



# TrueNorth PSYCHIATRIC

## At-Home Ketamine Therapy Pricing & Program Overview

### Program Overview

TrueNorth Psychiatric offers at-home **sublingual ketamine therapy** for eligible patients seeking relief from depression, anxiety, and trauma-related symptoms. All sessions are conducted under the care of **Becky Blackwell, MSN, APRN, FNP-C, PMHNP-BC**, with visits billed separately through insurance.

This program is designed for patients who are stable, medically appropriate, and able to self-administer medication in a safe home environment. Education, guidance, and ongoing access to your provider for questions are included.

### Medication Options

#### **30 Sublingual Troches (7–14 weeks' supply)**

Each troche is individually dosed for your treatment plan. The duration of each fill depends on the frequency and dose prescribed.

Option	Description	Price
<b>Ketamine Only</b>	30 sublingual troches with full provider education, guidance, and ongoing access for questions between visits.	<b>\$400</b>
<b>Ketamine + Oxytocin</b>	30 sublingual troches compounded with oxytocin to enhance mood, relaxation, and connection. Includes provider education, guidance, and ongoing access for questions.*	<b>\$500</b>

\*Ketamine + Oxytocin is only available in select markets due to pharmacy licensing – check with the office for availability

### What's Included

- Medication dispensing and coordination through licensed compounding pharmacy
- Education on safe administration, dosing, and response tracking
- Access to Becky Blackwell for medication-related questions during the dosing period
- Integration of therapy or medication management visits (billed separately via insurance)

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## Safety & Support

- Medication is prescribed only after comprehensive evaluation and clinical clearance.
- Patients must follow individualized dosing and safety guidelines.
- Support is available for dose adjustments, questions, and ongoing care coordination.

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## Refill Timeline

Each 30-troche fill typically lasts **7 to 14 weeks**, depending on your individualized dosing schedule. Refills require clinical check-ins to ensure safety and continued benefit.

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## Notes

- Visits for assessment, follow-up, and integration are **billed through insurance** and not included in the medication pricing.
  - TrueNorth may adjust pricing in response to pharmacy costs or compounding changes.
  - Payment is due at time of medication order.
  - Contact the office for cash only packages including visits + medication.
  - We partner with Denefits to offer payment plans for any of our packages – contact the office for more information.
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