

TURN ON YOUR SENSES!

# NATURE JOURNALING WITH SAMI & IMÈNE

Where: Huckleberry Botanic Regional Preserve

When: 6/7/2026

INFORMATION &  
REGISTRATION  
FORM

Come explore wonder-filled ways to use all our senses to nature-journal and deepen our understanding of the natural world.

The eyes often have it, but what about all our other senses, like sound, smell, touch, and taste?

**Using nature journaling, you will access these hidden ways of observing and sensing.**

**Nature** uses scent as a form of communication to attract pollinators, warn of danger, mark territory, or signal ripeness and decay. For humans, **scent** can be an important and meaningful connection to the past, evoking **vivid memories** of time spent in nature.

**Touch** helps us connect directly with the physical world. You might experience the roughness of tree bark, the softness of moss, or the warmth of a stone in the sun.

Through texture, temperature, and pressure, we gain insights into the conditions, materials, and stories of a place, grounding our experience in the present moment.

**Huckleberry Botanic Regional Preserve** is an ecological jewel. The native plant community here is found nowhere else in the East Bay.

It represents a relic plant association found only in certain areas along California's coast where ideal soil and climatic conditions exist.

\*there is a \$5 registration fees for K-12 classroom teachers. Sliding scale for others



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