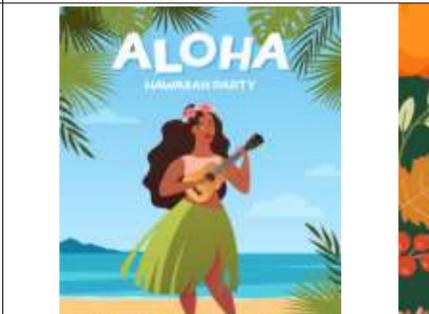


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>HAPPY ROSH HASHANAH</p>	<p>9:00 Dailies & Greetings (DR) 1 10:00 Strength & Stretch with Jess (MC) 10:30 Favorite Entertainer Birthday Quiz(MC) 11:00 How did Labor Day originate and what are popular things to do (MC) 2:00 Bingo (DR) 3:00 Pictionary with Jess (MC) 4:00 Short Story (MC)</p>	<p>9:00 Dailies and Greetings (DR) 2 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 1:30 Food Committee (MC) 2:15 Resident Council Meeting (MC) 4:00 Autobiography of Important People (MC) 7:15 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 3 10:00 Strength & Stretch with Jess (MC) 11:00 Art Workshop (DR) 1:30 Flexibility Class with Conner (MC) 2:00 Aviva Marketing presents: Tea & Togetherness-by invitation to Anchin ladies (DR) 3:00 Aviva Marketing presents: Men's Club Party with Conner in The elevator TV lounge 4:00 Travelogue to Hawaii (MC) 7:15 Movie of the Week-(L or Channel 5) Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 4 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Things in September to remember(MC) 3:00 Ron the Piano (DR) 3:30 Mix & Mingle with Harriett on Piano (DR) 4:00 Jeopardy with Jess (MC) 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 5 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 6 Anchin Chapel or Channel 4</p>
<p>9:00 Morning Greetings (DR) 7 11:00 Make a Move with Jess (MC) 11:30 Ted Talk with Discussion Aging is My Superpower (MC) 1:15 Board Games with Lauri (DR) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 8 10:00 Strength & Stretch with Jess (MC) 10:30 Geography Trivia (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Word Challenge (MC) 4:00 Heartwarming Short Stories (MC)</p>	<p>9:00 Dailies and Greetings (DR) 9 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 1:30 Birthday Social with Temple Emanu-El (DR) 3:00 Music Trivia (MC) 7:15 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 10 10:00 Strength & Stretch with Jess (MC) 11:00 Bible Talk with Carol (MC) 1:30 Flexibility Class with Conner (MC) 2:00 Art Workshop & Crafting (DR) 4:00 Travelogue: Hawaiian Landmarks (MC) 7:15 Movie of the Week- (L or Channel 5) Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 11 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 All About Us (MC) 3:00 Ron the Piano (DR) 3:30 Mix & Mingle with Harriett on Piano (DR) 4:00 Jeopardy Trivia (MC) 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 12 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Shabbat/Selichot Service 13 Anchin Chapel or Channel 4</p>
<p>9:00 Morning Greetings (DR) 14 11:00 Get your Groove on with Jess (MC) 11:30 Ted Talk with Discussion The Power of Active Agers with Jeff Weiss (MC) 1:15 Board Games with Lauri (DR) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 15 10:00 Strength & Stretch with Jess (MC) 10:30 Trivia Challenge (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (MC) 3:00 Crossword Challenge (MC) 4:00 Short Story with Jess (MC)</p>	<p>9:00 Morning Dailies and Greetings (DR) 16 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 2:00 Creative Storytelling (MC) 3:00 Active Games (MC) 4:00 Autobiography of the Week (MC) 7:15 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Greetings 17 10:00 Strength & Stretch with Jess (MC) 11:00 Balloon Volleyball tournament- 1:30 Flexibility Class with Conner (MC) 2:30 Aloha Nui Hula Dance Show (DR) 4:00 Hawaiian Trivia Challenge (MC) 7:15 Movie of the Week (Channel 5 or Lounge) WELCOME RESIDENTS FROM CAMPUS Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 18 10:00 Chair Pilates for Seniors (MC) 10:30 Aviva Classical Concert at Kretzmer Kobernick-See Jess for transportation 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Well Known Hawaiian Beaches (MC) 3:00 Ron the Piano (DR) 3:30 Mix & Mingle with Harriett on Piano-LUAU Taste Treats(DR) 4:00 Jeopardy Challenge (MC) 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 19 11:30 Chair Dance Class with Bonnie (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 20 Anchin Chapel or Channel 4</p>
<p>9:00 Morning Greetings (DR) 21 11:00 Movement with Jess (MC) 11:30 Ted Talk with Discussion Aging It's Not What you Think (MC) 1:15 Board Games with Lauri (DR) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 22 10:00 Strength & Stretch (MC) 10:30 Word Extraction (MC) 11:00 Songs about Autumn with Carol Mathias (MC) 2:00 Bingo (DR) 3:00 Music of the Golden Age (MC) 4:00 Short Story with Jess (MC) 7:00 Erev Rosh Hashanah Service in the Kretzmer at Kobernick or Channel 5)</p>	<p>9:00 Morning Dailies and Greetings (DR) 23 10:00 Chair Pilates for Seniors (MC) 10:30 Rosh Hashanah Service (Kretzmer at Kobernick or Channel 5) 11:15 Balance Class with Conner (MC) 2:00 Story Time & Discussion (MC) 4:00 Autobiography Feature with Discussion (MC) 7:15 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 24 10:00 Strength & Stretch (MC) 11:00 NY Times Games (MC) 1:30 Flexibility Class with Conner (MC) 2:00 Arts & Crafts (DR) 3:00 Men's Club with Conner (Lounge) 4:00 Hawaiian Music (MC) 7:15 Movie on the Week (Channel 5 or Lounge) Morning Visits Sandi and Jenny Dog</p>	<p>9:00 Dailies and Greetings (DR) 25 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Getting to Know You (MC) 3:00 Ron the Piano (DR) 3:30 Mix & Mingle with Harriett on Piano (DR) 4:00 Jeopardy with Jess (MC) 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up(T) 26 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 27 Anchin Chapel or Channel 4 11:30 Luncheon Outing To Be Decided at Resident Council Meeting</p>
<p>9:00 Morning Greetings (DR) 28 11:00 Make a Move with Jess (MC) 11:30 Ted Talk with Discussion Why are we so afraid of Getting Old (MC) 1:15 Board Games with Lauri (DR) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 29 10:00 Strength & Stretch (MC) 10:30 NY Times Games (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo DR) 3:00 Pictionary with Jess (MC) 4:00 Short Story (MC)</p>	<p>9:00 Morning Dailies and Greetings (DR) 30 10:00 Chair Pilates for Seniors(MC) 11:15 Balance Class with Conner (MC) 2:00 Reminiscences into Stories (MC) 4:00 Autobiography Feature with Discussion (MC) 7:15 Show of the Week (Channel 5 or L)</p>			<p>Location Key DR=Dining Room MC=Media Center (L) Lounge near Elevator (KC) Kretzmer Center at Kobernick T=Transportation Provided SILL=Sarasota Institute of Lifelong Learning Activities are Subject to Change. The Aviva TV Network offers Programming on Channel 3, 4 and 5</p>	<p>All Programming that indicates Channel 3, 4 or 5 Aviva in house TV channels and daily schedules will reflect the actual program for that time and channel. Updated schedules are posted daily by the Wall Calendar opposite the elevator. Please contact Jessica Ext. 160 in Life Enrichment for any questions.</p>