



Anchin
Memory Care

October 2025



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		 	9:30 Morning Greet the Day 10:00 Make a Move Exercise 10:30 Pass a Picture 11:15 Sing-a-long with Deborah 1:15 Spin the Wheel 2:00 George on Piano 2:45 Sip & Bites Social 3:00 Put it altogether 4:00 Hand and Toes and Twist and Move with Conner 7:00 Kol Nidre Service (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Yom Kippur Services on Channel 5 11:00 Music & Movement Circle 2:00 Range of Motion with Conner 2:45 Delights & Light Bites 3:00 Gulf Coast Expressive Arts 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:30 Debbie on Piano 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Kretzmer Center or Channel 5) 11:15 Music & Movement Circle 2:00 Regis on Piano 2:45 Saturday afternoon sitting in the Courtyard Social 4:00 Refresh & Ready to Dine
9:30 Morning Greet the Day 10:00 Exercise as you like it 11:00 Meet in the Memory Garden Decorate the Sukkah with Temple Emanu-El 2:00 White Board Games 2:30-2:45 Snacks & Social on the Patio 3:15 Fine Arts Coloring or Activity Box 4:00 Barry & the Music of Your Life	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Chime Choir 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Refresh to meet friends for dinner/share the stories of your life	9:30 Morning Greet the Day 10:00 Sing-a-long with Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Meet in the Memory Garden Decorate The Sukkah with Hershorin Day School 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Pass Along 3:00 Interactive Drum Circle 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Make a Move 10:30 Random Trivia 11:15 Sing-a-long with Deborah 1:15 Chair Moves 2:00 George on Piano 2:45 Sip & Bites Social 3:00 What's in a Name 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 3) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi 11:00 Music & Movement Circle 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Delights & Light Bites 3:00 Gulf Coast Expressive Arts 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 1:30 Debbie on Piano 2:45 Rehydrate & Refuel the Day 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Kretzmer Center or Channel 5) 11:15 Music & Movement Circle 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Balloon Game 4:00 Refresh & Ready to Dine
9:30 Morning Greet the Day 10:00 Walk About 11:00 Sheryl on Harp & Guitar 2:30-2:45 Snacks & Social 3:00 Sit and Share some time together 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Debbie on Piano 11:30 Can you See the Big Picture 12:00 Refresh & Ready the Table 2:00 Jerry's Sing-a-long 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Refresh to meet friends	9:30 Morning Greet the Day 10:00 Sing-a-long with Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Pass Along 2:15 Range of Motion with Conner 2:45 Birthday Party 3:00 Interactive Drum Circle 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise 10:45 Shemini Atzeret/Simchas Torah in Anchin Chapel 11:15 Sing-a-long with Deborah 1:15 Drawing or Coloring 2:00 George on Piano 2:45 Sip & Bites Social 3:15 Rhyme Or Song 4:00 Hands and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi 11:00 Music & Movement Circle 1:15 Sing-a-long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Afternoon Take a Break 3:00 Favorite Video Pick 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:30 Debbie on Piano 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Chime Choir 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Personal Jukebox 4:00 Fun with Hoops and Beanbags
9:30 Morning Greet the Day 10:00 Make a Move Exercise 11:00 Sheryl on Harp & Guitar 2:00 Sort It Organizers 2:30-2:45 Social Gathering 3:00 Fine Arts Coloring or Activity Box 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Debbie on Piano 12:00 Refresh & Ready the Table 2:00 Jerry's Sing-a-long 2:45 Afternoon Snack Break 3:00 Movement with Conner 3:30 Finish the Sentence or Song Title	9:30 Morning Greet the Day 10:00 Sing-a-long with Friends 10:30 Chair Exercise 10:30 Rosh Hashanah Services (Channel 5 or Kretzmer at Kobernick) 11:00 Gulf Coast Music with Tori on Guitar 1:15 Draw or Color Templates Pick your Picture 2:15 Range of Motion with Conner 2:45 Break Time 3:00 Interactive Drum Circle 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise & Match words 10:30 Match words 11:15 Sing-a-long with Deborah 1:15 What's in a Picture 2:00 George on Piano 2:45 Snack of the Day 3:00 Men's Club with Conner on 2nd floor 4:00 Hands and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 Music & Movement Circle 1:15 Sing-a long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 3:00 Gulf Coast Expressive Arts 2:45 Social Get Together 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:30 Debbie on Piano 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Music & Movement Circle 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Patriotic Sing a Long 4:00 Social Circle in the Courtyard
9:30 Morning Greet the Day 11:00 Sheryl on Harp & Guitar 2:00 Flash Card Fun 2:30 Heroes and Sheroes 2:30-2:45 Snacks & Social 3:00 Toss it In 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9:30 Morning Greet the Day 10:00 Early Riser Exercise Bunch 10:30 Debbie on Piano 12:00 Refresh & Ready the Table 1:15 Match It 2:00 Chime Choir 2:45 Afternoon Snack Break 3:00 Movement with Conner 4:00 Refresh to meet friends	9:30 Morning Greet the Day 10:00 Sing-a-long with Friends 10:30 Chair Exercise with Robin or Music Continues 11:00 Gulf Coast Music with Tori on Guitar 1:15 Draw or Color Templates Pick your Picture 2:15 Range of Motion with Conner 2:45 Break Time 3:00 Interactive Drum Circle 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise & Match words 10:30 Match words 11:00 Balloon Volleyball on 2nd floor 11:15 Sing-a-long with Deborah 1:15 What's in a Picture 2:00 George on Piano 2:45 Snack of the Day 3:00 Men's Club with Conner on 2nd floor 4:00 Hands and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Morning Visits with Sandi & Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 Music & Movement Circle 1:15 Sing-a long with Deborah 2:00 Range of Motion with Conner 2:30 Ron on Piano 3:00 Gulf Coast Expressive Arts 2:45 Social Get Together 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:30 Debbie on Piano 2:45 Rehydrate & Refuel the Day 3:00 Let the Music Move You with Conner 3:30 Share Shabbat & Blessings with Friends Morning Visits with Humane Society Look for Sheila & Buckeye	All Programs on Channel 3,4 & 5 will be posted on the daily schedule. Programs take place where residents are most comfortable. Activities are Subject to Change The Aviva T.V. Network includes Channels, 3, 4 and 5. Channels 3 & 5 show specials and evening programs. Channel 4 is our Anchin Chapel for Services.