



TrueNorth
PSYCHIATRIC

GeneSight® Testing

Personalized Guidance for
Better Mental Health Outcomes



GeneSight®

GeneSight is a simple cheek swab test that analyzes how your genes may affect your response to certain medications commonly used to treat depression, anxiety, ADHD, bipolar disorder, and other mental health conditions.

It helps your provider make more informed medication decisions—so you can feel better, sooner.

HOW GENESIGHT WORKS



1 SIMPLE CHEEK SWAB

A painless cheek swab collects your DNA in just a few minutes.



2 DNA ANALYSIS

Your sample is analyzed in a CLIA-certified lab to look at specific genes that affect how your body processes medications.



3 PERSONALIZED RESULTS

Results are provided in an easy-to-understand report that groups medications into categories based on your genetic makeup.



4 INFORMED DECISIONS

You and your provider use the results to help guide medication choices that may be better tolerated and more effective for you.

POTENTIAL BENEFITS



MORE TARGETED TREATMENT

Provides insight into how your body may respond to certain medications.



SAVE TIME

May help reduce the time spent on medications that may not work for you.



REDUCE TRIAL & ERROR

Supports more informed decisions and fewer unnecessary side effects.



EMPOWER YOUR JOURNEY

Personalized information to support your mental health and wellness.



COST & INSURANCE INFORMATION



MAY BE COVERED BY INSURANCE

Many insurance plans cover GeneSight testing.

GeneSight's team can help verify your insurance benefits and discuss estimated costs before testing.



AFFORDABLE OPTIONS

Through the GeneSight Promise, all patients are eligible for a self-pay maximum cost of \$330.

Eligible patients who qualify for financial assistance may pay as little as \$0 out of pocket.



WE'RE HERE TO HELP

Our team is happy to answer questions and help guide you through the testing process, insurance questions, and next steps.

Cost information is based on the GeneSight Promise program and is subject to change. For the most up-to-date pricing and financial assistance information, visit genesight.com/cost/.

IMPORTANT TO KNOW

- ✓ GeneSight does not test for every medication.
- ✓ Results do not predict whether a medication will work, but how your body may process it.
- ✓ This test is available for adults 18+.
- ✓ Results are for your use only and remain part of your medical record.



At TrueNorth Psychiatric, our goal is to provide personalized, evidence-based care that supports your path toward feeling your best.

Ask your provider today to see if GeneSight testing is right for you.