

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation						
1	Fundamentals - Cambridge Gym: Jumping Jacks - Cambridge	Fundamentals – Cambridge Dance: Animals – Jumpstart	Fundamentals - Cambridge Gym: Rock and Roll - Cambridge	Fundamentals - Cambridge Dance: Moving words - Cambridge	Athletics Gym: Rock and Roll - Cambridge	Outside PE? Learning to skip- BHF charity event Dance: Weather - Cambridge
2	Fundamentals - Cambridge Multi skills – throwing and catching Gym: Points of contact – Cambridge	Fundamentals – Passing and Receiving - Cambridge Dance : Great Fire of London theme - Cambridge scheme	Fundamentals – Cambridge Invasion Games? Gym: Ball, tall and wall – Cambridge part 2	Fundamentals - Cambridge Invasion Games? Dance: Magical Friendships theme Gym: Squat and Roll – Functional movement progression	Athletics Circuits?	OAA Inside?
3	Handball Dance: Solar System – Cambridge Walk like an Egyptian?	Netball Gym: Patterns and Pathways – Cambridge	Tag Rugby Gym: Hand Apparatus – Cambridge part 2	Ultimate Frisbee Dance: Machines - Cambridge	Athletics	OAA Striking Games
4	Hockey Dance: Jive - Jumpstart	Tag Rugby Gym: Principals of balance – Cambridge	Handball Dance: Romans - Architecture, Gladiators - Gods and Goddesses Jumpstart?	Squares Tennis Gym: Rotation – Cambridge part 2	Athletics Dance: Water Cycle	OAA Kwik Cricket
5	Handball Dance: Space Astronauts - Jumpstart	Handball Gym: Pair Composition – Cambridge	Netball Gym: Press and Go - Cambridge part 2	Swimming Dance: Quickstep Charleston - Jumpstart	Athletics OAA	Rounders/Cricket Bikeability

		Jump rope				
6	Cross Country/Handball Gym: Body Symmetry - Cambridge	Netball Dance: Cultural (Aboriginal, Bollywood, African) - Jumpstart	Hockey Gym: Group work – Cambridge part 2 Paired Balances	Capture the Flag Squares Dance: Why bully me? - Cambridge	Athletics Tennis	Rounders OAA Barton Hall