



# KINGSMEAD

— Achieving through Caring —

## Primary Allergens **Sept 25**

<b>Week: Sept 25</b>				<b>Week:</b>				<b>Week:</b>			
<b>Monday</b>				<b>Monday</b>				<b>Monday</b>			
Gluten, Soya			<b>1</b>	Gluten, Sulphur, Soya			<b>1</b>	Gluten			<b>1</b>
Gluten, Soya			<b>2</b>	Milk			<b>2</b>	Milk			<b>2</b>
Gluten			<b>V</b>	Gluten			<b>V</b>	Soya, Mustard			<b>V</b>
Milk, Gluten, Egg, Soya			<b>A</b>	Gluten, Egg, Milk,			<b>A</b>	Gluten, Egg, Milk, Soya			<b>A</b>
soya			<b>B</b>				<b>B</b>	Soya			<b>B</b>
Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>
<b>Tuesday</b>				<b>Tuesday</b>				<b>Tuesday</b>			
			<b>1</b>	Celery, Gluten			<b>1</b>	Gluten, Celery, Milk			<b>1</b>
Gluten, Milk			<b>2</b>	Milk, Gluten,			<b>2</b>	Gluten, Milk			<b>2</b>
			<b>V</b>	Gluten, Celery			<b>V</b>	Gluten, Celery, Milk,			<b>V</b>
Gluten, Egg, Milk, Soya			<b>A</b>	Milk,			<b>A</b>	Gluten, Egg, Milk, Soya			<b>A</b>
			<b>B</b>	Soya			<b>B</b>				<b>B</b>
Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>
<b>Wednesday</b>				<b>Wednesday</b>				<b>Wednesday</b>			
Celery			<b>1</b>	Celery			<b>1</b>	Celery			<b>1</b>
Fish, Egg, Gluten, Soya			<b>2</b>	Gluten, Soya			<b>2</b>	Fish, Gluten, Egg			<b>2</b>
Gluten, Celery			<b>V</b>	Gluten, Celery			<b>V</b>	Gluten, Celery			<b>V</b>
Gluten			<b>A</b>	Gluten			<b>A</b>	Gluten			<b>A</b>
			<b>B</b>				<b>B</b>				<b>B</b>
Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>
<b>Thursday</b>				<b>Thursday</b>				<b>Thursday</b>			
Gluten, Milk, Celery			<b>1</b>	Gluten, Milk			<b>1</b>	Gluten, Milk,			<b>1</b>
Gluten			<b>2</b>	Milk, Egg, Mustard			<b>2</b>	Gluten, Soya			<b>2</b>
Gluten, Celery			<b>V</b>	Gluten			<b>V</b>	Gluten, Celery			<b>V</b>
			<b>A</b>	Gluten			<b>A</b>	Gluten, Milk			<b>A</b>
			<b>B</b>				<b>B</b>				<b>B</b>
Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>
<b>Friday</b>				<b>Friday</b>				<b>Friday</b>			
Gluten, Fish			<b>1</b>	Gluten, Fish			<b>1</b>	Fish, Gluten			<b>1</b>
Milk			<b>2</b>				<b>2</b>	Milk, Gluten			<b>2</b>
Soya, Mustard			<b>V</b>	Gluten			<b>V</b>				<b>V</b>
Gluten,			<b>A</b>	Gluten, Egg, Milk, Soya			<b>A</b>				<b>A</b>
			<b>B</b>				<b>B</b>				<b>B</b>
Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>	Fresh Fruit	<b>FF</b>	Milk	<b>Y</b>