

Live Well. Be Well.
Springwell



A SENIOR LIVING COMMUNITY





We're *delighted* to welcome you.

From the moment you walk through our doors, you will feel the sense of community and incomparable hospitality that we have become known for. We'd love for you to come visit, meet our friendly staff and take a look at all of what Springwell has to offer.

Springwell simply *feels* different.

In comparison to what you would find in other senior living communities, Springwell looks quite different. It feels different.

It is different. Springwell residences are not buy-ins, but full-service rental units with a monthly fee that includes multiple dining options, wellness services, utilities, scheduled transportation, daily planned activities and more.

We are fully committed to creating an environment of care and comfort to help each individual resident on his or her personal journey toward fulfillment and quality of life.

FEATURED AMENITIES INCLUDE:

- Hair & Beauty Salon
- Sunroom
- Faith Chapel
- Activities Room
- Libraries
- Reading/Relaxation Areas
- Outdoor Patios & Verandas
- Beautiful Landscaping
- Gardens
- Pubs
- Dining Rooms
- Business Center
- Mail Room
- Education Center
- Grand Lobbies





At Springwell, it's personal.

Springwell Senior Living is locally owned and operated with owners who are personally vested and actively involved in our residents' lives. Our leadership team is easily accessible, and they know each resident as well as their families.

We have created a warm and welcoming community that you can't help but want to be a part of, and we look forward to sharing it with you and your family.





Incomparable hospitality with all the comforts of *home*.

Springwell's Independent Living residences provide residents with the **freedom to live an active lifestyle** with easy access to leisure and social activities, excursions, freshly prepared meals and so much more.

The Homestead—Springwell's beautiful independent living building—is located on 15 acres in the heart of historic Mt. Washington. Our attractive apartments overlooking the neighboring park, swim club and community garden offer a variety of floor plans, and residents have access to all of the spacious and gracious common areas.

FEATURED AMENITIES INCLUDE:

- Residence / Living Space
- Beautiful Dining Room
- Pub
- Library
- Daily Wellness Check-In Service
- Bi-weekly Housekeeping
- Linen Service
- Scheduled Transportation
- 24-Hour Emergency Call System
- Education Center
- Onsite Activities and Programs
- Art Studio



“The community is beautiful and the staff is so caring! They offer so many activities that keeps [mom] busy throughout the day.”

— ANGIE, DAUGHTER OF RESIDENT





Home Sweet Homestead

The appealing Homestead building includes 99 well-appointed residences ranging in size from a one-bedroom, one-bath to a two-bedroom, two-bath corner apartment. With common areas such as a Library, Courtyard, Pub, Living Room, Dining Room and Education Center as well as daily activities for every interest, there are always things to do and friends to meet.

RESIDENCE FEATURES INCLUDE:

- Available Room Service
- Housekeeping Services
- Linen Service
- Emergency Call and Daily Check-In System
- Individually Controlled Heating and Air Conditioning
- Washer/Dryer in all Units
- 1 & 2 Bedroom Floorplans
- Window Treatments
- Modern Kitchens with Granite Countertops
- Large Bathrooms Designed with Comfort and Safety in Mind
- Satellite Television
- Large Walk-In Closets
- 24-Hour Security
- Concierge
- WiFi





Experience the highest level of care created *just for you.*

We are committed to providing each resident with a **personalized care plan**, which is determined by their individual medical needs, overall health, lifestyle and interests.

Residents maintain some level of independence with licensed caregivers always available for those who require support with some or all of their day-to-day functions and activities. Springwell encourages all Assisted Living residents to stay active, taking part in the wide range of social, educational, spiritual and health-oriented activities offered on campus.

FEATURED AMENITIES INCLUDE:

- Beautiful Veranda
- Grand Lobby
- Dining Rooms
- Scheduled Transportation
- Faith & Fellowship Chapel
- Daily Planned Activities
- Library
- Sun Room
- and more!



“Mom is rarely in her apartment, spending her time at the activities, sitting and talking with her friends or taking advantage of an outing”

— JILL, DAUGHTER OF RESIDENT





The Residences

Springwell Assisted Living residences are all private suites with specially designed floorplans that include studios and two-room suites. Residents also have access to all of our spacious and gracious common areas.

RESIDENCE FEATURES INCLUDE:

- All Private Suites
- Resident Neighborhoods with Living Rooms & Country Kitchens
- Specially Designed Floorplans
- Large Bathrooms
- Emergency Call System
- Individually Controlled Heating & Air Conditioning
- Window Treatments
- Satellite Television
- Large Closets





We care for your loved one as we would our own *family*.

Memory Care is designed to support those who have been diagnosed with Alzheimer's disease and other forms of dementia. We understand that each individual is unique, so we establish and follow a **personalized care plan** for each resident.

Recognized for incomparable, compassionate care, Springwell staffs a full-time Memory Care Manager, also an LPN, to oversee the program and has experienced caregivers on site 24 hours a day. Medical oversight is also provided by the Medical Director, who serves as a primary care physician for many residents.

We strive to maximize quality of life by creating daily opportunities for interaction, socialization and activities with our staff as well as other residents.



“My dad and our family
have all experienced the
love from everyone at
Springwell”

– NEIL, SON OF RESIDENT





Sustain Quality of Life

Families will have peace of mind that their loved ones are being cared for in a warm, safe environment. We offer private rooms and appealing common areas which help encourage this special group of residents to stay engaged with a variety of activities.

Memory Care residents live in well-appointed units in the Gardens Pavilion. We currently have 37 private residences with full bathrooms and a variety of specially designed floor plans.

FEATURED AMENITIES:

- Secure Outdoor Spaces
- Expansive Deck
- Raised Garden Bed
- Walking Path
- Chapel
- Library





Live well, *Be well.*

Wellness is a priority at Springwell Senior Living. Understanding that wellness means different things to different people, we have developed a number of programs and tools to nurture the minds and bodies of all of our residents, such as personal enrichment programs, exercise classes, social gatherings and educational presentations.



SPIRITUALITY

Springwell recognizes the importance of spirituality and its connection to wellness for many of our residents. We offer regular services of various denominations at our chapel, and we can also help arrange transportation to the house of worship of your choice. Springwell also offers pastoral counseling services and enlightening seminars for interested residents.

PARTNERS IN CARE

Our unique Partners in Care Program is designed to provide residents with onsite health related services and top medical specialists. Through this provider network, we partner with some of the finest resources in the Baltimore community—ranging from onsite rehabilitation therapy to the availability of board-certified physicians, psychologists, dentists, podiatrists, dermatologists, cardiologists, home healthcare and other services. While we offer access to these specialists for your convenience, you do have a choice when it comes to your care. You are always able to continue using your own trusted medical providers.

LIFEBRIDGE HEALTH

Springwell proudly partners with LifeBridge Health, allowing us to enhance our health and wellness services and offer priority access to some of the area's top medical experts and our onsite Rehab Therapy program. As always, our residents can choose to use these providers and services or select their own.

ACTIVITIES & EVENTS

Our onsite Activities Director and Concierge team work hard to ensure that our residents have plenty of options each day when it comes to staying busy and active. Residents benefit from a variety of social events, outings and adventures, health and wellness activities, and other engagements.



Dining at Springwell

Springwell offers a number of unique restaurant and café-like areas throughout our community, making it convenient for residents to enjoy delicious, nutritious meals each day. In addition to our three main dining rooms, we also offer spaces for private family events.

Our chefs, working under the guidance of a licensed dietitian, offer a variety of meal options for everyone to enjoy. With specially prepared food daily, there is always something new and fresh to try!

THE GARDENS DINING ROOM

THE SHERWOOD DINING ROOM

THE HOMESTEAD DINING ROOM





EXTRAORDINARY LOCATION

It's a *beautiful* day in our neighborhood.



Neighboring the **charming community** of Mt. Washington, Springwell Senior Living is conveniently located in close proximity to arts and culture venues, shopping, banking, places of worship, outstanding restaurants, medical centers and more.

The Springwell shuttles transport residents to and from nearby destinations daily. Scheduled group outings are also a great way for residents to spend time with one another and experience things outside of our campus.

Residents can also take advantage of the amenities offered at neighboring Northwest Park. The Jones Falls Trail, popular with walkers and bikers, runs through the park and meanders through Mt. Washington. The park is also home to the fields used by the Roland Park Baseball Leagues, so residents can always join in the fun and watch some little league games during baseball season or even just take in the beautiful scenery that Northwest Park has to offer, including a playground, Community Garden and Sunday Farmers Market.





Find the home that's
perfect for you.

We know that finding a new home that's right for you can be a daunting task, and we're here to help you every step of the way.

At Springwell, we want you to feel comfortable with your decisions, and based on your lifestyle, we will help you find the living option that's just perfect for you.



Springwell is conveniently located just off I-83 in Mount Washington

410.664.4006

SpringwellSeniorLiving.com

2209 & 2211 W. ROGERS AVENUE | BALTIMORE, MD 21209

