



| Sunday | Monday                                                                                                                                                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                                            | Saturday                                                                                                                                                                                                                                                                                                                            |
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| 30     | 1                                                                                                                                                                                                                                                                                                                                                                                                            | 2                                                                                                                                                                                                                                                                                                                                                                                                      | 3                                                                                                                                                                                                                                                                                                                                                                                                          | 4                                                                                                                                                                                                                                                                                                                                                                                                                 | 5                                                                                                                                                                                                                                                                                                                                                                                                 | 6                                                                                                                                                                                                                                                                                                                                   |
|        | <div>9:45 AM</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Winter Scavenger<br/>Hunt</div> <div>11:00 AM</div> <div>Picture This Activity</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:45 PM</div> <div>Scenic Drive to<br/>Daniel's Park</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Everybody Moves<br/>Dance Class</div> <div>11:00 AM</div> <div>Winter Sensory Poems</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Rummage Wagon</div> <div>3:00 PM</div> <div>Story Time: The Test<br/>Drive</div> <div>4:00 PM</div> <div>Cool Down Yoga</div> | <div>9:45 AM</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Giant<br/>Snowflakes</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Puzzle Time</div> <div>3:00 PM</div> <div>Sing Along: Winter<br/>Time Classics</div> <div>4:00 PM</div> <div>Finishing Lines</div> | <div>9:45 AM</div> <div>Snow Ball Toss</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Exercise with<br/>EmpowerMe</div> <div>11:00 AM</div> <div>Touch Table: Snow<br/>Days</div> <div>2:00 PM</div> <div>Let's Learn: National<br/>Day</div> <div>2:30 PM</div> <div>Let's Cook: Polar Bear<br/>Rice Cakes</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>9:45 AM</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Pinecone<br/>Owls</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>SingFit Music Therapy</div> <div>3:30 PM</div> <div>Cool Down Stretch</div> <div>4:00 PM</div> <div>Evening Devotional</div> | <div>9:30 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Putt Putt Golf</div> <div>1:45 PM</div> <div>Movie Classic: The<br/>Carol Burnett Show</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Warm Towel Hand<br/>Spa</div> |



| Sunday                                                                                                                                                                                                                                                                                               | Monday                                                                                                                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                                                                                                            |
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| <div>9:30 AM 7</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Singing Hymns</div> <div>1:45 PM</div> <div>Movie Documentary</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Fancy Nails Spa</div> | <div>9:45 AM 8</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Ornament Sorting</div> <div>11:00 AM</div> <div>Christmas Tree<br/>Decorating</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:45 PM</div> <div>Music Therapy w/<br/>Kirstin</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>10:00 AM 9</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Peppermint<br/>Sensations</div> <div>11:00 AM</div> <div>Catholic Communion</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Hot Chocolate Bar</div> <div>3:00 PM</div> <div>Story Time: Poems for<br/>the Holidays</div> <div>4:00 PM</div> <div>Cool Down Yoga</div> | <div>9:45 AM 10</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Lights<br/>Aglow Art Project</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Puzzle Time</div> <div>3:00 PM</div> <div>Happy Hour w/ Alan V.</div> <div>4:00 PM</div> <div>Give me Five</div> | <div>9:45 AM 11</div> <div>Christmas Music<br/>Balloon Toss</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Exercise with<br/>EmpowerMe</div> <div>11:00 AM</div> <div>Touch Table: Bows &amp;<br/>Wrapping Paper</div> <div>2:00 PM</div> <div>Let's Learn: National<br/>Day</div> <div>2:30 PM</div> <div>Let's Bake: Christmas<br/>Candy Cane Bark</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>Happy Birthday 12</div> <div>Linda R.</div> <div>9:45 AM</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Jingle<br/>Bells</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>SingFit Music Therapy<br/>with Hand Bells</div> <div>3:30 PM</div> <div>Cool Down Stretch</div> <div>4:00 PM</div> <div>Evening Devotional</div> | <div>9:30 AM 13</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Holiday Scavenger<br/>Hunt</div> <div>1:45 PM</div> <div>Movie Musical:<br/>Christmas on the<br/>Square</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Warm Towel Hand Spa</div> |



| Sunday                                      | Monday                                                | Tuesday                                             | Wednesday                                              | Thursday                                          | Friday                                       | Saturday                                   |
|---------------------------------------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------|---------------------------------------------------|----------------------------------------------|--------------------------------------------|
| IDEAS: HERBAL TEA TASTING 14                | Grinchy Monday 15                                     | Winter Wonderland Tuesday 16                        | Candy Cane Wednesday 17                                | Santa's Workshop Thursday 18                      | Festive Friday 19                            | 9:30 AM 20                                 |
| 9:30 AM<br>Daily Chronicle w/<br>Snack Time | 9:45 AM<br>Gentle Morning Yoga                        | 10:00 AM<br>Daily Chronicle w/<br>Snack Time        | 9:45 AM<br>Gentle Morning Yoga                         | 9:45 AM<br>Drum Rhythms                           | 9:45 AM<br>Gentle Morning Yoga               | Daily Chronicle w/<br>Snack Time           |
| 11:00 AM<br>Morning Stretch                 | 10:00 AM<br>Daily Chronicle w/<br>Snack Time          | 10:30 AM<br>Gingerbread Houses                      | 10:00 AM<br>Daily Chronicle w/<br>Snack Time           | 10:00 AM<br>Daily Chronicle w/<br>Snack Time      | 10:00 AM<br>Daily Chronicle w/<br>Snack Time | 11:00 AM<br>Morning Stretch                |
| 11:30 AM<br>Singing Hymns                   | 10:30 AM<br>A Holly Jolly Burl Ives<br>Holiday        | 11:00 AM<br>Catholic Communion                      | 10:30 AM<br>Craftworks: Festive<br>Flower Arrangements | 10:30 AM<br>Exercise with<br>EmpowerMe            | 10:30 AM<br>Craftworks: Holiday<br>Greetings | 11:30 AM<br>Holiday Bean Bag<br>Toss       |
|                                             | 11:00 AM<br>December Stitch Up<br>Game                |                                                     |                                                        | 11:00 AM<br>Touch Table:<br>Christmas Garland     |                                              |                                            |
|                                             |                                                       |                                                     |                                                        |                                                   |                                              |                                            |
| 1:45 PM<br>Movie Documentary                | 2:00 PM<br>Snack Time w/<br>National Day              | 2:00 PM<br>Snack Time w/<br>National Day            | 2:00 PM<br>Snack Time w/<br>National Day               | 2:00 PM<br>Snack Time w/<br>National Day          | 2:00 PM<br>Snack Time w/<br>National Day     | 1:45 PM<br>Movie Classic: The<br>Gathering |
| 3:15 PM<br>Snack Time                       | 2:45 PM<br>Scenic Drive to Cherry<br>Creek State Park | 2:30 PM<br>Eggnog Bar                               | 2:30 PM<br>Puzzle Time                                 | 2:30 PM<br>Eldergarden: Learning<br>about Dahlias | 2:30 PM<br>SingFit Music Therapy             | 3:15 PM<br>Snack Time                      |
| 3:30 PM<br>Fancy Nails Spa                  | 4:00 PM<br>Calming Coloring                           | 3:00 PM<br>Story Time: Chicken<br>Soup For the Soul | 3:00 PM<br>Happy Hour w/ Joyce<br>K.                   | 3:30 PM<br>Calming Coloring                       | 3:30 PM<br>Cool Down Stretch                 | 3:30 PM<br>Warm Towel Hand Spa             |
|                                             |                                                       | 4:00 PM<br>Cool Down Yoga                           | 4:00 PM<br>Finishing Lines                             |                                                   | 4:00 PM<br>Evening Devotional                |                                            |



| Sunday                                                                                                                                                                                                                                                                                               | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                                                                                                                               |
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| <div>9:30 AM21</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Singing Hymns</div> <div>1:45 PM</div> <div>Movie Documentary</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Fancy Nails Spa</div> | <div>9:45 AM22</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Touch Table: Jingle<br/>Bells</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Remembering Santa<br/>Pictures</div> <div>3:30 PM</div> <div>Christmas Carols w/<br/>Monty</div> <div>4:00 PM</div> <div>Calming Coloring</div> <div>6:00 PM</div> <div>Scenic Drive:<br/>Christmas Lights</div> | <div>10:00 AM23</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Carol Cut Off</div> <div>11:00 AM</div> <div>Catholic Communion</div> <div>2:00 PM</div> <div>Let's Learn: National<br/>Day</div> <div>2:30 PM</div> <div>Milk &amp; Cookies w/<br/>Santa</div> <div>3:00 PM</div> <div>Classic Christmas<br/>Stories</div> <div>4:00 PM</div> <div>Cool Down Yoga</div> | <div>9:45 AM24</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Pom-Pom<br/>Ornaments</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Puzzle Time</div> <div>3:00 PM</div> <div>Happy Hour w/ Bobbie<br/>B.</div> <div>4:00 PM</div> <div>Give me Five</div> <div>6:00 PM</div> <div>Movie Night: It's A<br/>Wonderful Life</div> | <div>9:45 AM25</div> <div>Christmas Music<br/>Balloon Toss</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Exercise with<br/>EmpowerMe</div> <div>11:00 AM</div> <div>Winter Detective<br/>Game</div> <div>2:00 PM</div> <div>Let's Learn: National<br/>Day</div> <div>2:30 PM</div> <div>Let's Cook: Sugar<br/>Cookie Decorating</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>9:45 AM26</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: Beaded<br/>Candy Canes</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>SingFit Music Therapy</div> <div>3:30 PM</div> <div>Cool Down Stretch</div> <div>4:00 PM</div> <div>Evening Devotional</div> | <div>9:30 AM27</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Axe Throwing</div> <div>1:45 PM</div> <div>Movie Musical: The<br/>Music Man</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Warm Towel Hand Spa</div> |



# December 2025



# January 2026

| Sunday                                                                                                                                                                                                                                                                                               | Monday                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                 | Thursday                                 | Friday                                   | Saturday                                 |
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| <div>9:30 AM28</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>11:00 AM</div> <div>Morning Stretch</div> <div>11:30 AM</div> <div>Singing Hymns</div> <div>1:45 PM</div> <div>Movie Documentary</div> <div>3:15 PM</div> <div>Snack Time</div> <div>3:30 PM</div> <div>Fancy Nails Spa</div> | <div>9:45 AM29</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Lunch at Panera Bread</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:45 PM</div> <div>Stories From the Past<br/>Pictures</div> <div>4:00 PM</div> <div>Calming Coloring</div> | <div>Happy Birthday Leo R.30</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Touch Table: New<br/>Year's Celebrations</div> <div>11:00 AM</div> <div>Catholic Communion</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>National</div> <div>3:00 PM</div> <div>Story Time: Resolution<br/>Laughter</div> <div>4:00 PM</div> <div>Cool Down Yoga</div> | <div>9:45 AM31</div> <div>Gentle Morning Yoga</div> <div>10:00 AM</div> <div>Daily Chronicle w/<br/>Snack Time</div> <div>10:30 AM</div> <div>Craftworks: New<br/>Year's Hat</div> <div>2:00 PM</div> <div>Snack Time w/<br/>National Day</div> <div>2:30 PM</div> <div>Puzzle Time</div> <div>3:00 PM</div> <div>New Year's Eve Party<br/>w/ Mindy S.</div> <div>4:00 PM</div> <div>New Year's Finishing<br/>Lines</div> | <div>1</div> <div>Coming<br/>Soon!</div> | <div>2</div> <div>Coming<br/>Soon!</div> | <div>3</div> <div>Coming<br/>Soon!</div> |