

## Video Platform

Welcome to the knowledge center for personalized medicine! Our platform is a centralized hub for pharmaceutical compounding courses, medical scientific training, and more.



### Course contents

## Personalized solutions for every stage of life

In this course, Dr. Carolina Silva discusses personalized healthcare solutions with a particular focus on the elderly. The first section introduces the core principles of personalized medicine, emphasizing the importance of tailoring treatments to the unique needs of each individual. The second section addresses common medication challenges in older adults, such as polypharmacy and changing pharmacokinetics, and explores how compounded formulations can provide customized solutions to improve medication adherence and effectiveness. The final section examines the clinical applications of personalized medicine for managing cardiovascular diseases, mental health conditions, neurodegenerative disorders, and gastrointestinal diseases, highlighting how these approaches can enhance treatment outcomes and quality of life for aging patients.

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