



Kenilworth Science & Technology Academy
Wellness Committee & FSMC Advisory Meeting
4/2/2025
Agenda

1. Attendees Sign In / Pass Out Handouts
2. Committee Introductions: ***Ali Barker, School Food Solutions; Trina Bellew, School Nurse; Hazel Regis-Buckels, Principal; Huseyin Gunarslan, Director of Operations; Sywanda Smith, PE Teacher and Parent; Catrell Bennet, Culture and Character Teacher; Natasha McQuarter, Café Mgr; Limit Yaziq, Teacher; Tiffany Richardson, Director, FSMC; Cassidy H., 8th gr student***
3. FSMC Advisory: Menu Discussion and Feedback
 - a. Breakfast
 - i. Strengths: ***Sausage and Biscuit, Strawberry Cream Cheese and Bagel, Pancake on Stick, Breakfast Pizza, apple fritter***
 - ii. Areas to Improve: ***Croissant sandwich – this is too mushy; cereal (ES students enjoy more than upper school students); waffles – hard or soggy texture is inconsistent and not appealing***
 - b. Lunch
 - i. Strengths: ***Nachos, Spicy Chicken Sandwich, pizza, hawaiian rolls (WG), red beans, burgers***
 - c. Suggestions
 - i. ***Breakfast***
 1. ***Bring back yogurt parfait***
 - ii. ***Lunch***
 1. ***Add Buffalo Chicken Dip with Chips more – they were a hit***
 2. ***Taste test Mac and Cheese squash***
4. Review School Wellness Policy and Wellness Policy Triennial Assessment
5. Discuss Current School Wellness Activities in the Major Wellness Areas
 - a. Section 1: Nutrition Education
 - b. Section 2: Standards for USDA Child Nutrition Programs and School Meals
 - c. Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
 - d. Section 4: Physical Education and Physical Activity
 - e. Section 5: Wellness Promotion and Marketing
 - f. Section 6: Implementation, Evaluation, and Communication
6. Based on results of Assessment and progress toward previous Goals, set Wellness goal for our school to work towards this year.
 - a. **Goal: A student will read out the day's lunch menu along with a nutritional fact each morning on the daily announcements. This is in addition to the hard copy and digital menus that are posted.**
7. Set Next Meeting Date: **SY 25-26**