

Video Platform

Welcome to the knowledge center for personalized medicine! Our platform is a centralized hub for pharmaceutical compounding courses, medical scientific training, and more.



Course contents

Compounded Hormone Replacement Therapy (cHRT) – a review of benefits, risks, and clinical considerations

Hormone Replacement Therapy (HRT) is a key tool in managing hormonal imbalances, especially during menopause and andropause. With advancements in personalized medicine, bioidentical and compounded hormone therapies are becoming more prominent. However, important questions remain about their differences, clinical benefits, risks, and best practices for ensuring safety and effectiveness. This course provides a clear, evidence-based understanding of HRT, covering hormone physiology and metabolism, the distinctions between commercial HRT, bioidentical HRT (BHRT), and compounded HRT (cHRT), and a thorough risk-benefit analysis on cardiovascular health, cancer risk, and cognitive function. You will also learn about the role of compounding pharmacies in ensuring precise dosing and formulation quality, along with best practices for using personalized HRT in clinical settings.

Designed for healthcare professionals, this course offers the latest scientific insights, regulatory considerations, and practical strategies to help you make informed decisions and optimize hormone therapy for your patients.

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