## Volunteering for EdShift - multiple roles available

## **In Touch Peer Support Group**

A drop-in space for ages 8 and up, designed to help young people develop self-awareness, connect with peers, and feel comfortable being themselves.

We meet on the first Thursday of every month, and young people can drop in any time between 3–5 pm at: Sunshine Studio, EdShift @ The YouthBase (7 Harrison Road, HX1 2AG).

During each session, we offer hot chocolates, drinks, snacks, creative art activities, chats, music, pamper-style relaxation, and plenty of opportunities for young people to make friends and check in with our team. It's a cosy, chilled space where support is always available - no referral required.

To help us understand how you might fit into the team, it would be great if you could share a little more about yourself, including:

- Any experience you may have working with children or young people
- Your availability
- Any particular strengths, interests, or skills you'd like to bring to the group

Once we have this, we can arrange a time to chat further about the role, expectations, and next steps.

If you have any questions or would like more information, please feel free to <u>reach out emailing nuji@edshift.co.uk or calling 07956451428 on Tuesdays</u>, Wednesdays and Thursdays from 9:30am-4:00pm.

## **Community Events**

We run events throughout the year, usually seasonally, where we invite the community into The YouthBase to take part in activities. These are a lot less regular, most likely one day every 3 months.

We could have you on our volunteer broadcast list where we inform you of the event, and you can let us know if you could attend that day. As above, please email or call if you wish to be added to the volunteer broadcast list.

## **Emergency Food Bag Scheme**

You could aid in our Emergency Food Bag Scheme we have, where we have a set number of food bags up for grabs in our reception area containing essentials and non-perishable items of food.

Volunteers would be responsible for doing the emergency food bag shops and assembling the bags at EdShift, this would most likely be every 2 to 3 months, depending on our supply. As above, please contact if you are interested.