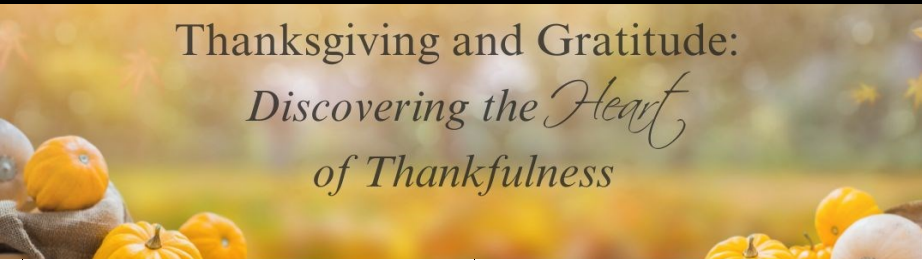




Anchin
Memory Care

November 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 VETERANS DAY *** HONORING ALL WHO SERVED *** THANK YOU FOR YOUR SERVICE	 USO SHOW	Aviva Vets Ceremony November 11 11am & USO Show at 2:00pm 	 A Tribute to Our Veterans	 Thanksgiving and Gratitude: <i>Discovering the Heart of Thankfulness</i>		
9:30 Daily Chronicle 10:00 Walk & Stroll the Courtyard 2 10:30 Exercise Your Best 11:00 Tommy on Piano 2:00 Gulf Coast Expressive Arts 2:30-2:45 Snacks & Social 3:00 Make Friends Get Together 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9-10 Morning Greet the Day 3 10:00 Early Riser Exercise Bunch) 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Music Movement with Conner 3:30 Chime Choir 4:30 Refresh to meet friends/share	9:30 Morning Greet the Day 4 10:00 Songs that make us Happy 10:30 Chair Exercise with Robin & Friends 11:00 Gulf Coast Music with Tori on Guitar 1:15 Ball Toss 2:15 Range of Motion with Conner 2:45 Social Club 3:00 Interactive Drum Circle 3:00 Men's Club with Conner on the 2nd Floor 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise Your Best 10:30 Activity pick of the Day 11:15 Sing-a-long with Deborah 1:15 Travel Tales 2:00 Bingo 2:45 Sip & Bites Social 3:15 What Do You See in the Courtyard 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Pet Visits-Sandi and Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang(Channel3) 6 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 Active Games 1:15 Storytime 2:00 Range of Motion with Conner 2:30 Ron on Piano 3:00 Fine Arts Coloring 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel5)	9:30 Morning Greet the Day 7 10:00 Exercise for good health 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:15 Favorite Songs Of the 50's 2:00 Puzzles or Game of Choice 2:45 Rehydrate & Refuel the Day 3:00 Move to the Music with Conner 3:30 Share Shabbat & Blessings with friends Humane Society Dog Visits with Sheila & Buckeye	9:30 On this Day 10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Show and Tell 2:00 Regis on Piano 3:00 Social Circle on Patio or TV Lounge (Snacks served Al Fresco or in lounge) 4:00 Old Neighborhood Stories Reminiscences
9:30 Morning Greet the Day 10:00 Indoor Walking & Stroll 10:30 Put in a Good Word 11:00 Tommy on Piano 1:30 Do your Thing 2:30-2:45 Snacks & Social 3:15 Share Happy Times 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3) 9	9-10 Morning Greet the Day 10 10:00 Early Riser Exercise Bunch 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Music Movement with Conner 3:30 Chime Choir 4:30 Refresh to meet friends/share	9:30 Morning Greet the Day 10:00 Name That Tune 11 10:30 Chair Exercise with Robin & Friends 11:00 Aviva Veteran's Day Tribute In front of Anchin Building 2:00 USO Show on 2nd floor 2:15 Range of Motion with Conner 3:00 Interactive Drum Circle 4:00 Music in the Courtyard 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Exercise Your Best 10:30 Activity Box 12 10:30-11:30 Humane Society Pet Visits-Sandi and Jenny 11:15 Sing-a-long with Deborah 1:15 Active Games or Grab Bag of Fun 2:00 Bingo 2:45 Sip & Bites Social 3:15 Trivia Busters 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Pet Visits-Sandi and Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 13 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 Table Top Bowling 1:15 Storytelling 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Delights & Light Bites 3:00 Leaf Decorations 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel 5)	9:30 Morning Greet the Day 14 10:00 Motion Moves 10:30 Bob on Piano 1:15 Favorite Songs of the 40's 2:00 Active Games 2:45 Rehydrate & Refuel the Day 3:00 What's in a Phrase 3:30 Share Shabbat & Blessings with friends Humane Society Dog Visits with Sheila & Buckeye	9:30 On This Day 15 10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Favorite Concert Selections 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Lets Get Together 4:00 Little Known Facts
9:30 Morning Greet the Day 10:00 Indoor Walking & Stroll 16 10:30 Things to share on a Sunday 11:00 Tommy on Piano 2:00 Gulf Coast Expressive Arts 2:30-2:45 Snacks & Social 3:00 What's the Good Word 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)	9-10 Morning Greet the Day 17 10:00 Early Riser Exercise Bunch 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Music Movement with Conner 3:30 Chime Choir 4:30 Refresh to meet friends/share	9:30 Morning Greet the Day 10:00 Sing That Tune 18 10:30 Chair Exercise with Robin and Friends 11:00 Gulf Coast Music with Tori on Guitar 1:15 Toss A Cross 2:15 Range of Motion with Conner 2:45 Birthday Bonanza 3:00 Interactive Drum Circle 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise It 19 10:30 Guess Your Best 11:15 Sing-a-long with Deborah 1:15 Share a Story 2:00 Bingo 2:45 Sip & Bites Social 3:15 Take the Trivia Challenge 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Pet Visits-Sandi and Jenny	9:30 Morning Greet the Day 10:00 Make a Move Exercise Gang 20 10:30 Songs & Stories with Rabbi/Chaplain Rachel 11:00 Courtyard Games 1:15 Make a Story 2:00 Range of Motion with Conner 2:30 Ron on Piano 2:45 Delights & Light Bites 3:00 Fall Travel Destinations 4:00 Stretching Flexibility with Conner 7:15 Lecture of the Week (Channel5)	9:30 Morning Greet the Day 21 10:30 Bob on Piano 11:30 Exercise Your Best with Conner 1:15 Famous People 2:00 Trace, Color or Create 2:45 Rehydrate & Refuel the Day 3:00 Move to the Music with Conner 3:30 Share Shabbat & Blessings with friends Humane Society Dog Visits with Sheila & Buckeye	9:30 On This Day 22 10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Favorite Concert Selections 2:00 Regis on Piano 2:45 Chat & Chew 3:15 What goes with Which State 4:00 Let's Go Down Memory Lane
9:30 Morning Greet the Day 10:00 Sorting and Arranging 23 10:30 Sunday Funny Papers 11:00 Tommy on Piano 1:30 The Gangs all Here 2:30-2:45 Snacks & Social 3:15 Name 10 Game 4:00 Barry & the Music of Your 7:15 Classical Music(Channel 3)	9-10 Morning Greet the Day 24 10:00 Early Riser Exercise Bunch 10:30 On the Piano with Debbie 12:00 Refresh & Ready the Table 2:00 Sing-a-long with Deborah 2:45 Afternoon Snack Break 3:00 Music Movement with Conner 3:30 Chime Choir 4:30 Refresh to Meet friends/share	9:30 Morning Greet the Day 10:00 Finish the Song or Title 25 10:30 Chair Exercise with Robin and Friends 11:00 Gulf Coast Music with Tori on Guitar 1:15 Spin the Wheel 2:15 Range of Motion with Conner 2:45 Social Club 3:00 Interactive Drum Circle 3:00 Men's Club with Conner on the 2nd floor 4:00 Make a Move with Conner 4:30 Refresh & Ready with friends 7:15 Show of the Week (Channel 5)	9:30 Morning Greet the Day 10:00 Groove Moves, Exercise & Do Your Thing 26 11:00 Volleyball Tournie on 2nd floor 11:15 Sing-a-long with Deborah 2:00 Bingo 2:45 Sip & Bites Social 3:00 Men's Club with Conner on 2nd floor 3:15 Pictures or Words 4:00 Hand and Toes and Twist and Move with Conner 7:15 Movie of the Week (Channel 5) Humane Society Pet Visits-Sandi and Jenny	9:00 Macy's Thanksgiving Day Parade 9:30 Morning Greet the Day 27 10:00 Make a Move Exercise Gang 10:30 What makes a Thanksgiving Tradition 11:00 Favorite Authors/Stories/and Snippets 1:15 Thanksgiving Recipes 2:45 Delights & Light Bites 	9:30 Morning Greet the Day 28 10:00 Put your Best Foot Forward 10:30 Bob on Piano 11:30 Pictures to Stories 1:15 Favorites 2:00 After Turkey Day Bingo Special 2:45 Rehydrate & Refuel the Day 3:00 Puzzles & Games 3:30 Share Shabbat & Blessings with friends Humane Society Dog Visits with Sheila & Buckeye	9:30 On This Day 29 10:30 Torah Service (Anchin Chapel or Channel 4) 11:15 Travel Tales 2:00 Regis on Piano 2:45 Saturday Snacking 3:00 Make an Activity Box on the Patio 4:00 Guest Your Best what's in the Box
9:30 Morning Greet the Day 10:00 Walk & Stroll About 30 10:30 Patio Chats 11:00 Tommy on Piano 2:00 Gulf Coast Expressive Arts 2:30-2:45 Snacks & Social 3:15 Sort & Organize 4:00 Barry & the Music of Your Life 7:15 Classical Music (Channel 3)						All Programs on Channel 3,4 & 5 will be posted on the daily schedule Activities are Subject to Change The Aviva T.V. Network includes Channels, 3, 4 and 5. Channels 3 & 5 show specials and evening programs. Channel 4 is Anchin Chapel for Services. See Ginger in Life Enrichment for details