

Video Platform

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Course contents

Genetic variant panel allows predicting both obesity risk, and efficacy of procedures and diet in weight loss

This course, led by Dr. Carolina Silva and Dr. Gustavo Torres, examines the science behind the Fagron Nutrigen test, focusing on the clinical and genetic aspects of obesity. Dr. Silva, a pediatrician with extensive research in early life cardiovascular disease, will explore the clinical implications of obesity, including its global prevalence, classifications, underlying mechanisms, health consequences, and treatment options. Dr. Torres, a pharmacist with expertise in genetics and biotechnology, will explain the genetic factors involved in obesity and analyze the NutriGen test results. The course is based on a [recent publication](#) in *Frontiers in Nutrition*, which will serve as a foundation for the discussions.

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