



December 14-20, 2025
EVENTS & ACTIVITIES

LOCATION & ABBREVIATION KEY

(SU) Sign-Up Required in (LE) (DR) Dining Room
(A) Activity Center-C102 (L) Library
(R) Rotunda (AC) Anchin Chapel
(FC) Fitness Center (DR-B) Discovery Room (Bwing)
(LE) Life Enrichment Center (KC) Kretzmer Center
Trips out of the building will be underlined

Sunday
14



10:00am Chair Exercise Program (Channel 3)
10:15am K-2nd grade Temple Emanu-El students with Hanukkah Activities in the small Kretzmer-Please join us
10:30am Beginning Spanish with Sheilah (LE)
12:30pm Learn to play Cribbage with Denah (A)
2:00pm A Night of Klezmer– Hanukkah Celebration-Dec. 2024 from the Kennedy Center (KC or Channel 3)
4:00pm Light the Menorah (R)
7:15pm Sarasota Jewish Chorale Hanukkah Show (Channel 5 & KC)

Monday
15



9:00am Ping Pong Club meets at ping pong table outside of doors of A-wing
10:00am Seated Balance Class with Conner (small KC)
10:00am Healthy Spine Class (Channel 3)
10:30am Advanced Balance Class with Conner (small KC)
10:30am Range of Motion Class (Channel 3)
10:30am SRQ Book Lovers- “Heartwood” by Amity Gaige-Marcia Midler facilitator-All are welcome (Large KC)
11:00am Memoir Writing with Anita (A)
1:30pm Shakespeare Reading Group (small KC)
2:00pm Chair Chi (Channel 3)
3:00pm Yoga with Margie (Channel 3)
3:30pm Let’s Talk with Barbara (LE)
4:00pm Light the Menorah (R)
7:15pm Bingo Bonanza (small KC)
6:00pm Departure for Holiday Light Tour of area Decorations
Be sure to have had 4:30pm dinner or pick-up or delivery

Tuesday
16



9:30am Stretch & Refresh (Channel 3)
10:00am Core Stability (Channel 3)
10:00am Strength Training with Weights & Bands (small KC)
10:30am Range of Motion (Channel 3)
10:30am Movement Magic (small KC)
11:00am PBS Special “A Taste of Hanukkah” (KC or Channel 3)
12:00pm Hanukkah Luncheon with the Meadows-Confirmed Aviva residents only-Please check-n down the A-wing (DR)
3:00pm Yoga with Margie (Channel 3)
4:00pm Light the Menorah (R)
7:15pm Country Classics with Lance (KC or Channel 5)

<div> <div>Wednesday</div> <div>17</div> <div>  <div>EXCLUSIVE</div> </div> </div>	<div> <div>10:00am Seated Balance Class with Conner (small KC)</div> <div>10:00am Healthy Spine Class (Channel 3)</div> <div>10-12pm Pool Player's Posse (A)</div> <div>10:30am Range of Motion Class (Channel 3)</div> <div>10:30am Advanced Balance Class with Conner (small KC)</div> <div>11:00am Sarasota Contemporary Dance Joy & Reflections (small KC)</div> <div>12:00pm Holiday Treat Cart-Hanukkah Sing-a-long & Carolling and then to Anchin Benderson meets in the Rotunda</div> <div>2:00pm Chair Chi (Channel 3)</div> <div>3:00pm Yoga with Margie (Channel 3)</div> <div>3:30pm Bible Talk with Rabbi Rachel (KC or Channel 5)</div> <div>4:00pm Light the Menorah in the Kretzmer Center</div> <div>4:15pm Six13 Jewish Acapella Singing Group sing for Hanukkah (KC)</div> <div>7:15pm Hanukkah Sing-a-long with Bob & Friends (KC or Channel 5)</div> <div>10:00am Shopping to Ellenton</div> </div>
<div> <div>Thursday</div> <div>18</div> <div>  </div> </div>	<div> <div>9:30am Stretch & Refresh (Channel 3)</div> <div>9:30am Walking Club with Conner meets in the Rotunda</div> <div>9:30-11:30 Open Art Studio-Everyone is Welcome (A)</div> <div>10:30am Range of Motion (Channel 3)</div> <div>2:00pm Chair Tai Chi (Channel 3)</div> <div>3:30pm Short Story Discussion with Carroll- "The Recovery" by Kate Chopin (L)</div> <div>4:00pm Light the Menorah (R)</div> <div>7:15pm Sarasota County Library Online Services including Books available- Katie Dow Presents (KC or Channel 5)</div> </div> <div>NOTE: Location Change!</div>
<div> <div>Friday</div> <div>19</div> <div>  </div> </div>	<div> <div>10:00am Strength Training with Weights & Bands (small KC)</div> <div>10:00am Healthy Spine (Channel 3)</div> <div>10:30am Range of Motion (Channel 3)</div> <div>10:30am Better Posture Class with Conner (small KC)</div> <div>11:00am What's Happening with Michael (L)</div> <div>4:00pm Light the Menorah (R)</div> <div>4:00pm Kabbalat Shabbat (R)</div> <div>9, 9:30 and 10:00am Shopping Trips to Publix</div> <div>11:30am Shopping to Trader Joes, B.J.'s T.J. Maxx</div> </div>
<div> <div>Saturday</div> <div>20</div> <div>  </div> </div>	<div> <div>10:30am Torah Services (Anchin Chapel or Channel 4)</div> <div>4:00pm Light the Menorah (R)</div> <div>7:15pm Resident Game Night-Trivia with Helen and Elaine (small KC)</div> <div>Shabbat to Area Temples based on resident sign-up</div> <div>1pm Departure to Sarasota Ballet at Opera House</div> </div> <div>Time Change</div>