

Video Platform

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Course contents

Personalizing management of chronic pain: New tools for profiling

In this lecture, Prof. Dr. Lars Arendt-Nielsen provides an overview of modern approaches to pain assessment, focusing on both traditional and mechanism-based tools used in clinical practice. He explains how these tools are applied to better diagnose pain conditions and personalize management by tailoring treatment plans to individual patient needs.

The session highlights the profiling of pain therapies and patients, emphasizing the importance of understanding individual differences in pain perception and treatment responses. This enables clinicians to optimize therapies for more effective and personalized outcomes. Prof. Arendt-Nielsen also introduces new emerging tools for pain profiling, which are expanding the capabilities of pain assessment. In addition, he explores the growing role of genetics, epigenetics, and OMICS technologies in further refining personalized pain management, offering deeper insights into the molecular mechanisms of pain and opening doors to new, customized therapies for patients.

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