

# KATE'S CLUB 2025 IMPACT

## YOUTH & YOUNG ADULT BEREAVEMENT

CHILDREN AND YOUNG ADULTS FACE A HIGHER RISK OF BEREAVEMENT THAN EVER BEFORE. AS HEALTH OUTCOMES HAVE WORSENERD, PARTICULARLY FOR COMMUNITIES OF COLOR AND LOW INCOME COMMUNITIES, CHILD BEREAVEMENT RATES HAVE CLIMBED IN SOME COUNTIES AS HIGH AS 1 IN 6 CHILDREN.

REGION	PROJECTED CHILD BEREAVEMENT (2019)	PROJECTED CHILD BEREAVEMENT (2024)
CLARKE COUNTY	1 in 13, 7.7%	1 in 10, 10%
DEKALB COUNTY	1 in 13, 7.7%	1 in 9, 11.1%
DOUGHERTY COUNTY	1 in 9, 11.1%	1 in 6, 16.7%
GLYNN COUNTY	1 in 12, 8.3%	1 in 8, 12.5%
GEORGIA	1 in 13, 7.7%	1 in 10, 10%
U.S.	1 in 13, 7.7%	1 in 11, 9.1%

WE THINK OF EXPERIENCING A DEATH AT A YOUNG AGE AS A FORK IN THE ROAD. THERE ARE MANY OPPORTUNITIES FOR LIFELONG WELL-BEING IF A YOUNG PERSON CAN ACCESS TOOLS AND SUPPORT TO COPE WITH THEIR GRIEF. HOWEVER, IF THEY CANNOT, THEY ARE EXPOSED TO RISKS.

1 IN 4 YOUTH WHO DIE BY SUICIDE ARE BEREAVED

SINGLE STRONGEST IMPACT ON SCHOOL OUTCOMES

UP TO 90% OF YOUTH IN JUVENILE JUSTICE SYSTEM



KATE'S CLUB MEMBERS HAVE 21% DECREASE IN SUICIDE IDEATION

77% OF CAREGIVERS SEE IMPROVEMENTS IN SCHOOL

37% DECREASE IN RISK FOR PTSD IN JUVENILE COURT GRIEF GROUPS

## OUR IMPACT: BY THE NUMBERS

THERE IS GOOD NEWS! WE KNOW THAT **92% OF BEREAVED YOUNG PEOPLE CAN BE SUPPORTED BY GROUP PROGRAMS** JUST LIKE WE OFFER AT KATE'S CLUB. IN 2025 ALONE, WE DIRECTLY SERVED THOUSANDS OF INDIVIDUALS OF ALL AGES AND TRAINED NEARLY AS MANY.

**1,925**  
UNIQUE KIDS & TEENS SERVED

28% INCREASE SINCE 2024

**75**  
UNIQUE YOUNG ADULTS SERVED

21% INCREASE

**480**  
UNIQUE PARENTS & CAREGIVERS SERVED

15% INCREASE

**1,467**  
COMMUNITY PROFESSIONALS TRAINED

18% INCREASE

**249**  
COMMUNITY GRIEF GROUPS HELD

38% INCREASE

**71**  
GEORGIA COUNTIES SERVED

13% INCREASE

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## OUR IMPACT: AS TOLD BY MEMBERS

The hardest thing Valerie had to do was tell her children that their father died. It felt like the world was crumbling around them, as just nine months before Valerie's dad had died, and before that her oldest son Donta's father died.

She'll never forget when Donta said to her: **"MOMMY, WHAT IS WRONG WITH ME? WHY DOES GOD KEEP TAKING THE MEN THAT I LOVE?"**

Valerie's heart broke knowing her children were hurting, and there was nothing she could do to fix it. She knew the family needed resources and support, so she turned to the kids' pediatrician, who recommended Kate's Club.

No one in the family knew what to expect at Kate's Club, and the boys especially were hesitant. Donta thought talking about his feelings was going to be "useless," but after a few programs, he understood the power of opening up about his feelings. **DONTA HAS SAID KATE'S CLUB MADE HIM REALIZE IT'S OKAY TO CRY AND MEN HAVE FEELINGS TOO.**

Valerie has noticed her younger sons are more energized. They take on creative projects, like writing, directing and producing their own movies. They work together, and Valerie can tell their bond is stronger than ever.

As for Valerie, she says that Kate's Club changed her life. She's met some amazing families and friends. It has helped her to understand her grief process and her children's grief process, and **IT'S HELPED HER TO UNDERSTAND THAT IT'S OKAY NOT TO BE OKAY.**

**"BECAUSE OF KATE'S CLUB, I FEEL THAT MY CHILDREN'S FUTURE IS GOING TO BE A BRIGHT ONE."**

**-VALERIE, KATE'S CLUB PARENT**



## THANK YOU TO OUR PARTNERS

OUR WORK WOULD NOT BE POSSIBLE WITHOUT OUR PARTNERS WHO CONNECTED US TO NEW MEMBERS AND OPPORTUNITIES IN 2025.



Project AWARE

