Love by the Zodiac

A Couple's Guide to Compatibility, Closeness and Lasting Love

Zodiac pairings, depth psychology, and the everyday art of loving well.



ALEX AFONSO

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Alex Afonso

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First edition, 2026.

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About This Book

This book is for anyone who wants to understand a partner a little better, and themselves a little better too: husbands and wives, boyfriends and girlfriends, lovers, newlyweds and long-time companions. It works for any couple, of any gender, at any stage.

Inside, Western astrology provides the map: the twelve signs, their elements and modalities, and the angles between any two of them. Depth psychology and spiritual philosophy provide the compass: ideas inspired by Carl Jung, Alan Watts, Abraham-Hicks and Teal Swan, along with the friendly, story-like spirit of Linda Goodman's sign portraits. Together they offer a vocabulary for needs, differences and repair.

What makes it different

- **Every pairing is covered.** A compatibility map and a page for each sign with all twelve partners.
- **Compatibility with a purpose.** Each pairing says what to focus on, what to watch for, and one small thing to try.
- **Beyond the Sun sign.** Moon, Venus and Mars guides show how people feel, love and fight.
- **Practical tools.** A conflict first-aid guide, a workbook for two, and a 30-day closeness ritual.

> **PLEASE NOTE**
>
> Astrology and the philosophies referenced here are offered for reflection and entertainment. They are not science, prediction, or professional advice. This book is not therapy, and it is not affiliated with any author or teacher it mentions. For serious difficulties, please seek a qualified counselor.

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HOW TO READ THIS BOOK

You can read straight through, or jump to the page you need. Looking for your own sign? Go to Chapter 4. Comparing two signs? Chapters 6 and 7 are your quick-reference. In a rough patch? Turn to Chapter 8. Want to practise together? Chapters 12 and 13 are a workbook and a 30-day ritual.

CHAPTER 1

Why the Stars, Why This Book

A different way to ask an old question: who are you, and who am I when we're together?



Every relationship begins with a quiet question: who are you, really, and who am I when I'm with you? Astrology is one of humanity's oldest languages for asking it. For thousands of years people have looked up at the sky and found in it a mirror: a way to describe temperament, timing, need and desire.

This book borrows that language, gently. It will not tell you whether you are "meant to be." What it will do is give you a vocabulary: a way to name what you need, to understand what your partner needs, and to talk about the places where you differ without turning them into a war.

Think of a zodiac sign as a **weather pattern, not a prison**. Fire signs tend toward sunshine and thunderstorms; Water signs toward tides and fog. No one is ever only their weather, but knowing the climate helps you pack for the journey.

What you will find inside

- **Foundations:** the elements and modalities that shape how each sign loves.
- **Four lenses for love:** ideas from Carl Jung, Alan Watts, Abraham-Hicks and Teal Swan, translated into simple daily practice.

- **The twelve signs in love:** what each needs, gives, and struggles with.
- **Ten pairings and a full compatibility guide:** what to focus on, and what to watch for, with every partner.
- **Practical tools:** a conflict first-aid kit, a couple's workbook, and a 30-day closeness ritual.

AN HONEST NOTE

Astrology is a symbolic tradition, not a science, and a Sun sign is only one thread in a full birth chart. Use these pages as prompts for conversation, not predictions. No chart can tell you whether to stay or leave. The philosophical sections are paraphrased interpretations inspired by each thinker, not endorsements or direct quotations. And if your relationship involves fear, control or violence, please reach out to a qualified professional or a local support service rather than a horoscope.

A NOD TO LINDA GOODMAN

Astrologer Linda Goodman's *Sun Signs* (1968) and *Love Signs* (1978) helped bring astrology to a mass audience with warm, humorous, story-like portraits of each sign and a practical "how do we get along?" spirit. This book shares that spirit, in original words. Chapter 11 is our tribute, and her books are listed under Further reading.

How to use astrology without letting it use you

A few ground rules make this book far more useful:

- **Curiosity over verdicts.** "Taurus and Aquarius are a hard match" is a doorway into a conversation, never a sentence.
- **Describe, don't label.** Say "I notice I get quiet like a Capricorn when I'm stressed," not "You're being such a Scorpio."
- **Use it to see your own side first.** Every sign has a shadow. Start with yours.

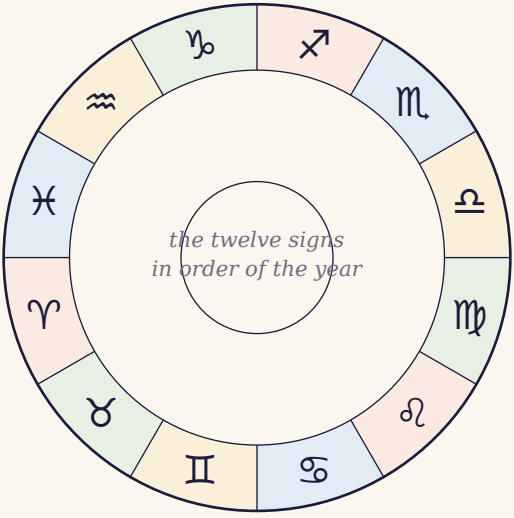
- **Remember that choice outweighs chemistry.** Lasting love is made by two people choosing, repeatedly, to understand each other.

CHAPTER 2

The Language of the Sky

The elements and modalities: the simple grammar behind all twelve signs.

*Western astrology gives every sign two tags: an **element** (what it is made of) and a **modality** (how it moves). Learn these two ideas and you can read almost any pair of signs.*



The four elements

Elements describe a sign's emotional *climate*: what feels like home, and what feels like a threat. Signs of the same element tend to "speak the same language" with little effort.



Fire

♈ ♌ ♐

Passion · Action · Spirit

Needs to feel excited, respected and free.



Earth

♉ ♍ ♑

Stability · Senses · Loyalty

Needs to feel safe, valued and appreciated.



Air

♊ ♎ ♒

Ideas · Words · Friendship

Needs to feel curious, understood and unconfined.



Water

♋ ♏ ♓

Feeling · Intuition · Depth

Needs to feel held, trusted and emotionally met.

Complementary pairs

Fire and Air feed each other (air fans the flame). **Earth and Water** nourish each other (soil needs rain). **Fire and Water**, and **Earth and Air**, are the "different-language" pairs. These need curiosity, but often grow the most.

The three modalities

Modalities describe *tempo*: whether a sign starts things, sustains them, or adapts them. Two signs of the same modality (for example, two Fixed signs) often run into a power struggle, because they push in the same way.

Modality	Signs	In love, they…	Growth edge
Cardinal The starters	♈ ♋ ♎ ♑	Initiate: the first to text, plan, propose or leave	Listen for the others' tempo
Fixed The sustainers	♉ ♌ ♏ ♒	Commit deeply, hold on, resist change	Loosen the grip; flex
Mutable The adapters	♊ ♍ ♐ ♓	Adjust, accommodate, explore	Choose and stay with it

Rules of thumb for any pair

- **Same element:** easy shared language; risk of blind spots (you both miss the same thing).
- **Complementary elements** (Fire–Air, Earth–Water): natural support and encouragement.
- **Different-language elements** (Fire–Water, Earth–Air): more translation needed, with real growth on offer.
- **Same modality:** a tendency to compete, or to clash over tempo.
- **Different modality:** a natural division of labour (one starts, one sustains, one adapts).

> **TRY THIS**
>
> Write down your element and modality, and your partner's. Then complete this sentence for each of you: "When I'm at my best I feel like ___, and when I'm stressed I turn into ___." You will learn more from the answers than from any horoscope.

CHAPTER 3

Four Lenses for Love



Ideas from Jung, Watts, Abraham-Hicks and Teal Swan: a psychology and a spirituality for the astrological map.

A zodiac sign tells you what someone tends to do. Philosophy and psychology help with the harder question: what do we do about it? The four lenses below are paraphrased and simplified, and each comes with a practice you can try tonight.

Lens 1 · Carl Jung: The Mirror and the Shadow

The Swiss psychiatrist Carl Jung proposed that each of us carries a **shadow**: the traits we have disowned because they felt unacceptable. Because we can't see our shadow directly, we **project** it onto other people, and a romantic partner is the most convenient screen of all.

This is why the person who most irritates you is often the one you are most drawn to. Jung also wrote of the inner "other" each of us carries, an inner image of the beloved, which we tend to paste over a real person at the start of a romance. Eventually the real person shows through, and relationship becomes the work of **individuation**: becoming more whole.

- Strong reactions are information: they point to something unlived, unowned or unhealed in you.
- In astrology, **opposite signs** (Aries–Libra, Taurus–Scorpio…) are classic mirror partners: each holds what the other has disowned.

- Real love begins when you can say, “That is partly mine.”

PRACTICE · THE IRRITATION INVENTORY

Each of you privately lists the three traits in your partner that annoy you most. Beside each, ask: *Where do I do this, or secretly wish I could?* Share only what you want to share. The goal is understanding yourself, not collecting evidence.

Lens 2 · Alan Watts: The Dance, Not the Destination

The writer and philosopher Alan Watts, who brought Eastern thought to a Western audience, often compared life to music or dance: you don’t dance to arrive at a particular spot on the floor, and a song is not played to reach its last note. Love, he suggested, is the same. Treating a relationship as a project to be secured misses the point of being in it.

He also argued that the very hunt for security is what creates insecurity. The tighter we grip what is alive, the more we squeeze out of it, like trying to hold water in a closed fist. Real closeness asks for an open hand.

- **Fixed signs** (Taurus, Leo, Scorpio, Aquarius) grip. Their lesson is to hold lightly.
- **Cardinal signs** push toward the next thing. Their lesson is to arrive in the present.
- **Mutable signs** flow. Their lesson is to commit to a place in the dance.
- Presence is the gift: a partner’s full attention is rarer, and kinder, than any grand gesture.

PRACTICE · TEN MINUTES OF PRESENCE

Sit facing each other, phones away. For ten minutes, take turns saying what you notice right now: in your body, in the room, in your partner’s face. No advice, no fixing, no planning. Just being here, together, for the length of a song.

Lens 3 · Abraham-Hicks: Focus, Feeling and the Better-Feeling Thought

The Abraham-Hicks teachings, shared by Esther Hicks, propose that your **emotions are guidance**: a signal about how aligned you are with what you want. They describe an **emotional scale** running from despair, through anger and frustration, toward hope, optimism and appreciation, and suggest that the practical move is rarely a leap, but one rung up the ladder at a time.

Two of their ideas are especially useful for couples. First, **attention grows what it rests on**: focus on what is wrong and you will find more of it. Second, a partner cannot be your source of wellbeing; you reach for your own better-feeling thoughts, and then share your joy rather than relying on someone else to produce it.

- **Fire and Air** shift focus quickly. Their lesson is to stay with a feeling long enough to learn from it.
- **Earth and Water** hold focus. Their lesson is to deliberately reach for relief rather than wait for it.
- Contrast is useful: knowing what you *don't* want sharpens what you do.
- Positivity should never be used to bypass a real problem. The scale works because it starts with honesty about where you actually are.

PRACTICE · THE APPRECIATION LADDER

Before any difficult conversation, spend three minutes listing everything you value in your partner. Then name where you are on the ladder ("I'm furious") and reach for the next rung ("I'm frustrated"… "I'm hopeful that we can fix this"). Do it honestly, one rung at a time.

Lens 4 · Teal Swan: Needs, the Inner Child and Authenticity

The spiritual teacher Teal Swan emphasises that every emotion is a messenger about a **need** that is being met or going unmet. Her work also stresses the **inner child**: the idea that old wounds from early life are often replayed in adult relationships, so that today's argument is partly yesterday's hurt.

Her third theme is **authenticity**: being honest about what you feel and want, rather than performing the version of yourself you think will be loved. Her self-help method, the Completion Process, revisits painful memories to integrate them. If you explore anything like that, it is wise to do it with a trained therapist, especially around trauma.

- Complaints are usually disguised needs: "You never listen" often means "I need to feel important to you."
- No partner can fill an emptiness you haven't acknowledged; self-compassion is part of the foundation.
- Use Chapter 4 to learn each sign's core needs, then ask for yours directly.

PRACTICE · NEED TRANSLATION

Turn a complaint into four parts: **Situation → Feeling → Need → Request**.
"You never listen!" becomes *"When I'm talking and you're on your phone, I feel unimportant. I need your attention. Could you put it away for twenty minutes tonight?"*

Choosing the right lens

Lens	The question it asks	Reach for it when…
Jung	What part of this is mine?	You’re triggered, or keep having the same fight
Watts	Can I be here, holding this lightly?	You’re gripping, anxious or rushing ahead
Abraham-Hicks	What can I appreciate, and what feels a little better?	You’re stuck in blame or negativity
Teal Swan	What do I need? What do they need?	You feel unheard, unseen or unsure what you want

CHAPTER 4

The Twelve Signs in Love



What each sign needs, what it gives, where it struggles, and one small practice for each.

Read your own sign first, then your partner's. Look for what rings true, and be gentle with what doesn't: Sun signs are just one layer of a person.

Sign	Dates	Element	Modality
♈ **Aries**	Mar 21 – Apr 19	Fire	Cardinal
♉ **Taurus**	Apr 20 – May 20	Earth	Fixed
♊ **Gemini**	May 21 – Jun 20	Air	Mutable
♋ **Cancer**	Jun 21 – Jul 22	Water	Cardinal
♌ **Leo**	Jul 23 – Aug 22	Fire	Fixed
♍ **Virgo**	Aug 23 – Sep 22	Earth	Mutable
♎ **Libra**	Sep 23 – Oct 22	Air	Cardinal
♏ **Scorpio**	Oct 23 – Nov 21	Water	Fixed
♐ **Sagittarius**	Nov 22 – Dec 21	Fire	Mutable
♑ **Capricorn**	Dec 22 – Jan 19	Earth	Cardinal
♒ **Aquarius**	Jan 20 – Feb 18	Air	Fixed
♓ **Pisces**	Feb 19 – Mar 20	Water	Mutable

♈ Aries

Mar 21 – Apr 19 · Fire · Cardinal

Courage · Initiative · Spark

Aries loves with their whole chest. They text first, say the thing out loud, and turn an ordinary Tuesday into an adventure. Passion is their native language, and they feel most loved when a partner meets their energy instead of trying to manage it.

WHAT THEY NEED

- Directness and honesty
- Room to lead, and to play
- Admiration that feels genuine, not flattering

GIFT AND SHADOW

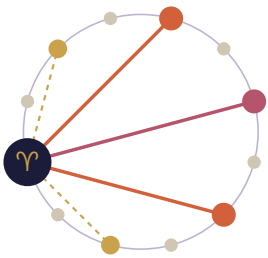
Gift: bold initiative. **Shadow:** impatience, and winning the argument at the cost of the relationship.

UNDER STRESS (FIRE)

They tend to: snaps, gets loud, wants to act now. What helps: respect, space to cool, a fair fight. You might say: “I’m on your side. Take ten minutes, then let’s talk.”

A SMALL PRACTICE

Take one breath before reacting and ask: do I want to be right, or close?



YOUR SIGN’S CIRCLE

Natural flow
♌ Leo, ♐ Sagittarius

Natural allies
♊ Gemini, ♒ Aquarius

Magnetic opposite
♎ Libra

♉ Taurus

Apr 20 – May 20 · Earth · Fixed

Loyalty · Sensuality · Steadiness

Taurus shows love through presence: the cooked meal, the warm hand, the promise kept for ten years running. They move slowly toward commitment, then hold it like an oak holds the ground. Comfort, touch and reliability are how they say “I love you.”

WHAT THEY NEED

- Consistency and follow-through
- Physical affection and shared pleasures
- Unhurried time, without pressure

GIFT AND SHADOW

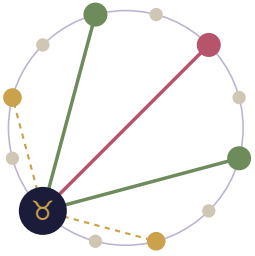
Gift: steady devotion. **Shadow:** stubbornness, and quietly storing resentment instead of speaking it.

UNDER STRESS (EARTH)

They tend to: goes quiet, rigid, practical, withholding. What helps: safety, reliability, no pressure. You might say: “No rush. I’m not going anywhere. Tell me when you’re ready.”

A SMALL PRACTICE

Name the need out loud before it hardens into a silent grudge.



YOUR SIGN’S CIRCLE

Natural flow
♍ Virgo, ♑ Capricorn

Natural allies
♋ Cancer, ♓ Pisces

Magnetic opposite
♏ Scorpio

♊ Gemini

May 21 – Jun 20 · Air · Mutable

Curiosity · Wit · Connection

For Gemini, conversation is foreplay. They fall for minds first: the person who makes them laugh, surprises them, and never runs out of things to say. Love stays alive for them when it stays light, curious and a little unpredictable.

WHAT THEY NEED

- Mental stimulation and banter
- Variety, novelty, freedom to explore
- Lightness, even in serious moments

GIFT AND SHADOW

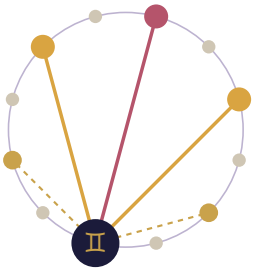
Gift: playful curiosity. **Shadow:** scattering attention, or joking and analyzing to avoid heavy feelings.

UNDER STRESS (AIR)

They tend to: overthinks, jokes, withdraws into logic. What helps: space to think, gentle curiosity. You might say: “I’d love to hear your thoughts, and also how it feels.”

A SMALL PRACTICE

Stay inside the feeling for two more minutes before you turn it into a joke.



YOUR SIGN’S CIRCLE

Natural flow
♎ Libra, ♒ Aquarius

Natural allies
♈ Aries, ♌ Leo

Magnetic opposite
♐ Sagittarius

♋ Cancer

Jun 21 – Jul 22 · Water · Cardinal

Nurture · Memory · Home

Cancer builds a home inside the relationship, and then guards it. They remember the little things: your coffee order, the song from the first night, the exact tone of voice that hurt them. Tenderness and emotional safety are everything.

WHAT THEY NEED

- Emotional safety and reassurance
- Home rituals and a sense of family
- A partner who notices their moods kindly

GIFT AND SHADOW

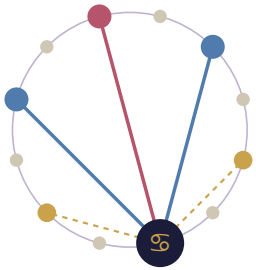
Gift: tender care. **Shadow:** retreating into the shell, and keeping score of old hurts.

UNDER STRESS (WATER)

They tend to: takes it personally, retreats or floods. What helps: reassurance, tenderness, patience. You might say: “I care about you. You are not in trouble. Tell me what’s going on inside.”

A SMALL PRACTICE

Ask for reassurance directly instead of testing whether it will come.



YOUR SIGN’S CIRCLE

Natural flow
♏ Scorpio, ♓ Pisces

Natural allies
♉ Taurus, ♍ Virgo

Magnetic opposite
♑ Capricorn

♌ Leo

Jul 23 – Aug 22 · Fire · Fixed

Warmth · Loyalty · Radiance

Leo loves like sunlight: generously, warmly, and a little theatrically. They want to adore and be adored, and they are fiercely loyal to the people they let in. A partner who celebrates them loudly will get the best of them.

WHAT THEY NEED

- Appreciation and being truly seen
- Loyalty and public affection
- Fun, romance and grand gestures

GIFT AND SHADOW

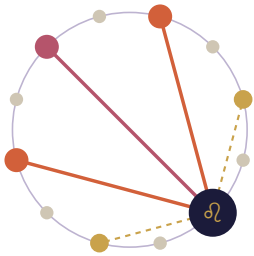
Gift: warm generosity. **Shadow:** pride, and a wounded withdrawal when they feel unseen.

UNDER STRESS (FIRE)

They tend to: snaps, gets loud, wants to act now. What helps: respect, space to cool, a fair fight. You might say: “I’m on your side. Take ten minutes, then let’s talk.”

A SMALL PRACTICE

Give the praise you hope to receive. Vulnerability is more magnetic than performance.



YOUR SIGN’S CIRCLE

Natural flow
♈ Aries, ♐ Sagittarius

Natural allies
♊ Gemini, ♎ Libra

Magnetic opposite
♒ Aquarius

♍ Virgo

Aug 23 – Sep 22 · Earth · Mutable

Devotion · Detail · Service

Virgo says “I love you” by noticing: the headache you didn’t mention, the errand that needed doing, the detail everyone else missed. They are quietly devoted and deeply honest, and they feel closest when life together runs smoothly.

WHAT THEY NEED

- Reliability and honest communication
- A calm, orderly shared life
- To feel useful, and thanked for it

GIFT AND SHADOW

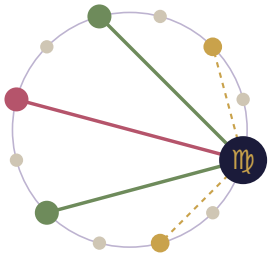
Gift: thoughtful service. **Shadow:** worry and criticism: fixing the problem instead of feeling the moment.

UNDER STRESS (EARTH)

They tend to: goes quiet, rigid, practical, withholding. What helps: safety, reliability, no pressure. You might say: “No rush. I’m not going anywhere. Tell me when you’re ready.”

A SMALL PRACTICE

Before offering a fix, ask: do you want help, or do you want company?



YOUR SIGN’S CIRCLE

Natural flow
♉ Taurus, ♑ Capricorn

Natural allies
♋ Cancer, ♏ Scorpio

Magnetic opposite
♓ Pisces

♎ Libra

Sep 23 – Oct 22 · Air · Cardinal

Harmony · Beauty · Partnership

Libra is the sign of partnership itself. They are romantic, fair-minded and attuned to atmosphere, and they feel most alive in a relationship that is balanced, beautiful and kind. Peace matters to them, sometimes more than it should.

WHAT THEY NEED

- Equality and mutual consideration
- Beauty, romance and thoughtful gestures
- Gentle, respectful disagreement

GIFT AND SHADOW

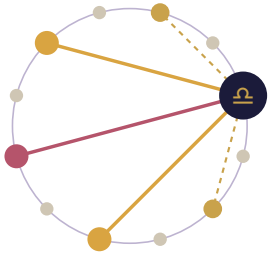
Gift: grace and fairness. **Shadow:** people-pleasing, indecision, and resentment that builds because they never said no.

UNDER STRESS (AIR)

They tend to: overthinks, jokes, withdraws into logic. What helps: space to think, gentle curiosity. You might say: “I’d love to hear your thoughts, and also how it feels.”

A SMALL PRACTICE

A kind “no” now is better than a resentful “yes” later.



YOUR SIGN’S CIRCLE

Natural flow
♊ Gemini, ♒ Aquarius

Natural allies
♌ Leo, ♐ Sagittarius

Magnetic opposite
♈ Aries

♏ Scorpio

Oct 23 – Nov 21 · Water · Fixed

Depth · Truth · Transformation

Scorpio does not do shallow. They want the real you, the hidden rooms and the unedited truth, and in return they offer complete, loyal, transformative devotion. When trust is broken it takes them a long time to rebuild it.

WHAT THEY NEED

- Trust and emotional honesty
- Privacy, and deep intimacy
- A partner who doesn't flinch from intensity

GIFT AND SHADOW

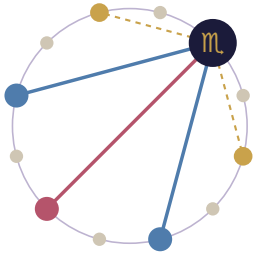
Gift: deep loyalty. **Shadow:** control, testing, jealousy, and withholding to stay safe.

UNDER STRESS (WATER)

They tend to: takes it personally, retreats or floods. What helps: reassurance, tenderness, patience. You might say: "I care about you. You are not in trouble. Tell me what's going on inside."

A SMALL PRACTICE

Trust is built by sharing fears, not by gathering evidence.



YOUR SIGN'S CIRCLE

Natural flow
♋ Cancer, ♓ Pisces

Natural allies
♍ Virgo, ♑ Capricorn

Magnetic opposite
♉ Taurus

♐ Sagittarius

Nov 22 – Dec 21 · Fire · Mutable

Freedom · Honesty · Meaning

Sagittarius wants a partner in adventure, in philosophy, and in laughter. They are warm, optimistic and refreshingly honest, and they love best when love feels like freedom rather than a cage. Growth together keeps them close.

WHAT THEY NEED

- Freedom and room to roam
- Shared growth, travel and big conversations
- Humor and an optimistic partner

GIFT AND SHADOW

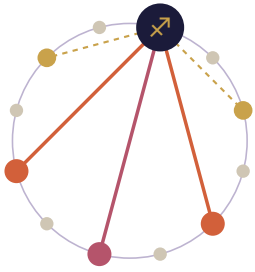
Gift: joyful honesty. **Shadow:** restlessness, and truth delivered with no padding.

UNDER STRESS (FIRE)

They tend to: snaps, gets loud, wants to act now. What helps: respect, space to cool, a fair fight. You might say: “I’m on your side. Take ten minutes, then let’s talk.”

A SMALL PRACTICE

Treat commitment as an adventure of its own, and wrap honesty in kindness.



YOUR SIGN’S CIRCLE

Natural flow
♈ Aries, ♌ Leo

Natural allies
♎ Libra, ♒ Aquarius

Magnetic opposite
♊ Gemini

♑ Capricorn

Dec 22 – Jan 19 · Earth · Cardinal

Commitment · Ambition · Integrity

Capricorn takes love seriously. They are slow to open and slow to leave, building something meant to last decades. Beneath the reserve is deep warmth and dry humor, shown through effort, planning and showing up.

WHAT THEY NEED

- Respect and appreciation of their effort
- Shared goals and a stable future
- Patience while they open up

GIFT AND SHADOW

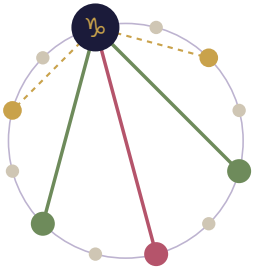
Gift: dependable commitment. **Shadow:** workaholism, emotional reserve, and coldness under stress.

UNDER STRESS (EARTH)

They tend to: goes quiet, rigid, practical, withholding. What helps: safety, reliability, no pressure. You might say: “No rush. I’m not going anywhere. Tell me when you’re ready.”

A SMALL PRACTICE

Schedule tenderness the way you schedule meetings, until it becomes natural.



YOUR SIGN’S CIRCLE

Natural flow
♉ Taurus, ♍ Virgo

Natural allies
♏ Scorpio, ♓ Pisces

Magnetic opposite
♋ Cancer

Aquarius

Jan 20 – Feb 18 · Air · Fixed

Originality · Friendship · Freedom

Aquarius wants a lover who is also a best friend, someone who can be weird, think freely and grow without being fenced in. They love with loyalty and originality, and they need acceptance of their quirks more than they will ever say.

WHAT THEY NEED

- Friendship at the heart of romance
- Independence and intellectual freedom
- Acceptance of their unconventional side

GIFT AND SHADOW

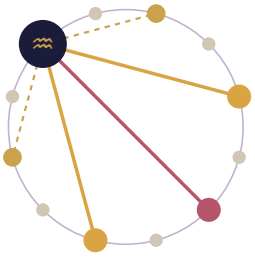
Gift: original friendship. **Shadow:** emotional detachment, and a stubborn contrarian streak.

UNDER STRESS (AIR)

They tend to: overthinks, jokes, withdraws into logic. What helps: space to think, gentle curiosity. You might say: “I’d love to hear your thoughts, and also how it feels.”

A SMALL PRACTICE

Say “I feel” before “I think.” Closeness lives there.



YOUR SIGN’S CIRCLE

Natural flow
♊ Gemini, ♎ Libra

Natural allies
♈ Aries, ♐ Sagittarius

Magnetic opposite
♌ Leo

♓ Pisces

Feb 19 – Mar 20 · Water · Mutable

Compassion · Imagination · Surrender

Pisces loves with the whole ocean: dreamy, empathic, deeply romantic and spiritually hungry. They sense moods before words are spoken and give endlessly. They flourish with a partner who is gentle, creative and grounded.

WHAT THEY NEED

- Tenderness and emotional attunement
- Creative and spiritual connection
- Space to dream, and a gentle landing place

GIFT AND SHADOW

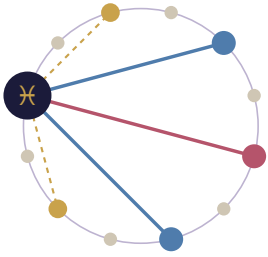
Gift: boundless compassion. **Shadow:** escapism, blurry boundaries, and idealizing the partner.

UNDER STRESS (WATER)

They tend to: takes it personally, retreats or floods. What helps: reassurance, tenderness, patience. You might say: “I care about you. You are not in trouble. Tell me what’s going on inside.”

A SMALL PRACTICE

Keep hold of your own shape. Love is two people, not one blur.



YOUR SIGN’S CIRCLE

Natural flow
♋ Cancer, ♏ Scorpio

Natural allies
♉ Taurus, ♑ Capricorn

Magnetic opposite
♍ Virgo

CHAPTER 5

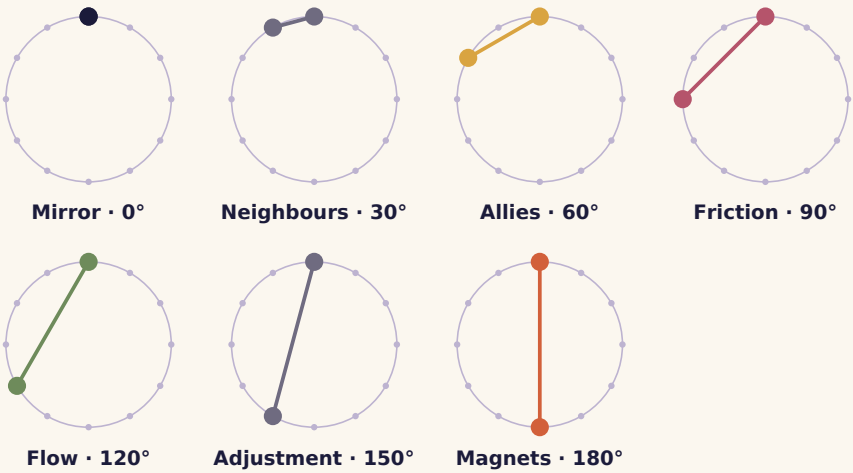
Reading the Angles Between Two Signs



Count the signs between yours and discover the shape of your dynamic.

*Astrologers describe the relationship between two signs by the distance between them on the wheel, called an **aspect**. You don't need any maths: just count how many signs lie between yours and theirs, going the shorter way round.*

Example: Leo to Scorpio. Leo → Virgo → Libra → Scorpio is three steps, which is a **Friction** (square) aspect. Same-sign couples are **Mirrors**; signs six apart are **Magnets** (opposites).



Signs apart: 0 = Mirror · 1 = Neighbours · 2 = Allies · 3 = Friction · 4 = Flow · 5 = Adjustment · 6 = Magnets

Mirror · 0°

EASE ★★★★☆ SPARK ★★★☆☆

You are mirrors: instant familiarity, and a double dose of the same blind spots. Let each other be honest, kind mirrors.

Neighbours · 30°

EASE ★★★☆☆ SPARK ★★☆☆☆

Next-door signs share almost nothing in style. Curiosity is the bridge; assume nothing and ask everything.

Allies · 60°

EASE ★★★★☆ SPARK ★★★☆☆

Natural friends with compatible elements. Little effort keeps this warm, so invest the effort in deepening it.

Friction · 90°

EASE ★★☆☆☆ SPARK ★★★★☆

Same modality, different elements: you push in the same way toward different goals. Negotiate; don’t compete.

Flow · 120°

EASE ★★★★★ SPARK ★★★☆☆

Same element, so an easy shared language. Guard against comfort turning into complacency.

Adjustment · 150°

EASE ★★☆☆☆ SPARK ★★★☆☆

Nothing obvious in common, so constant fine-tuning. Create a few rituals that belong only to you two.

Magnets · 180°

EASE ★★☆☆☆ SPARK ★★★★★

Opposites that complete each other. Avoid casting each other as “the problem”; own the half you are projecting.

A CAUTION

Ease and spark are not the same as success. The easiest pairings can drift into boredom, and the most challenging ones can become the most passionate and growth-filled. What decides the outcome is attention, honesty and kindness, which you control.

CHAPTER 6

Ten Elemental Pairings

What to focus on, what to watch for, and one thing to try, for every combination of elements.



Find the elements of you and your partner (see Chapter 2), then read the matching page. Where partners have different elements, the page covers both directions of the pairing.

	Fire	Earth	Air	Water
Fire	EASE ★★★★☆ SPARK ★★★★★	EASE ★★★☆☆ SPARK ★★★☆☆	EASE ★★★★★ SPARK ★★★★☆	EASE ★★☆☆☆ SPARK ★★★★☆
Earth	EASE ★★★☆☆ SPARK ★★★☆☆	EASE ★★★★★ SPARK ★★★☆☆	EASE ★★★☆☆ SPARK ★★★☆☆	EASE ★★★★★ SPARK ★★★★☆
Air	EASE ★★★★★ SPARK ★★★★☆	EASE ★★★☆☆ SPARK ★★★☆☆	EASE ★★★★★ SPARK ★★★☆☆	EASE ★★★☆☆ SPARK ★★★☆☆
Water	EASE ★★☆☆☆ SPARK ★★★★☆	EASE ★★★★★ SPARK ★★★★☆	EASE ★★★☆☆ SPARK ★★★☆☆	EASE ★★★★☆ SPARK ★★★★☆

Ratings are a guide to *how much natural help* a pairing has, not how happy it can be.



Fire and Fire

Two flames, one bonfire

Aries · Leo · Sagittarius with each other

EASE ★★★★☆ SPARK ★★★★★

The chemistry

Fire with Fire is fast, funny and passionate. You say yes to the same adventures, forgive quickly and refuse to let life get dull. When it works, it feels like being best friends with someone who also sets your pulse racing.

WHAT WORKS

- Shared adventures and spontaneity
- Honesty with no games
- Quick recovery after arguments
- Mutual cheerleading

WHERE IT GETS TRICKY

- Two egos wanting the lead role
- Explosive arguments that escalate in seconds
- Burning bright, then burning out
- Impatience with each other’s tender moments

FOCUS FOR LONG-TERM LOVE

- Take turns leading, in plans and in conversation
- Build a cooling-off ritual: ten minutes apart, then return
- Celebrate each other’s wins out loud
- Practice slowness: long dinners, long touch, long talks

TRY THIS

At the end of each day, each of you names one thing you admire about the other that has nothing to do with achievement. Let it land. No comeback, no joke.

✦ ***Through the lens of Abraham-Hicks:*** *Abraham’s teaching on appreciation fits Fire perfectly: your natural energy rises when attention rests on what you love.*



Fire and Earth

The hearth and the hearthstone

Aries/Leo/Sagittarius with Taurus/Virgo/Capricorn

EASE ★★★☆☆ SPARK ★★★☆☆

The chemistry

Fire brings momentum and vision; Earth brings stability and follow-through. Fire lifts Earth out of ruts, and Earth gives Fire something solid to build on. Together you can create a life that is both exciting and secure.

WHAT WORKS

- Fire dreams, Earth builds
- Earth makes Fire feel safe; Fire makes Earth feel alive
- Complementary strengths in money and ambition
- Deep loyalty once trust is set

WHERE IT GETS TRICKY

- Fire feels restrained; Earth feels rushed
- Disagreements about spending, risk and routine
- Fire’s promises that don’t get followed through
- Earth’s “no” that sounds like criticism

FOCUS FOR LONG-TERM LOVE

- Agree on a shared rhythm: some structure, some spontaneity
- Keep an “adventure budget” and a “rest budget”
- Fire: follow through on what you say. Earth: say yes sometimes
- Appreciate that the other’s pace is a gift, not a flaw

TRY THIS

Plan one planned-spontaneous date each month: Earth chooses the evening, Fire chooses one surprise inside it.

✦ ***Through the lens of Alan Watts:*** *Alan Watts spoke about the anxious grasp for security. Earth grips it, Fire flees it, and you each grow by loosening your hold.*



Fire and Air

Oxygen for the flame

Aries/Leo/Sagittarius with Gemini/Libra/Aquarius

EASE ★★★★★ SPARK ★★★★☆

The chemistry

Air feeds Fire, and Fire gives Air a reason to move. Ideas become action, conversations become adventures, and everything is lighter and brighter. This is one of astrology's classic "easy" pairings.

WHAT WORKS

- Stimulating conversation and shared curiosity
- Social, playful, and open-minded
- Freedom for both
- Ideas turned into action

WHERE IT GETS TRICKY

- Neither enjoys heavy emotional processing
- Air's detachment can leave Fire feeling unfelt
- Fire's intensity can scatter Air's calm
- Staying light so long that depth never arrives

FOCUS FOR LONG-TERM LOVE

- Add depth rituals: a weekly "how are we, really?" talk
- Fire: slow down and listen. Air: show feelings, not just thoughts
- Keep novelty alive without avoiding intimacy
- Practice staying with discomfort for five minutes

TRY THIS

Take a "feelings walk" once a week: walk side by side and answer only with feelings, never opinions or plans.

✦ ***Through the lens of Carl Jung:*** *Jung described four functions: thinking, feeling, sensing, intuition. Fire and Air live mostly in intuition and thinking. The growth edge is feeling.*



Fire and Water

Steam, power and tenderness

Aries/Leo/Sagittarius with Cancer/Scorpio/Pisces

EASE ★★☆☆☆ SPARK ★★★★☆

The chemistry

Fire acts; Water feels. Together they can make steam: transformative, powerful, and occasionally scalding. Fire protects Water's heart with courage, and Water teaches Fire the depth beneath the heat.

WHAT WORKS

- Fire's courage and Water's intuition make a potent team
- Deep, passionate chemistry
- Fire learns emotional depth; Water learns boldness
- Fiercely protective of each other

WHERE IT GETS TRICKY

- Fire's bluntness bruises Water
- Water's moods can dampen Fire's enthusiasm
- Fire wants to fix and move on; Water wants to feel first
- Misreading each other's silence

FOCUS FOR LONG-TERM LOVE

- Fire: soften your voice and slow your reaction
- Water: say it in words, not hints or sighs
- Offer a "weather report" each day: how you feel inside
- Honor both speeds: Fire's action and Water's processing

TRY THIS

Use Teal Swan-style need translation: "When ___ happens, I feel ___, and I need ___." Fire practices the feeling word; Water practices the need.

✦ ***Through the lens of Teal Swan:*** *Teal Swan teaches that every feeling points to a need. Fire needs to hear this; Water already knows it and needs to say it.*



Earth and Earth

Two roots, one forest

Taurus · Virgo · Capricorn with each other

EASE ★★★★★ SPARK ★★★☆☆

The chemistry

Earth with Earth is steady, sensual and trustworthy. You share values about loyalty, money, home and building something lasting. The relationship feels safe in a way many people spend years searching for.

WHAT WORKS

- Shared goals and a dependable partnership
- Sensual, comforting intimacy
- Respect for each other's work
- Practical support in daily life

WHERE IT GETS TRICKY

- Comfortable routines turning into ruts
- Feelings left unspoken because "it should be obvious"
- Work and money crowding out romance
- Two stubborn people holding their positions

FOCUS FOR LONG-TERM LOVE

- Schedule play, romance and surprise on purpose
- Name feelings out loud, even when it feels unnecessary
- Draw a boundary around work hours
- Practice yielding: the first one to soften wins

TRY THIS

Once a week, spend one unplanned hour together: no list, no purpose, no productivity. Watts called this being in the dance rather than racing to the end of the song.

✦ ***Through the lens of Alan Watts:*** *Alan Watts: music is not played to reach the final chord. Earth couples learn to enjoy the playing, not only the building.*



Earth and Water

The garden

Taurus/Virgo/Capricorn with Cancer/Scorpio/Pisces

EASE ★★★★★ SPARK ★★★★☆

The chemistry

Earth holds Water so it can flow without flooding; Water nourishes Earth so it can flower. This is the garden pairing: nurturing, devoted and deeply loyal, with a strong instinct to build a home together.

WHAT WORKS

- Emotional security and practical stability
- Deep loyalty and tenderness
- Home-building and family instinct
- Earth steadies Water; Water softens Earth

WHERE IT GETS TRICKY

- Earth fixes problems when Water wants to be heard
- Water's moods can feel unpredictable to Earth
- Both can become possessive or withhold
- Silent resentment on both sides

FOCUS FOR LONG-TERM LOVE

- Earth: validate before you fix ("That sounds hard")
- Water: ground big feelings in specifics Earth can act on
- Keep physical affection alive daily
- Say the small hurt early, before it grows

TRY THIS

When a problem arises, start with three sentences of listening before any solution. Earth may set a quiet timer on their phone as a reminder.

✦ ***Through the lens of Teal Swan:*** *Teal Swan emphasizes being truly heard. For this pairing, being heard is often the entire solution.*



Earth and Air

Roots and wings

Taurus/Virgo/Capricorn with Gemini/Libra/Aquarius

EASE ★★★☆☆ SPARK ★★★☆☆

The chemistry

Earth wants to build; Air wants to explore. At their best, Earth gives Air a home to return to, and Air gives Earth fresh perspectives and fresh air. At their worst, it feels like stability against freedom.

WHAT WORKS

- Earth stabilizes; Air expands
- Interesting contrasts that keep curiosity alive
- Practical plus intellectual strengths
- Balanced social and private life

WHERE IT GETS TRICKY

- Earth reads Air as unreliable; Air reads Earth as rigid
- Different communication styles: plain versus abstract
- Air’s detachment, Earth’s stubbornness
- Disagreement about change and spontaneity

FOCUS FOR LONG-TERM LOVE

- Combine structure and novelty: planned routines with wild cards
- Earth: give Air real freedom. Air: give Earth real reliability
- Clarify expectations instead of assuming
- Respect that Air needs space, Earth needs security

TRY THIS

Try a plan-and-wander date: Earth plans the destination and time, Air chooses what happens after you arrive.

✦ ***Through the lens of Carl Jung:*** *Jung believed the tension between opposites, held patiently, can produce a new, higher third thing. Roots and wings can become flight with a home.*



Air and Air

Two minds, one sky

Gemini · Libra · Aquarius with each other

EASE ★★★★★ SPARK ★★★☆☆

The chemistry

Air with Air is the meeting of minds: playful, social, curious and wonderfully communicative. You are friends first and lovers second, and you never run out of things to talk about.

WHAT WORKS

- Rich conversation and shared ideas
- Friendship and fun at the core
- Respect for independence
- Easy social life together

WHERE IT GETS TRICKY

- Too much head, not enough heart or body
- Avoiding conflict until it surfaces sideways
- Drifting apart without noticing
- Indecision about practical matters

FOCUS FOR LONG-TERM LOVE

- Add embodied intimacy: touch, shared meals, long hugs
- Name emotions plainly: “I feel sad,” not “It’s interesting that…”
- Make decisions together and keep them
- Check in on closeness, not only on ideas

TRY THIS

Once a day, say a sentence that begins with “I feel” and ends with a feeling word, not a thought. Practice makes it natural.

✦ ***Through the lens of Abraham-Hicks:*** *Abraham’s teaching says emotion is guidance. Air couples benefit from feeling their thoughts, not only thinking them.*



Air and Water

Wind on the waves

Gemini/Libra/Aquarius with Cancer/Scorpio/Pisces

EASE ★★★☆☆ SPARK ★★★☆☆

The chemistry

Air thinks; Water feels. Together you can reach insight and compassion at once, but only if you translate between each other. Air can name what Water feels; Water can give Air's ideas warmth.

WHAT WORKS

- Insight plus empathy
- Air gives perspective; Water gives depth
- Creative and imaginative together
- Complementary social and emotional skills

WHERE IT GETS TRICKY

- Air's detachment feels like dismissal to Water
- Water's intensity feels like engulfment to Air
- Humor used to dodge feelings
- Different timelines for processing

FOCUS FOR LONG-TERM LOVE

- Air: say the feeling before the idea
- Water: use words, not silence or hints
- Agree on a sign that means "I need a minute"
- Build a shared vocabulary for feelings and needs

TRY THIS

Use the sentence: "I feel ___ and I need ___." Air practices the first half; Water practices the second.

✦ ***Through the lens of Teal Swan:*** *Teal Swan's focus on feelings and needs gives this couple a common language.*



Water and Water

Two oceans, one tide

Cancer · Scorpio · Pisces with each other

EASE ★★★★☆ SPARK ★★★★☆

The chemistry

Water with Water is deeply intuitive, empathic and emotionally rich. You often sense each other's moods before a word is said. The bond can feel almost telepathic, safe and soulful.

WHAT WORKS

- Profound emotional understanding
- Intuitive, tender, caring
- Spiritual and creative connection
- Loyalty and devotion

WHERE IT GETS TRICKY

- Emotional contagion: one mood becomes both
- Enmeshment: losing your separate self
- Avoiding direct confrontation
- Jealousy, hurt and withdrawal cycles

FOCUS FOR LONG-TERM LOVE

- Maintain separate friendships and interests
- Ground in the body: walks, exercise, regular sleep
- Name what is yours and what is theirs
- Speak plainly even when it feels risky

TRY THIS

Keep an "emotional checkpoint" each evening: each says, "Today I felt ___. This is mine. What I need from you is ___."

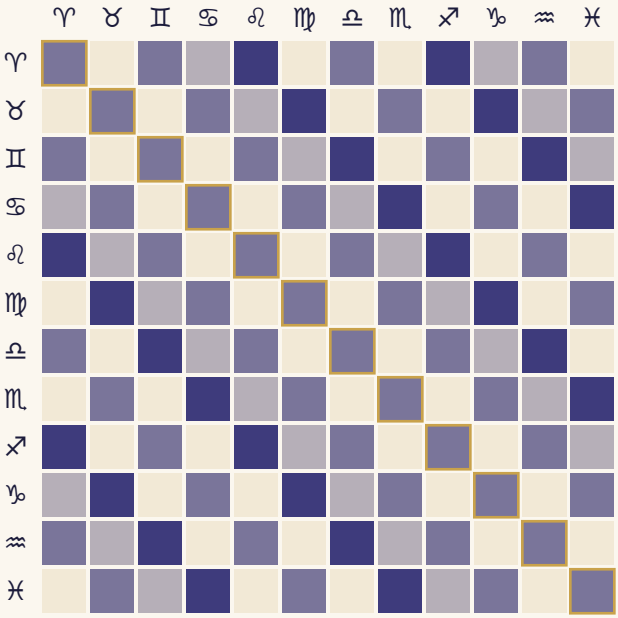
✦ ***Through the lens of Carl Jung:*** *Jung's idea of projection is key for Water couples: practice asking, "Is this feeling mine, or am I absorbing yours?"*

CHAPTER 7

Your Sign, Every Partner

A full compatibility map, followed by one page for each sign and each of its twelve possible partners.

Darker squares mean more built-in help between two signs; lighter squares ask for more conscious effort, and often reward it richly. Gold outlines mark same-sign pairs.



Dynamic is the angle between your signs (Chapter 5). **Ease** is how naturally you understand each other; **Spark** is how strongly you attract or challenge each other. **Focus** names what you bring together and the shadow habit each of you should watch. These are conversation starters: charts also include Moon, Venus and Mars (Chapters 9 and 10).



Aries with...

Fire · Cardinal

All twelve partners

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled bold initiative and doubled impatience. Be each other's kind mirror.
♉ **Taurus**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Bold initiative + steady devotion. Watch: their stubbornness, your impatience.
♊ **Gemini**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Bold initiative + playful curiosity. Watch: their scattered focus, your impatience.
♋ **Cancer**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Bold initiative + tender care. Watch: their moodiness, your impatience.
♌ **Leo**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Bold initiative + warm generosity. Watch: their pride, your impatience.
♍ **Virgo**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Bold initiative + thoughtful service. Watch: their over-criticism, your impatience.
♎ **Libra**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Bold initiative + grace and fairness. Watch: their avoiding conflict, your impatience.
♏ **Scorpio**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Bold initiative + deep loyalty. Watch: their jealous control, your impatience.
♐ **Sagittarius**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Bold initiative + joyful honesty. Watch: their restlessness, your impatience.
♑ **Capricorn**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Bold initiative + dependable commitment. Watch: their emotional reserve, your impatience.
♒ **Aquarius**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Bold initiative + original friendship. Watch: their detachment, your impatience.
♓ **Pisces**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Bold initiative + boundless compassion. Watch: their escapism, your impatience.



Taurus with...

Earth · Fixed

All twelve partners

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Steady devotion + bold initiative. Watch: their impatience, your stubbornness.
♉ **Taurus**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled steady devotion and doubled stubbornness. Be each other's kind mirror.
♊ **Gemini**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Steady devotion + playful curiosity. Watch: their scattered focus, your stubbornness.
♋ **Cancer**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Steady devotion + tender care. Watch: their moodiness, your stubbornness.
♌ **Leo**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Steady devotion + warm generosity. Watch: their pride, your stubbornness.
♍ **Virgo**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Steady devotion + thoughtful service. Watch: their over-criticism, your stubbornness.
♎ **Libra**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Steady devotion + grace and fairness. Watch: their avoiding conflict, your stubbornness.
♏ **Scorpio**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Steady devotion + deep loyalty. Watch: their jealous control, your stubbornness.
♐ **Sagittarius**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Steady devotion + joyful honesty. Watch: their restlessness, your stubbornness.
♑ **Capricorn**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Steady devotion + dependable commitment. Watch: their emotional reserve, your stubbornness.
♒ **Aquarius**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Steady devotion + original friendship. Watch: their detachment, your stubbornness.
♓ **Pisces**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Steady devotion + boundless compassion. Watch: their escapism, your stubbornness.



Gemini with...

All twelve partners

Air · Mutable

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Playful curiosity + bold initiative. Watch: their impatience, your scattered focus.
♉ **Taurus**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Playful curiosity + steady devotion. Watch: their stubbornness, your scattered focus.
♊ **Gemini**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled playful curiosity and doubled scattered focus. Be each other's kind mirror.
♋ **Cancer**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Playful curiosity + tender care. Watch: their moodiness, your scattered focus.
♌ **Leo**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Playful curiosity + warm generosity. Watch: their pride, your scattered focus.
♍ **Virgo**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Playful curiosity + thoughtful service. Watch: their over-criticism, your scattered focus.
♎ **Libra**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Playful curiosity + grace and fairness. Watch: their avoiding conflict, your scattered focus.
♏ **Scorpio**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Playful curiosity + deep loyalty. Watch: their jealous control, your scattered focus.
♐ **Sagittarius**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Playful curiosity + joyful honesty. Watch: their restlessness, your scattered focus.
♑ **Capricorn**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Playful curiosity + dependable commitment. Watch: their emotional reserve, your scattered focus.
♒ **Aquarius**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Playful curiosity + original friendship. Watch: their detachment, your scattered focus.
♓ **Pisces**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Playful curiosity + boundless compassion. Watch: their escapism, your scattered focus.



Cancer with...

All twelve partners

Water · Cardinal

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Tender care + bold initiative. Watch: their impatience, your moodiness.
♉ **Taurus**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Tender care + steady devotion. Watch: their stubbornness, your moodiness.
♊ **Gemini**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Tender care + playful curiosity. Watch: their scattered focus, your moodiness.
♋ **Cancer**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled tender care and doubled moodiness. Be each other's kind mirror.
♌ **Leo**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Tender care + warm generosity. Watch: their pride, your moodiness.
♍ **Virgo**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Tender care + thoughtful service. Watch: their over-criticism, your moodiness.
♎ **Libra**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Tender care + grace and fairness. Watch: their avoiding conflict, your moodiness.
♏ **Scorpio**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Tender care + deep loyalty. Watch: their jealous control, your moodiness.
♐ **Sagittarius**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Tender care + joyful honesty. Watch: their restlessness, your moodiness.
♑ **Capricorn**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Tender care + dependable commitment. Watch: their emotional reserve, your moodiness.
♒ **Aquarius**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Tender care + original friendship. Watch: their detachment, your moodiness.
♓ **Pisces**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Tender care + boundless compassion. Watch: their escapism, your moodiness.



Leo with...

Fire · Fixed

All twelve partners

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Warm generosity + bold initiative. Watch: their impatience, your pride.
♉ **Taurus**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Warm generosity + steady devotion. Watch: their stubbornness, your pride.
♊ **Gemini**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Warm generosity + playful curiosity. Watch: their scattered focus, your pride.
♋ **Cancer**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Warm generosity + tender care. Watch: their moodiness, your pride.
♌ **Leo**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled warm generosity and doubled pride. Be each other's kind mirror.
♍ **Virgo**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Warm generosity + thoughtful service. Watch: their over-criticism, your pride.
♎ **Libra**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Warm generosity + grace and fairness. Watch: their avoiding conflict, your pride.
♏ **Scorpio**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Warm generosity + deep loyalty. Watch: their jealous control, your pride.
♐ **Sagittarius**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Warm generosity + joyful honesty. Watch: their restlessness, your pride.
♑ **Capricorn**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Warm generosity + dependable commitment. Watch: their emotional reserve, your pride.
♒ **Aquarius**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Warm generosity + original friendship. Watch: their detachment, your pride.
♓ **Pisces**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Warm generosity + boundless compassion. Watch: their escapism, your pride.



Partner	Dynamic	Ratings	Focus
♈ **Aries**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Thoughtful service + bold initiative. Watch: their impatience, your over-criticism.
♉ **Taurus**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Thoughtful service + steady devotion. Watch: their stubbornness, your over-criticism.
♊ **Gemini**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Thoughtful service + playful curiosity. Watch: their scattered focus, your over-criticism.
♋ **Cancer**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Thoughtful service + tender care. Watch: their moodiness, your over-criticism.
♌ **Leo**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Thoughtful service + warm generosity. Watch: their pride, your over-criticism.
♍ **Virgo**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled thoughtful service and doubled over-criticism. Be each other's kind mirror.
♎ **Libra**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Thoughtful service + grace and fairness. Watch: their avoiding conflict, your over-criticism.
♏ **Scorpio**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Thoughtful service + deep loyalty. Watch: their jealous control, your over-criticism.
♐ **Sagittarius**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Thoughtful service + joyful honesty. Watch: their restlessness, your over-criticism.
♑ **Capricorn**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Thoughtful service + dependable commitment. Watch: their emotional reserve, your over-criticism.
♒ **Aquarius**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Thoughtful service + original friendship. Watch: their detachment, your over-criticism.
♓ **Pisces**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Thoughtful service + boundless compassion. Watch: their escapism, your over-criticism.



Libra with...

Air · Cardinal

All twelve partners

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Grace and fairness + bold initiative. Watch: their impatience, your avoiding conflict.
♉ **Taurus**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Grace and fairness + steady devotion. Watch: their stubbornness, your avoiding conflict.
♊ **Gemini**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Grace and fairness + playful curiosity. Watch: their scattered focus, your avoiding conflict.
♋ **Cancer**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Grace and fairness + tender care. Watch: their moodiness, your avoiding conflict.
♌ **Leo**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Grace and fairness + warm generosity. Watch: their pride, your avoiding conflict.
♍ **Virgo**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Grace and fairness + thoughtful service. Watch: their over-criticism, your avoiding conflict.
♎ **Libra**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled grace and fairness and doubled avoiding conflict. Be each other's kind mirror.
♏ **Scorpio**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Grace and fairness + deep loyalty. Watch: their jealous control, your avoiding conflict.
♐ **Sagittarius**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Grace and fairness + joyful honesty. Watch: their restlessness, your avoiding conflict.
♑ **Capricorn**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Grace and fairness + dependable commitment. Watch: their emotional reserve, your avoiding conflict.
♒ **Aquarius**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Grace and fairness + original friendship. Watch: their detachment, your avoiding conflict.
♓ **Pisces**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Grace and fairness + boundless compassion. Watch: their escapism, your avoiding conflict.



Partner	Dynamic	Ratings	Focus
♈ **Aries**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Deep loyalty + bold initiative. Watch: their impatience, your jealous control.
♉ **Taurus**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Deep loyalty + steady devotion. Watch: their stubbornness, your jealous control.
♊ **Gemini**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Deep loyalty + playful curiosity. Watch: their scattered focus, your jealous control.
♋ **Cancer**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Deep loyalty + tender care. Watch: their moodiness, your jealous control.
♌ **Leo**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Deep loyalty + warm generosity. Watch: their pride, your jealous control.
♍ **Virgo**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Deep loyalty + thoughtful service. Watch: their over-criticism, your jealous control.
♎ **Libra**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Deep loyalty + grace and fairness. Watch: their avoiding conflict, your jealous control.
♏ **Scorpio**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled deep loyalty and doubled jealous control. Be each other's kind mirror.
♐ **Sagittarius**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Deep loyalty + joyful honesty. Watch: their restlessness, your jealous control.
♑ **Capricorn**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Deep loyalty + dependable commitment. Watch: their emotional reserve, your jealous control.
♒ **Aquarius**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Deep loyalty + original friendship. Watch: their detachment, your jealous control.
♓ **Pisces**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Deep loyalty + boundless compassion. Watch: their escapism, your jealous control.



Sagittarius with... All twelve partners

Fire · Mutable

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Joyful honesty + bold initiative. Watch: their impatience, your restlessness.
♉ **Taurus**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Joyful honesty + steady devotion. Watch: their stubbornness, your restlessness.
♊ **Gemini**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Joyful honesty + playful curiosity. Watch: their scattered focus, your restlessness.
♋ **Cancer**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Joyful honesty + tender care. Watch: their moodiness, your restlessness.
♌ **Leo**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Joyful honesty + warm generosity. Watch: their pride, your restlessness.
♍ **Virgo**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Joyful honesty + thoughtful service. Watch: their over-criticism, your restlessness.
♎ **Libra**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Joyful honesty + grace and fairness. Watch: their avoiding conflict, your restlessness.
♏ **Scorpio**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Joyful honesty + deep loyalty. Watch: their jealous control, your restlessness.
♐ **Sagittarius**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled joyful honesty and doubled restlessness. Be each other's kind mirror.
♑ **Capricorn**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Joyful honesty + dependable commitment. Watch: their emotional reserve, your restlessness.
♒ **Aquarius**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Joyful honesty + original friendship. Watch: their detachment, your restlessness.
♓ **Pisces**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Joyful honesty + boundless compassion. Watch: their escapism, your restlessness.



Capricorn with...

All twelve partners

Earth · Cardinal

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Dependable commitment + bold initiative. Watch: their impatience, your emotional reserve.
♉ **Taurus**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Dependable commitment + steady devotion. Watch: their stubbornness, your emotional reserve.
♊ **Gemini**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Dependable commitment + playful curiosity. Watch: their scattered focus, your emotional reserve.
♋ **Cancer**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Dependable commitment + tender care. Watch: their moodiness, your emotional reserve.
♌ **Leo**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Dependable commitment + warm generosity. Watch: their pride, your emotional reserve.
♍ **Virgo**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Dependable commitment + thoughtful service. Watch: their over-criticism, your emotional reserve.
♎ **Libra**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Dependable commitment + grace and fairness. Watch: their avoiding conflict, your emotional reserve.
♏ **Scorpio**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Dependable commitment + deep loyalty. Watch: their jealous control, your emotional reserve.
♐ **Sagittarius**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Dependable commitment + joyful honesty. Watch: their restlessness, your emotional reserve.
♑ **Capricorn**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled dependable commitment and doubled emotional reserve. Be each other’s kind mirror.
♒ **Aquarius**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Dependable commitment + original friendship. Watch: their detachment, your emotional reserve.
♓ **Pisces**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Dependable commitment + boundless compassion. Watch: their escapism, your emotional reserve.



Aquarius with...

All twelve partners

Air · Fixed

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Original friendship + bold initiative. Watch: their impatience, your detachment.
♉ **Taurus**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Original friendship + steady devotion. Watch: their stubbornness, your detachment.
♊ **Gemini**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Original friendship + playful curiosity. Watch: their scattered focus, your detachment.
♋ **Cancer**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Original friendship + tender care. Watch: their moodiness, your detachment.
♌ **Leo**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Original friendship + warm generosity. Watch: their pride, your detachment.
♍ **Virgo**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Original friendship + thoughtful service. Watch: their over-criticism, your detachment.
♎ **Libra**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Original friendship + grace and fairness. Watch: their avoiding conflict, your detachment.
♏ **Scorpio**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Original friendship + deep loyalty. Watch: their jealous control, your detachment.
♐ **Sagittarius**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Original friendship + joyful honesty. Watch: their restlessness, your detachment.
♑ **Capricorn**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Original friendship + dependable commitment. Watch: their emotional reserve, your detachment.
♒ **Aquarius**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled original friendship and doubled detachment. Be each other’s kind mirror.
♓ **Pisces**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Original friendship + boundless compassion. Watch: their escapism, your detachment.



Pisces with...

Water · Mutable

All twelve partners

Partner	Dynamic	Ratings	Focus
♈ **Aries**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Boundless compassion + bold initiative. Watch: their impatience, your escapism.
♉ **Taurus**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Boundless compassion + steady devotion. Watch: their stubbornness, your escapism.
♊ **Gemini**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Boundless compassion + playful curiosity. Watch: their scattered focus, your escapism.
♋ **Cancer**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Boundless compassion + tender care. Watch: their moodiness, your escapism.
♌ **Leo**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Boundless compassion + warm generosity. Watch: their pride, your escapism.
♍ **Virgo**	Magnets	EASE ★★☆☆☆ SPARK ★★★★★	Boundless compassion + thoughtful service. Watch: their over-criticism, your escapism.
♎ **Libra**	Adjustment	EASE ★★☆☆☆ SPARK ★★★☆☆	Boundless compassion + grace and fairness. Watch: their avoiding conflict, your escapism.
♏ **Scorpio**	Flow	EASE ★★★★★ SPARK ★★★☆☆	Boundless compassion + deep loyalty. Watch: their jealous control, your escapism.
♐ **Sagittarius**	Friction	EASE ★★☆☆☆ SPARK ★★★★☆	Boundless compassion + joyful honesty. Watch: their restlessness, your escapism.
♑ **Capricorn**	Allies	EASE ★★★★☆ SPARK ★★★☆☆	Boundless compassion + dependable commitment. Watch: their emotional reserve, your escapism.
♒ **Aquarius**	Neighbours	EASE ★★★☆☆ SPARK ★★☆☆☆	Boundless compassion + original friendship. Watch: their detachment, your escapism.
♓ **Pisces**	Mirror	EASE ★★★★☆ SPARK ★★★☆☆	Doubled boundless compassion and doubled escapism. Be each other's kind mirror.

CHAPTER 8

When It Gets Hard: Conflict First Aid



Five moves that bring any couple back from the edge, and what each element needs when stressed.

Every couple argues. What predicts a lasting love isn't whether you fight, but whether you repair. Here is a simple five-move sequence that draws on all four lenses from Chapter 3.

1 PAUSE Watts	Stop. Breathe. Feel your feet on the floor. If you're flooded, say, "I want to get this right. Can we take twenty minutes?" and then actually return.
2 NAME Teal Swan	Say the feeling and the need in one sentence: "I feel ___, and I need ___." Avoid "you always" and "you never."
3 LOOK IN Jung	Ask: what part of my reaction is mine? Who does this remind me of? Which trait of theirs am I judging that I secretly share?
4 REACH Abraham-Hicks	Climb one rung. Name one thing you appreciate about your partner right now, and mean it. Let the temperature drop.
5 REPAIR All four	Make one clear request. Offer a small gesture: a touch, a laugh, a cup of tea. Agree on one thing you'll each do differently.

PHRASES THAT HELP

- “I can see why that felt hurtful.”
- “Help me understand what that was like for you.”
- “I’m on your side, even though we’re disagreeing.”
- “What do you need from me right now?”

PHRASES TO RETIRE

- “You always…” and “You never…”
- “You’re just like your mother/father.”
- “Calm down.”
- “Whatever.” (or the silent version of it)

What each element needs under stress

Element	Under stress they…	They need…	Try saying…
Fire	Snaps, gets loud, wants to act now	Respect, space to cool, a fair fight	“I’m on your side. Take ten minutes, then let’s talk.”
Earth	Goes quiet, rigid, practical, withholding	Safety, reliability, no pressure	“No rush. I’m not going anywhere. Tell me when you’re ready.”
Air	Overthinks, jokes, withdraws into logic	Space to think, gentle curiosity	“I’d love to hear your thoughts, and also how it feels.”
Water	Takes it personally, retreats or floods	Reassurance, tenderness, patience	“I care about you. You are not in trouble. Tell me what’s going on inside.”

WHEN TO GET HELP

Couples therapy is not a failure. It is a skilled third party who helps you hear each other. If there is contempt, fear, control, or any form of abuse, seek professional support. A horoscope should never be the reason you stay in, or leave, a situation without proper help.

CHAPTER 9

Beyond the Sun: Moon, Venus and Mars



Your Sun sign is the headline. These three placements are the love story.

The Sun sign, the one in your birthday horoscope, describes your core identity. Three other placements say more about how you love. Any free birth-chart tool will show them if you enter your date, time and place of birth.

☽ **The Moon**
Your emotional needs: what makes you feel safe, soothed and at home. Compare Moon signs to see how you each handle feelings, and how you comfort each other.

♀ **Venus**
How you give and receive love: what attracts you, what feels romantic, and what you value. Matching Venus elements often feels like “being loved the right way.”

♂ **Mars**
Desire, drive, and anger: how you pursue, how you argue, and how you act on attraction. Compatible Mars signs fight fairly and flirt well.

↑ **The Rising Sign**
The face you show first. It shapes first impressions and the style of your early connection.

A simple method for deeper compatibility

- Look up both birth charts and write down Sun, Moon and Venus for each of you.
- Use Chapters 6 and 7 for each pair: Sun with Sun, Moon with Moon, Venus with Venus.
- Weight them by what matters to you: Moon for emotional safety, Venus for romance and affection, Mars for passion and conflict.
- Treat clashes as places to practise, not as warnings. A Sun–Sun challenge softened by a Moon–Moon flow is a perfectly livable story.

EXAMPLE

A Gemini Sun (Air) with a Taurus Sun (Earth) may feel the pull of "roots versus wings." But if both have a Water Moon, their emotional needs may be remarkably aligned: both want tenderness and reassurance, and both can build a safe place to feel.

CHAPTER 10

Moon, Venus and Mars by Sign



Three small pages that reveal how each person feels, loves and fights.

Once you know the Moon, Venus and Mars signs for you and your partner, the next three pages tell you what each placement means in each sign. They are short on purpose: read your own first, then theirs.

How to use these pages

- **Moon** shows what you need to feel emotionally safe. Match it with your partner’s and you learn how to comfort each other.
- **Venus** shows how you give and receive love. Match it with theirs and you learn each other’s love language.
- **Mars** shows how you desire, pursue and argue. Match it with theirs and you learn how to fight fairly and flirt well.
- To compare two placements, find each sign’s element and read the matching pairing page in Chapter 6, or the sign pair page in Chapter 7.
- A free birth-chart calculator needs your date, time and place of birth. If you don’t know the birth time, check the Moon sign carefully, since it can change signs within a day.

EXAMPLE

Maya has a Gemini Sun, a Cancer Moon, a Libra Venus and a Leo Mars. Her partner has a Taurus Sun, a Pisces Moon, a Taurus Venus and an Aries Mars. Their Suns lean “roots versus wings,” but their Moons are both Water: both need tenderness and quiet closeness. That shared emotional language softens the Sun difference.



The Moon in each sign

What you need to feel safe

Sign	What it means
♈ **Aries**	Feels safest reacting honestly and moving on. Calms through action and a quick, warm reset. Needs room to vent, and no lingering sulks.
♉ **Taurus**	Soothed by touch, good food and routine. Slow to upset, slow to settle. Needs calm, consistency and no sudden changes.
♊ **Gemini**	Processes feelings by talking them through. Needs a good listener and a light touch. Can explain feelings instead of feeling them.
♋ **Cancer**	Deep and tidal. Needs home, reassurance and to be remembered. Retreats when hurt, and heals when held.
♌ **Leo**	Needs to feel adored, appreciated and secure in loyalty. Warms to sincere praise. Hurt pride can show up as bluster.
♍ **Virgo**	Calms through order, usefulness and small tasks. Anxious in chaos. Needs reassurance that they are already enough.
♎ **Libra**	Needs harmony and gentle company. Unsettled by conflict, and may hide feelings to keep the peace. Needs to be asked, kindly.
♏ **Scorpio**	Feels intensely and privately. Needs trust and honesty. Processes alone first, then opens up to someone safe.
♐ **Sagittarius**	Needs freedom, humor and perspective. Cheers up by moving, travelling or laughing. Dislikes emotional heaviness.
♑ **Capricorn**	Reserved, with deep feeling underneath. Feels safe when responsibilities are handled. Needs respect and gentle invitations to open up.
♒ **Aquarius**	Needs space and understanding. Processes through thought. Can feel crowded by intense emotion, and needs acceptance of their ways.
♓ **Pisces**	Absorbs the moods around them. Needs quiet, creativity and tenderness. Needs help keeping their own feelings separate from others'.

♀ Venus in each sign

How you give and receive love

Sign	What it means
♈ **Aries**	Drawn to confidence and the chase. Shows love with bold gestures and wants real passion, honestly expressed.
♉ **Taurus**	Sensual and loyal. Love shows up as touch, good meals and gifts with meaning. Values reliability above all.
♊ **Gemini**	Flirts with words and is attracted to wit. Love is conversation, curiosity and fun, with plenty of variety.
♋ **Cancer**	Nurturing and protective. Shows love by caring, feeding and remembering. Wants security and emotional closeness.
♌ **Leo**	Romantic and generous. Loves grand gestures and being proudly chosen. Wants admiration and a partner who shines with them.
♍ **Virgo**	Loves through acts of service and attention to detail. Attracted to sincerity and modesty. Shy about open romance, deep in devotion.
♎ **Libra**	Elegant, courteous romance. Loves beauty, kindness and true partnership. Wants a relationship that feels balanced and graceful.
♏ **Scorpio**	Magnetic and all-in. Love is intense, private and loyal. Wants depth, truth and complete devotion.
♐ **Sagittarius**	Playful and adventurous. Love means freedom and shared discovery. Attracted to honesty, humor and big ideas.
♑ **Capricorn**	A slow burn with serious intent. Shows love through commitment and reliability. Attracted to competence and integrity.
♒ **Aquarius**	Friendship first. Attracted to originality and independence. Love grows through shared ideals and mutual freedom.
♓ **Pisces**	Dreamy, devoted and soulful. Idealistic about love. Wants a deep, almost spiritual connection and gentle tenderness.



Mars in each sign

How you desire, pursue and argue

Sign	What it means
♈ **Aries**	Direct and fast. Pursues boldly, argues hot, and forgives quickly. Needs a worthy challenge and room to act.
♉ **Taurus**	Slow and steady. Pursues patiently and builds desire over time. Slow to anger, then immovable.
♊ **Gemini**	Pursues through teasing and conversation. Argues with words and quick wit. Energy can scatter across too many interests.
♋ **Cancer**	Indirect and protective. Acts through care, and fights through mood or withdrawal. Learning to say the angry thing plainly is key.
♌ **Leo**	Confident and dramatic. Pursues with flair and fights for pride. Needs respect in the heat of disagreement.
♍ **Virgo**	Precise and subtle. Desire grows through trust and attention to detail. Anger can show up as criticism.
♎ **Libra**	Charming in pursuit and reluctant in conflict. Avoids open argument, and resentment can simmer. Needs to practise saying no.
♏ **Scorpio**	Intense and strategic. Desire runs deep and lasts long. Anger can turn into a cold silence or a quiet vow.
♐ **Sagittarius**	Adventurous and blunt. Pursues with enthusiasm and fights with candor. Quick to flare, quick to move on.
♑ **Capricorn**	Disciplined and ambitious. Pursues steadily toward a goal. Anger is controlled, and sometimes held in for too long.
♒ **Aquarius**	Cool and unconventional. Pursues through ideas and friendship. Argues with logic, and can dig in stubbornly.
♓ **Pisces**	Fluid and indirect. Pursues through imagination and empathy. May avoid confrontation or withdraw instead.

CHAPTER 11

In the Spirit of Linda Goodman: Loving Each Sign



Warm, practical do's and don'ts for the person who loves a Sun sign.

Linda Goodman's Sun Signs and Love Signs shared a gift: they made astrology feel like advice from a witty, wise friend. In that spirit, here is an original, friendly cheat-sheet for each Sun sign. Read the one for your partner, and then the one for yourself.

A REMINDER

These are tendencies, not rules. Any real person is many layers deep. Use the lists as a prompt to ask, *"Is this true for you?"*

♈

Aries

Fire

DO

- Be direct and honest
- Join their adventures
- Let them lead sometimes

DON'T

- Nag or try to manage them
- Play games or hide what you feel

	DO	DON'T
♉ **Taurus** Earth	✦ Be consistent and reliable ✦ Share good meals and slow evenings ✦ Give them time to decide	✦ Rush them ✦ Spring last-minute changes on them
♊ **Gemini** Air	✦ Keep the conversation going ✦ Stay curious about their ideas ✦ Offer variety and surprise	✦ Smother or over-schedule them ✦ Be predictable in every way
♋ **Cancer** Water	✦ Reassure often and warmly ✦ Remember dates and little details ✦ Build home rituals together	✦ Mock their moods ✦ Dismiss their family or past
♌ **Leo** Fire	✦ Praise them sincerely and specifically ✦ Be loyal, in public too ✦ Plan fun and celebrations	✦ Embarrass them in front of others ✦ Ignore their efforts

	DO	DON'T
♍ **Virgo** Earth	✦ Be dependable with small promises ✦ Notice and thank their help ✦ Be honest about problems early	✦ Ridicule their worries ✦ Leave chaos where they must clean it
♎ **Libra** Air	✦ Be considerate and gracious ✦ Add beauty to shared life ✦ Make decisions together	✦ Pressure them to decide on the spot ✦ Raise your voice to win
♏ **Scorpio** Water	✦ Be honest, even when it's hard ✦ Keep their confidences ✦ Show up when it matters	✦ Lie, snoop or test their loyalty ✦ Treat their intensity as too much
♐ **Sagittarius** Fire	✦ Give them real freedom ✦ Laugh together often ✦ Share ideas and adventures	✦ Cling or demand constant updates ✦ Insist on rigid plans



Capricorn
Earth

DO
- Respect their ambition and effort
- Be patient while they open up
- Show appreciation, often

DON'T
- Belittle their goals
- Be flaky about commitments



Aquarius
Air

DO
- Be a true friend first
- Respect their independence
- Welcome their quirks

DON'T
- Demand constant emotional proof
- Try to change who they are



Pisces
Water

DO
- Be gentle in tone
- Make room for their dreams
- Help them keep gentle boundaries

DON'T
- Be harsh or sarcastic
- Take advantage of their generosity

CHAPTER 12

Your Couple’s Workbook

Three pages to fill in together: your chart, your needs, and your shared vision.



Print these pages, or copy the prompts into a journal. Go slowly, and keep your answers kind and honest.

Worksheet 1 · Our Couple’s Chart

	Me	My partner
Name		
Sun sign		
Moon sign		
Venus sign		
Element and modality		
How I show love, in three words		
What I need most		
What my shadow does under stress		
What helps me come back to calm		

Our pairing (Chapter 6): _____ Our dynamic (Chapter 5): _____

Worksheet 2 · Needs Inventory

Each of you, privately, tick your **top five** needs in a relationship. Then compare. Where your lists differ, talk. Where they overlap, celebrate. Use Teal Swan's translation: *I feel ___ when ___, because I need ___.*

☐ Appreciation	☐ Being listened to
☐ Physical affection	☐ Intellectual stimulation
☐ Quality time	☐ Romance
☐ Honesty	☐ Privacy
☐ Freedom and space	☐ Support in tough times
☐ Security and stability	☐ Spiritual connection
☐ Play and humor	☐ Practical help
☐ Deep conversation	☐ Surprise and novelty
☐ Adventure	☐ Loyalty
☐ Reassurance	☐ Creative expression
☐ Respect	☐ Calm and peace
☐ Shared goals	☐ Being understood

The need I most want my partner to understand:

A small way I can meet one of their needs this week:

Worksheet 3 · Our Shared Vision

In five years, our home feels like…

Three values we both want to protect:

A ritual we will keep, however busy life gets:

Something we want to try or learn together:

One habit I will practise to love you better:

> **A LETTER**
> On a separate page, each write a short letter to the other, beginning with “What I admire most about you is…”. Exchange them. Read them aloud if you dare.

CHAPTER 13

The 30-Day Closeness Ritual



Four weeks, one small action a day. Awareness, communication, play and vision.

Small acts, repeated, outweigh big gestures. Each week has a theme and seven short practices. Do them side by side, or take turns choosing. If you miss a day, simply continue; this is a ritual, not an exam.

Week 1 · Awareness — *Notice and appreciate*	
Day 1	Write five things you appreciate about your partner. Keep them.
Day 2	Read each other’s sign profile (Chapter 4) aloud. Underline what rings true.
Day 3	Spend 10 minutes of undistracted presence together. Phones away.
Day 4	Say one thank-you that is specific, not generic.
Day 5	Fill in your Couple’s Chart together (Chapter 12).
Day 6	Each shares one thing you used to love about each other.
Day 7	Rest day: do something enjoyable and unplanned.

Week 2 · Communication — *Speak and listen*	
Day 8	Practice the sentence: “I feel ___ and I need ___.”
Day 9	Listen for 3 minutes without interrupting. Reflect back what you heard.
Day 10	Share one thing you’ve been holding back, gently.
Day 11	Try the Irritation Inventory (Chapter 3). Write privately first.
Day 12	Agree on your pause signal for hard conversations.
Day 13	Ask: “What would make you feel more loved this week?”
Day 14	Rest day: a long, easy meal with no hard topics.

Week 3 · Intimacy and play — *Reconnect body and joy*	
Day 15	Hold each other for 60 seconds, in silence.
Day 16	Do something neither of you has done before.
Day 17	Write a short note and hide it where they’ll find it.
Day 18	Cook, dance, or walk together with no goal.
Day 19	Share a favorite memory of your early days together.
Day 20	Try a date that suits their element, not yours.
Day 21	Rest day: a long cuddle and a long laugh.

Week 4 · Vision — *Build the future*	
Day 22	Each writes what a good life together looks like in five years.
Day 23	Share your lists. Circle three shared dreams.
Day 24	Name one value you will protect as a couple.
Day 25	Choose one weekly ritual to keep going: a walk, a dinner, a check-in.
Day 26	Write each other a letter of appreciation and read it aloud.
Day 27	Revisit your Couple’s Chart. What would you add?
Day 28	Celebrate. You showed up for each other for 30 days.

AFTER DAY 30

Choose the two practices that felt best and keep them. Put a reminder in your calendar for a monthly “state of us” conversation. Consistency, not intensity, builds lasting closeness.

CHAPTER 14

A Closing Note

The stars describe the weather. You choose how to sail.



If this book has done its job, you now have three things: a language for your differences, a handful of tools for the hard moments, and a gentler way to look at the person across from you.

Astrology can show you the shape of a temperament. Jung can help you see your own shadow. Watts can remind you to stay in the dance. Abraham-Hicks can nudge you toward appreciation, and Teal Swan can help you name what you need. None of them can love for you. That part is done daily, in small ways: listening a little longer, apologising a little sooner, laughing a little more.

The couples who last are rarely the ones with the “perfect” charts. They are the ones who stay curious about each other, repair quickly, and treat love as something they **do**, not only something they **have**.

✦

May you love well, and be loved well in return.

✦

Further reading

If a lens in Chapter 3 spoke to you, these are good places to go deeper:

- **Carl Jung**: *Memories, Dreams, Reflections* and *The Undiscovered Self*
- **Alan Watts**: *The Wisdom of Insecurity* and *The Book: On the Taboo Against Knowing Who You Are*
- **Abraham-Hicks (Esther and Jerry Hicks)**: *Ask and It Is Given*
- **Teal Swan**: *The Completion Process* and *Shadows Before Dawn*
- **Linda Goodman**: *Linda Goodman's Sun Signs* and *Linda Goodman's Love Signs*

> **A FINAL NOTE ON SOURCES**
>
> This book offers original summaries and practical interpretations inspired by the ideas of these writers, including Linda Goodman's approach to the signs. It is not affiliated with or endorsed by them, and it does not quote them. Astrology and the teachings referenced are matters of philosophy and personal belief, not scientific or clinical advice.

About the Author: Alex Afonso

I have been drawn to the esoteric and mystical sciences since a young age, exploring them quietly between everyday jobs and routines. At 33, I began listening to my inner voice, and my life changed with it. I now live with gratitude and joy, and my purpose is to help others find clarity and awareness by peeling away the conditioning that no longer serves them.

In my sessions I work with Tarot, astrology, dice, face reading, Kabbalah and more. This book brings that spirit to love: astrology offers a map, and awareness lets us choose, minute by minute, how we show up for the people we love.