

Frequently Asked Questions

What is The Wellness Oasis® supported by Bukhman Philanthropies?

The Wellness Oasis® is a transformative community and event platform dedicated to supporting people's mental, physical, spiritual and emotional well-being.

Led by diverse world-renowned experts and advocates, guests are guided through an immersive programme including inspiring conversations, workshops and experiences around movement, mindfulness and human connection.

How big is the event? Is it indoors or outdoors?

There will be three hundred to four hundred guests attending at one time. The event is indoors.

Are you ADA Accessible?

Yes, we are ADA accessible. Please email us (hello@4b-advisory.com) for special requests and accommodations.

Will I receive a confirmation email after purchasing a pass?

You will receive an automatic email from us after you purchase your pass. Check your spam folder. If you have any issues, email us at hello@4b-advisory.com.

I bought a pass. What happens next?

- **A few weeks before the event:** You'll get an email reminder from us with pertinent details about the schedule.
- **A week before the event:** We'll email you an event program; everything you need to know about getting to the event.
- **The day of the event:** You will receive your wristband for entry.

What do I need to bring with me?

Credit cards will be accepted for purchases - cash and checks will not. We've got you covered with everything else, including food, drink, pens, notebooks, and yoga mats.

What's the schedule for the day? Do I need to register for anything?

Your pass includes access to all the sessions, talks, self-care experiences, nourishing breakfast and lunch and refreshments. You don't have to register for any sessions except for the ones mentioned on the events page. We'll give you your schedule at the event when you check in and it currently exists on the main event page.

What is everyone wearing?

We encourage you to wear what you are most comfortable. There are movement sessions each morning, so athleisure attire is encouraged

What meals are included in the ticket? Can you accommodate vegetarians, food allergies, etc?

Of course! We'll have vegan, vegetarian, and gluten-free options available. If you have any questions about an allergy or dietary restriction, please reach out to us at hello@4b-advisory.com.

When are gift bags handed out?

Gift bags will be on each chair at the start of the panel.

Do you provide parking?

Rideshare is encouraged. In the weeks leading up to the event, we will send all guests transportation suggestions and parking information.

How can I get involved in the next The Wellness Oasis?

Please send an email to hello@4b-advisory.com

Is there a ticket return policy?

We are unable to offer any kind of refund, exchange, or credit for any of the passes. To transfer your ticket to someone else, please email us.

I have a different question - can you help?

Of course - if you have any other questions about the sessions or event please email us at hello@4b-advisory.com. We'll get back to you as soon as we can.