

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2026



9:00am Tai Chi w/ Karen 1  
 10:30am Jewelry Making Class  
 2:00pm Drumming Chair Exercises  
 2:00pm Shopping; Target  
 3:00pm Afternoon Matinee

**APRIL FOOLS!**  
 All Fools' Day  
 Passover Begins

9:00am Stretch & Flex w/EmpowerMe 2  
 10:00am Easter Egg Coloring  
 2:00pm Resident Food Council Meeting

9:00am Stretch & Flex 3  
 10:45 Shopping King Soopers  
 1:30pm Bowling w/Jana  
 3:00pm Happy Hour; April Flowers  
 Musical Entertainment Mindy

9:00am Stretch & Flex 4  
 2:00pm Bingo  
 3:00pm Afternoon Matinee

**Easter**  
 Easter Sunday

9:00am Stretch & Flex 5  
 10:45 Craft Corner  
 2:00pm Drumming Chair Exercises  
 2:30pm Hand and Foot Card Game w/Evelyn  
 3:00pm Rosary  
 3:00pm Rummikub

9:00am Stretch & Flex 6  
 10:30am Catholic Service  
 11:00am Garden Walk  
 2:00 Sweat'n to the Oldies Chair Exercises  
 3:00pm Garden Social

9:00am Yoga w/Jean 8  
 10:15am Scenic Drive  
 2:00pm King Soopers  
 2:00pm Drumming Chair Exercises  
 3:00pm Afternoon Matinee

9:00am Stretch & Flex w/EmpowerMe 9  
 10:45am Craft Corner  
 2:00 Sweat'n to the Oldies Chair Exercises

9:00am Stretch & Flex 10  
 10:45 Shopping King Soopers  
 1:30pm Bowling w/Jana  
 3:00pm Happy Hour; Coffee & Cordials  
 Musical Entertainment John S.

9:00am Stretch & Flex 11  
 10:00am Crafting w/Rainey  
 2:00pm Bingo  
 3:00pm Afternoon Matinee

10:00am Hymns 12  
 11:00am 1:1 Activities  
 2:00pm Fancy Nails  
 3:00pm Movie Matinee

9:00am Stretch & Flex 13  
 10:45am Outing  
 2:00pm Drumming Chair Exercises  
 2:30pm Hand and Foot Card Game w/Evelyn  
 3:00pm Rosary  
 3:00pm Rummikub

9:00am Stretch & Flex 14  
 10:30am Catholic Communion  
 11:00am Garden Walk  
 2:00 Sweat'n to the Oldies Chair Exercises  
 3:00pm Garden Social

9:00am Tai Chi w/Karen 15  
 10:00am Donuts w/Alyssa  
 2:00pm Shopping; Hobby Lobby  
 2:00pm Drumming Chair Exercises  
 3:00pm Afternoon Matinee

9:00am Stretch & Flex w/EmpowerMe 16  
 10:45am Craft Corner  
 2:00 Sweat'n to the Oldies Chair Exercises

9:00am Stretch & Flex 17  
 10:45 Shopping King Soopers  
 1:30pm Bowling w/Jana  
 3:00pm Happy Hour; Western Roundup  
 Musical Entertainment Mark T.

9:00am Stretch & Flex 18  
 2:00pm Bingo  
 3:00pm Afternoon Matinee

10:00am Hymns 19  
 11:00am 1:1 Activities  
 2:00pm Fancy Nails  
 3:00pm Movie Matinee

9:00am Stretch & Flex 20  
 10:00am Columbine High School inservice day  
 2:00pm Drumming Chair Exercises  
 2:30pm Hand and Foot Card Game w/Evelyn  
 3:00pm Rosary  
 3:00pm Rummikub

9:00am Stretch & Flex 21  
 10:30am Catholic Service  
 2:00 Sweat'n to the Oldies Chair Exercises  
 3:00pm Garden Social

Yoga w/Jean 22  
 10:15am Scenic Drive  
 2:00pm Drumming Chair Exercises  
 3:00pm Afternoon Matinee

  
 Earth Day  
 Administrative Professionals Day

9:00am Stretch & Flex w/EmpowerMe 23  
 10:45am Craft Corner  
 2:00pm Resident Council  
 3:00pm Residents March Birthdays Celebration

9:00am Stretch & Flex 24  
 10:45 Shopping King Soopers  
 1:30pm Bowling w/Jana  
 3:00pm Happy Hour; Sodalicious  
 Musical Entertainment Royce

Arbor Day

9:00am Stretch & Flex 25  
 10:00am Crafting w/Rainey  
 2:00pm Bingo  
 3:00pm Afternoon Matinee

10:00am Hymns 26  
 11:00am 1:1 Activities  
 2:00pm Fancy Nails  
 3:00pm Movie Matinee

9:00am Stretch & Flex 27  
 10:45am Scenic Drive  
 2:00pm Drumming Chair Exercises  
 2:30pm Hand and Foot Card Game w/Evelyn  
 3:00pm Rummikub  
 3:00pm Rosary

9:00am Stretch & Flex 28  
 10:30am Catholic Service  
 2:00 Sweat'n to the Oldies Chair Exercises  
 3:00pm Garden Social

9:00am Stretch & Flex 29  
 10:15am Let's Bake!  
 2:00pm Shopping; Hobby Lobby  
 3:00pm Afternoon Matinee

9:00am Stretch & Flex w/EmpowerMe 30  
 10:45am Craft Corner  
 2:00pm Sweat'n to the Oldies Chair Exercises

