2019**
- Nurse for three physicians and one nurse practitioner within the pediatric dermatology practice of Dell Children’s Medical Group.
 - Accountable for phone triage, initiating prior authorization requests (commercial and Medicaid insurance); writing letters of medical necessity and appeal letters for denials; initiating peer-to-peer conversations with insurance companies (commercial and Medicaid); administering in-office injections [primarily Stelara (ustekinumab) and Dupixent (dupilumab)]; orienting new RNs as required; creating new processes to streamline clinic flow; writing protocols for the clinic; creating instructional handouts for Athena tasks to assist in staff education; functioning as lead RN in the clinic.
- Dell Children’s Medical Group – Pulmonary & Sleep Medicine July 2017 – July 2019**
- One of six nurses for six physicians and two physician assistants within the pediatric pulmonary and sleep medicine practice of Dell Children’s Medical Group.
 - Accountable for phone triage, initiating prior authorization requests for commercial and Medicaid insurance (including Title XIX documents); writing letters of medical necessity; writing denial appeal letters; initiating and participating in peer-to-peer conversations with insurance companies (commercial and Medicaid); utilizing appropriate ICD-10 and CPT coding for all DME and insurance interactions; administering in-office injections [primarily Xolair (omalizumab), but also Nucala (mepolizumab), Dupixent (dupilumab), and Fasenra (benralizumab)], orienting new RNs as required, assisting Sleep RN as needed – covering days off, etc., and creating instructional handouts for various Athena tasks to assist in staff education.
 - utilizing the Athena EMR as a nurse/superuser and as an FNP Student charting patient visits, along with Microsoft Office (Word/Excel).
- 3/15 – 7/17 Field RN – Home Therapy of Austin – Per Diem**
- On-call nurse two-to-three weekends per month.
 - Worked with patients and their physicians to develop home-based plans of care.
 - Completed OASIS assessments and documentation as required by CMS.
 - Assessed patient conditions, monitored medications, administered treatments, and instructed on self-care.
- 3/14 – 3/15 RN II – Pulmonary Clinic Nurse – Seton Healthcare Family – Austin Children’s Chest Associates (Now Dell Children’s Medical Group – Pulmonary & Sleep Medicine)**
- Primary nurse for one of four physicians within the pediatric pulmonary practice.

- Accountable for phone triage, insurance prior authorizations, overseeing clinic flow and medicals assistants, administering in-office injections, and rooming patients as required.
- Assisted in ACCA's transition to Athena EMR, including chart abstraction from previous EMR.
- Responsible for scheduling bronchoscopies for all ACCA physicians, including coordinating with other physicians' offices for co-case procedures, scheduling at Dell Children's Medical Center Hospital, obtaining insurance authorizations and cardiac clearance when applicable.

5/11 – 4/13	Personal Health Nurse – Employee Wellness Program – Montefiore Medical Center – Care Guidance Program <ul style="list-style-type: none"> • Case manager for between 100-150 employees and their families. • Researched various conditions/treatments per employee request; served as health coach for various health related goals (weight management, smoking cessation, etc.); helped organize health fairs / health screenings for employees; trained new staff; supervised LPNs on my team; and provided computer assistance to members of my team.
1/10 – 11/10	Case Management Coordinator – Pediatric Home Health Agency – St. Mary's Metropolitan Home Care for Kids <ul style="list-style-type: none"> • Case manager for 50-85 patients in the Borough of Queens, New York, NY. • Coordinated therapy (PT, OT, and/or ST), nursing, and home health aide services for patients; worked with insurance companies to secure authorization for home visits; coordinated all care with the attending physicians for each patient.
8/09 – 9/09	Research Nurse, Short-Term Assignment – The University of Vermont VCHIP program <ul style="list-style-type: none"> • Conducted chart audits in physician offices throughout Vermont with the Chronic Care Initiative for Vermont Medicaid.
11/08 – 7/09	Adult Home Health Nurse, Per Diem – Franklin County Home Health Agency <ul style="list-style-type: none"> • Worked with patients and their physicians to develop home-based plans of care. • Assessed patient conditions, monitored medications, administered treatments and instructed on self-care.
6/06 – 7/09	Neonatal Intensive Care Unit Nurse, RN II – Fletcher Allen Health Care, The University of Vermont (FAHC) <ul style="list-style-type: none"> • Provided nursing care to patients in varying states of health and illness by assessment, planning, implementation and evaluation of the nursing plan of care. • Provided education to the parents and families of the infants in the NICU. • Functioned as an essential member of nursing and multidisciplinary teams, providing direct patient care, instruction, and preparation for continuing care after discharge. • Served in administrative capacities, such as charge nurse, as required. • Member of the team training nursing staff during a hospital-wide transition to an electronic medical record. • Developed ability to implement nursing process to provide care within the patient population served, and ability to apply critical thinking in all aspects of patient care.
10/01 – 5/06	Practice Support Specialist/Medical Assistant – Given Health Care Center for Primary Care and Internal Medicine Fletcher Allen Health Care, The University of Vermont (FAHC) <ul style="list-style-type: none"> • Served as the medical assistant on weekends for an acute care clinic by assisting with patient care activities, facilitating the flow of patients, and providing clerical and clinical health care support to patients and families. • Provided clerical and administrative support in an outpatient clinic setting to physicians, clinicians, mid-level providers and staff to facilitate the smooth operation of a large medical office.
9/00 – 10/01	Hemodialysis Technician – Fletcher Allen Health Care, The University of Vermont (FAHC) <ul style="list-style-type: none"> • Provided direct care to outpatients under the supervision of an RN. • Prepared dialysis machines, initiated, monitored, and discontinued hemodialysis treatments.

Honors

2019 **Sigma Theta Tau International Honor Society for Nursing, Member – Induction May 2019**

Memberships

2022 – present	American Nurses Association – Member
2021 – present	American Psychiatric Nurses Association – Member
2019 – present	Austin Advance Practice Nurses – Member
2017 – present	Texas Nurse Practitioners (TNP) – Member
2017 – present	American Association of Nurse Practitioners (AANP) – Member
2020 – 2022	American College of Medical Genetics and Genomics (ACMG) – Member
2020 – 2022	American Society of Human Genetics (ASHG) – Member
2020 – 2022	International Society of Nurses in Genetics (ISONG) – Member

Workshops, Conferences, & Annual Meetings Attended

APNA 37th Annual Conference – October 2023
2023 2nd Annual Psychiatric Advanced Practice Nurses of Texas Mental Health Conference – March 2023
2022 Pharmacology Summit – March 2022
ACMG Virtual Meeting – March 2020, April 2021, March 2022
ASHG Virtual Meeting – October 2020, October 2021
ISONG Virtual Congress – November 2020, November 2021
Children's Tumor Foundation NF1 Conference – June 2020, June 2021
Sleep 2019 – June 2019
Texas Nurse Practitioners (TNP) – Entry into Practice: From RN to NP – June 1, 2018

Lectures / Presentations / Projects / Publications

Pre-Publication

- Journal Article re: PRPF8 Gene

Title XIX Completion

- Created and presented training workshop for RNs in the DCMG – Pulmonary & Sleep Medicine Clinic on the completion of Medicaid Title XIX and similar paperwork for DME coverage – 2019

Pediatric Sleep Medicine Nurse Training Manual

- Co-created a training and resource manual for the Sleep RN position at DCMG – Pulmonology & Sleep Medicine Clinic. The 4-inch binder is a comprehensive guide to the sleep-specific RN knowledge base, responsibilities, third-party contacts (such as DMEs and referral sources for other specialties), and patient education needs for the Sleep RN position. – 2019