

Tendring District Council

Title Pregnancy Related Risk Assessment - officer's name??????

Job title (include, what the job entails, working location, hours of work)

Completed By:

Date Completed

Review monthly

Risk Rating	Likelihood (A)					Worst case injury (B)					Risk rating = A x B		
	Unlikely 1	2	Probable 3	4	Certain 5	Minor 1	2	Reportable 3	4	Death 5	Low 1 – 6	Medium 7 – 12	High 13 - 25

Hazards Identified	Who might be harmed and how	Controls in place	Residual risk rating	Additional controls required (and date completed)
1. Lifting/ carrying/pushing/pulling /twisting	<p>Staff members name</p> <p>Unborn child, Other staff</p> <p>Members of the public</p> <p>Could fall while carrying an item. Item could be too heavy while pregnant and effect baby health.</p> <p>(Depending on stage of pregnancy this will need to be constantly reviewed).</p>	<p>Manual handling regulations 19921 to be considered at all times.</p> <p>Training to be up to date.</p> <p>Restrictions to manual handling to be considered at various stages of the pregnancy and implement at where needed.</p> <p>Colleagues to made aware of the pregnancy and be available to assist/support where needed.</p> <p>Trip hazards to be considered.</p> <ul style="list-style-type: none"> • Uneven surfaces • Spillages • Rubbish or clutter to be removed • Steps/slopes 	To be determined by Manager based on what's identified.	<p>Temporary change to duties maybe considered.</p> <p>If unable to change duties would need to consider suspension of the individual until the risk is removed or until the maternity leave starts</p>

2. Working at height	<p>Staff members name</p> <p>Unborn child, Other staff</p> <p>Members of the public</p> <p>Call fall while working at height or become unwell.</p> <p>(Depending on stage of pregnancy this will need to be constantly reviewed).</p>	<p>To be avoided after 5 months of pregnancy.</p> <p>Duties to be changed or adapted</p> <p>Extra support from colleagues may be needed.</p>	To be determined by Manager based on what's identified	<p>Temporary change to duties maybe considered.</p> <p>If unable to change duties would need to consider suspension of the individual until the risk is removed or until the maternity leave starts.</p>
3. Working with Chemicals (COSHH)	<p>Staff members name</p> <p>Unborn child, Other staff</p> <p>Members of the public</p> <p>Chemicals could affect the unborn child. If lifting or carrying of chemicals is needed will tie in with item 1.</p> <p>(Depending on stage of pregnancy this will need to be constantly reviewed).</p>	<p>COSHH data sheets to be checked to see if any effect on Pregnancy.</p> <p>Duties to be changed if unable to work around the chemicals used to carry out the role.</p>	To be determined by Manager based on what's identified	<p>Duties limited or removed depending on type</p> <p>If unable to change duties would need to consider suspension of the individual until the risk is removed or until the maternity leave starts</p>
4. Health related matters	<p>Staff members name</p> <p>Unborn child, Other staff</p> <p>Members of the public</p> <p>Consider any health related matters</p> <p>Severe morning sickness, pain, mental health issues, fatigue, back pain, issues with</p>	<p>Consider if known to be a high risk pregnancy – previous miscarriages.</p> <p>Change working arrangements if possible.</p>	To be determined by Manager based on what's identified	<p>Duties limited or removed depending on type</p> <p>If unable to change duties would need to consider suspension of the individual</p>

<p>balance.</p>	<p>relating to the pregnancy. Swelling of legs feet. Etc</p> <p>Standing for long periods of time</p> <p>(Depending on stage of pregnancy this will need to be constantly reviewed).</p>	<ul style="list-style-type: none"> • Different finish or start times • Occupational health assessment • Consider working from home • Extra breaks, helps reduce fatigue • Regular breaks if using a PC and sitting for long period of time. Supports better circulation during pregnancy. <p>Comfort of individual to be considered. Carry out DSE assessment (optimum seating position?</p> <ul style="list-style-type: none"> • New chair • Additional aids needed etc <p>Consider flexible working request</p> <p>Consider working conditions, which could affect health of individual or unborn child</p> <ul style="list-style-type: none"> • Too hot • Too cold • Bad lighting • Poor visibility • PPE needed • Excessive noise • Excessive smells 		<p>until the risk is removed or until the maternity leave starts</p>
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Please complete at each review.

Manager

Sign.....

Print name.....

Staff member

Sign

Print name

Please send a copy to HR and Health & Safety after each review.