



Anchin
Memory Care

June 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Greet the Day 10:00 Walking & Stroll in the courtyard 10:30 Strike Up the Band Instrumix 11:00 Active Games 2:00 White Board Games 2:30-2:45 Snacks & Social on the Patio 3:15 Fine Arts Coloring or Activity Box 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Shavuot Services & Yizkor in the Chapel 11:15 Debbie on Piano 1:30 Strike up the Band Instrumix 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Refresh to meet friends for dinner/share the stories of your life	9:30 Morning Greet the Day 10:00 Sing-a-long with Ed & Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Pass Along 2:15 Range of Motion with Conner 2:45 Time to Socialize 3:00 What's in the Activity Box 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5) Humane Society Morning Visits with Tammy & Teagan	9:30 Morning Greet the Day 10:00 Make a Move Exercise 10:30 Pass a Picture 11:15 Sing-a-long with Deborah 1:15 Spin the Wheel 2:00 Strike up the Band with Instrumix 2:45 Sip & Bites Social 3:00 Put it altogether 4:00 Hand and Toes and Twist and Move with Conner 7:15 Move of the Week (Channel 3) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi 11:00 Pass the Paper 1:15 Sing-a-long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Delights & Light Bites 3:15 Toss the Ball 4:00 Stretching Flexibility with Conner	9:30 Morning Greet the Day 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Gather Together & Chat 2:00 Regis on Piano 2:45 Saturday afternoon sitting in the Courtyard Social 4:00 Refresh & Ready to Dine
9:30 Morning Greet the Day 10:30 Strike Up the Band with Instrumix 11:00 Active Games 2:00 White Board Games 2:30-2:45 Snacks & Social on the Patio 3:15 Fine Arts Coloring or Activity Box 4:00 Barry & the Music of Your Life	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Refresh to meet friends for dinner/share the stories of your life	9:30 Morning Greet the Day 10:00 Sing-a-long with Ed & Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Pass Along 2:15 Range of Motion with Conner 2:45 Time to Socialize 3:00 What's in a Picture 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends	9:30 Morning Greet the Day 10:00 Make a Move 10:30 Random Trivia 11:15 Sing-a-long with Deborah 1:15 Chair Moves 2:00 Strike up the Band with Instrumix 2:45 Sip & Bites Social 3:00 What's in a Name 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 3) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi 11:00 What's in a word 1:15 Sing-a-long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Delights & Light Bites 3:15 Toss the Ball 4:00 Stretching Flexibility with Conner	9:30 Morning Greet the Day 10:30 Bob on Piano 10:30-11:30 Humane Society Pet Visits 11:30 Exercise Your Best with Conner 1:30 In the Courtyard Tend the Garden 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 What Goes Together 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Balloon Game 4:00 Refresh & Ready to Dine
9:30 Morning Greet the Day 10:00 Walk About 10:30 Make a Match 3:00 Father's Day Show featuring Tahja Middle Eastern Dance Moves on the 2nd floor 2:30-2:45 Snacks & Social 3:00 Sit and Share some time together 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Music & Movement Circle 11:30 Can you See the Big Picture 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Refresh to meet friends	9:30 Morning Greet the Day 10:00 Sing-a-long with Ed & Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Pass Along 2:15 Range of Motion with Conner 2:45 Birthday Party 3:00 Sing-a-long on the Screen 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5) Humane Society Morning Visits with Tammy & Teagan	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise 10:30 Mix the Deck 11:15 Sing-a-long with Deborah 1:15 Drawing or Coloring 2:00 Strike Up the Band With Instrumix 2:45 Sip & Bites Social 3:15 Rhyme Or Song 4:00 Hands and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi 11:00 What goes together 1:15 Sing-a-long with Deborah 2:00 Range of Motion with Conner 2:30 National Accordion Month with Joe on Accordion on 2nd floor 2:30 Ron on Piano 2:45 Afternoon Take a Break 3:00 Sing-a-long on the Big Screen 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30-11:30 Humane Society Pet Visits 10:00 Music & Moves 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:30 In the Courtyard Tend the Garden 2:30 Look at it and add your part 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Active Games 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Personal Jukebox 4:00 Fun with Hoops and Beanbags
9:30 Morning Greet the Day 10:00 Make a Move Exercise 11:00 Add to the phrase 2:00 Sort It Organizers 2:30-2:45 Social Gathering 3:00 Fine Arts Coloring or Activity Box 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Strike up the Band Instrumix 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Finish the Sentence or Song Title 4:00 Refresh to Meet Friends for Dinner/Share the Stories of Your Life	9:30 Morning Greet the Day 10:00 Sing-a-long with Ed & Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Draw or Color Templates Pick your Picture 2:15 Range of Motion with Conner 2:45 Break Time 3:00 Sing-a-long on the Screen 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise & 10:30 Match words 11:00 Aviva Balloon Volleyball Tournament on 2nd floor 11:15 Sing-a-long with Deborah 1:15 What's in a Picture 2:00 Strike Up the Band With Instrumix 2:45 Snack of the Day 3:00 Men's Club with Conner on 2nd floor 4:00 Hands and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 What's the Next word 1:15 Sing-a long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Social Get Together 3:00 Name That 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 10:30-11:30 Humane Society Pet Visits 11:30 Exercise Your Best with Conner 1:30 In the Courtyard Tend the Garden 2:30 Reminiscence 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Mix and Match 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Patriotic Sing a Long 4:00 Social Circle in the Courtyard
9:30 Morning Greet the Day 10:00 Walk About 10:30 Make a Move Exercise 2:00 Flash Card Fun 2:30 Heroes and Sheroes 2:30-2:45 Snacks & Social 3:00 Toss it In 4:00 Sheryl on Harp & Guitar 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Music & Movement Circle 12:00 Refresh & Ready the Table 1:15 Match It 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Movement with Conner 4:00 Refresh to meet friends	<div><div><div>Let's Celebrate...</div><div>Shavuot</div><div>The Giving of the Torah</div></div><div><div>הַשְׁבּוּעוֹת שִׁמְחָה!</div><div>Chag Shavuot Sameach!</div></div></div>			<div><div>HAPPY FATHER'S DAY</div><div></div><div>TO DADS, STEP-DADS, DAD-IN-LAWS, GRAND-DADS, GREAT-GRAND-DADS, YOU ARE ALL LOVED.</div></div>	All Programs on Channel 3,4 & 5 will be posted on the daily schedule. Programs take place where residents are most comfortable. Activities are Subject to Change The Aviva T.V. Network includes Channels, 3, 4 and 5. Channels 3 & 5 show specials and evening programs. Channel 4 is our Anchin Chapel for Services.