



Anchin
Memory Care

February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:30 Morning Greet the Day</div> <div>10:00 Exercise as you like it</div> <div>11:00 Sheryl on Guitar & Harp</div> <div>2:00 Name The Food</div> <div>2:30-2:45 Snacks & Social on the Patio</div> <div>3:15 Hot Potato</div> <div>4:00 Barry & the Music of Your Life</div> <div>4:00 Tu B'Shevat with Rabbi Rachel (Channel 5)</div> <div>7:15 Classical Music Program (Channel 3)</div> <div>1</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Early Riser Exercise Bunch</div> <div>10:30 On the Piano with Debbie</div> <div>12:00 Refresh & Ready the Table</div> <div>2:00 Name The Dessert</div> <div>2:45 Afternoon Snack Break</div> <div>3:00 Movement with Conner</div> <div>3:30 Interactive Music & Song Play with Lynne</div> <div>2</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Sing-a-long with Ginger</div> <div>10:30 Chair Exercise with Robin and Friends</div> <div>11:00 Gulf Coast Music with Tori on Guitar</div> <div>1:15 Jeopardy the Ginger Way</div> <div>2:15 Range of Motion with Conner</div> <div>2:45 Friends Gathering</div> <div>3:00 Interactive Drum Circle</div> <div>4:00 Make a Move with Conner</div> <div>4:30 Refresh & Ready with friends</div> <div>7:15 Show of the Week (Channel 5)</div> <div>3</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Make a Move</div> <div>10:30 Chair Exercises</div> <div>11:15 Sing-a-long with Deborah or Ginger</div> <div>1:15 Stroll About</div> <div>2:00 Strike up the Band with Instrumix</div> <div>2:45 Sip & Bites Social</div> <div>3:15 Word Games</div> <div>4:00 Hand and Toes and Twist and Move with Conner</div> <div>7:15 Movie of the Week (Channel 3)</div> <div>Humane Society Morning Visits with Sandi & Jenny</div> <div>4</div>	<div>9:30 Greet the Day</div> <div>10:00 Musical Sing-a-long</div> <div>10:30 Songs & Stories with Rabbi</div> <div>11:00 Trivia Busters</div> <div>1:15 Noodle Magic</div> <div>2:00 Table Top Active Games</div> <div>2:30 Ron on Piano</div> <div>2:45 Delights & Light Bites</div> <div>3:00 Spin the Wheel</div> <div>3:30 Music Trivia</div> <div>4:00 Stretching Flexibility with Ginger</div> <div>7:15 Lecture of the Week (Channel 5)</div> <div>5</div>	<div>9:30 Morning Greet the Day</div> <div>10:30 Bob on Piano</div> <div>11:30 Exercise Your Best with Ginger</div> <div>1:30 On the Piano with Debbie</div> <div>2:45 Rehydrate & Refuel the Day</div> <div>3:00 Let the Music Move You with Ginger</div> <div>3:30 Share Shabbat & Blessings with Friends</div> <div>Morning Visits with Humane Society</div> <div>Look for Sheila & Buckeye</div> <div>6</div>	<div>10:30 Torah Service</div> <div>(Anchin Chapel or Channel 4)</div> <div>11:15 Share some stories</div> <div>1:15 Courtyard or Lakeside or Beach Strolls</div> <div>2:00 Regis on Piano</div> <div>2:45 Saturday afternoon sitting in the Courtyard Social</div> <div>4:00 Travelogue & Tales</div> <div>7</div>
<div>9:30 Morning Greet the Day</div> <div>10:00 Exercise as you like it</div> <div>11:00 Sheryl on Guitar and Harp</div> <div>2:00 Gulf Coast Expressive Arts</div> <div>2:30-2:45 Snacks & Social on the Patio</div> <div>3:15 Chair Dance Class with Lisa</div> <div>4:00 Barry & the Music of Your Life</div> <div>7:15 Classical Music Program (Channel 3)</div> <div>8</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Early Riser Exercise Bunch</div> <div>10:30 On the Piano with Debbie</div> <div>12:00 Refresh & Ready the Table</div> <div>2:00 Balloon Volleyball</div> <div>2:45 Afternoon Snack Break</div> <div>3:00 Movement with Conner</div> <div>3:30 Interactive Music & Song Play with Lynne</div> <div>9</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Sing-a-long with Friends</div> <div>10:30 Chair Exercise with Robin or Friends</div> <div>11:00 Gulf Coast Music with Tori on Guitar</div> <div>1:15 Stories to Share</div> <div>2:15 Range of Motion Conner</div> <div>2:45 Birthday Bonanza</div> <div>3:00 Interactive Drum Circle</div> <div>4:00 Make a Move with Conner</div> <div>4:30 Refresh & Ready with friends</div> <div>10</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Make a Move</div> <div>10:30 Noodle Action</div> <div>11:15 Sing-a-long with Deborah</div> <div>1:15 Walk About</div> <div>2:00 Strike up the Band with Instrumix</div> <div>2:45 Sip & Bites Social</div> <div>3:15 Active Games</div> <div>4:00 Hand and Toes and Twist and Move with Conner</div> <div>7:15 Movie of the Week (Channel 3)</div> <div>Humane Society Morning Visits with Sandi & Jenny</div> <div>11</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Make a Move Exercise Gang</div> <div>10:30 Songs & Stories with Rabbi</div> <div>11:00 Guess Your Best</div> <div>1:15 Noodle Magic</div> <div>2:00 Range of Motion with Conner</div> <div>2:30 Hearts Day Show with Bob on 2nd floor</div> <div>2:30 Ron on Piano</div> <div>2:45 Delights & Light Bites</div> <div>3:15 Spin the Wheel</div> <div>4:00 Stretching Flexibility with Conner</div> <div>7:15 Lecture of the Week (Channel 5)</div> <div>12</div>	<div>9:30 Morning Greet the Day</div> <div>10:30 Bob on Piano</div> <div>11:30 Exercise Your Best with Conner</div> <div>1:30 On the Piano with Debbie</div> <div>2:30 Tidewell Clown Share the Love</div> <div>2:45 Rehydrate & Refuel the Day</div> <div>3:00 Let the Music Move You with Conner</div> <div>3:30 Share Shabbat & Blessings with Friends</div> <div>Morning Visits with Humane Society</div> <div>Look for Sheila & Buckeye</div> <div>13</div>	<div>10:30 Torah Service</div> <div>(Anchin Chapel or Channel 4)</div> <div>11:15 Things that are Red</div> <div>1:15 Color the Hearts Templates</div> <div>2:00 Regis on Piano</div> <div>2:45 Saturday Snacking</div> <div>3:00 Balloon Game</div> <div>4:00 Pass a Loving Quote</div> <div>14</div>
<div>9:30 Morning Greet the Day</div> <div>10:00 Chair Gold with Rachel and Sydney and Lisa</div> <div>11:00 Frank on Guitar</div> <div>2:00 Painting and Coloring</div> <div>2:30-2:45 Snacks & Social</div> <div>3:00 Sit and Share some time together</div> <div>4:00 Barry & the Music of Your Life</div> <div>7:15 Classical Music (Channel 3)</div> <div>15</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Early Riser Exercise Bunch</div> <div>10:30 On the Piano with Debbie</div> <div>12:00 Refresh & Ready the Table</div> <div>2:00 Sing-a-long with Deborah</div> <div>2:45 Afternoon Snack Break</div> <div>3:00 Movement with Conner</div> <div>3:30 Interactive Music & Song Play with Lynne</div> <div>16</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Sing-a-long with Friends</div> <div>10:30 Chair Exercise with Robin and Friends</div> <div>11:00 Gulf Coast Music with Tori on Guitar</div> <div>1:15 Chinese New Year Fun Facts</div> <div>2:15 Range of Motion with Conner</div> <div>2:45 Break Time</div> <div>3:00 Interactive Drum Circle</div> <div>4:00 Make a Move with Conner</div> <div>4:30 What's in a Fortune</div> <div>7:15 Show of the Week (Channel 5)</div> <div>17</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Groove Moves, Exercise</div> <div>10:30 Guess the Song Title, Artist or Lines of the Song</div> <div>11:15 Sing-a-long with Deborah</div> <div>1:15 Word Games</div> <div>2:00 Strike Up the Band with Instrumix</div> <div>2:45 Sip & Bites Social</div> <div>3:15 Balloon Exercises</div> <div>4:00 Hands and Toes and Twist and Move with Conner</div> <div>7:15 Movie of the Week (Channel 5)</div> <div>Humane Society Morning Visits with Sandi & Jenny</div> <div>18</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Move & Groove</div> <div>10:30 Songs & Stories with Rabbi</div> <div>11:00 Trivia Busters</div> <div>1:15 Courtyard Stroll</div> <div>2:00 Range of Motion with Conner</div> <div>2:30 Ron on Piano</div> <div>2:45 Afternoon Take a Break</div> <div>3:00 Chair Dance with Ginger</div> <div>4:00 Stretching Flexibility with Conner</div> <div>7:15 Lecture of the Week (Channel 5)</div> <div>19</div>	<div>9:30 Morning Greet the Day</div> <div>10:30 Bob on Piano</div> <div>11:30 Chair Gold with Rachel and Sydney and Ginger</div> <div>1:30 On the Piano with Debbie</div> <div>2:45 Rehydrate & Refuel the Day</div> <div>3:00 Let the Music Move You</div> <div>3:30 Share Shabbat & Blessings with Friends</div> <div>20</div>	<div>10:30 Torah Service</div> <div>(Anchin Chapel or Channel 4)</div> <div>11:15 Toss Across</div> <div>1:15 Active Games</div> <div>2:00 Regis on Piano</div> <div>2:45 Saturday Snacking</div> <div>3:00 Personal Jukebox</div> <div>4:00 Fun with Hoops and Beanbags</div> <div>21</div>
<div>9:30 Morning Greet the Day</div> <div>10:00 Chair Gold with Rachel and Sydney and Lisa</div> <div>11:00 Frank on Guitar</div> <div>2:00 Gulf Coast Expressive Arts</div> <div>2:30-2:45 Social Gathering</div> <div>3:00 Pool Noodle Game</div> <div>4:00 Barry & the Music of Your Life</div> <div>7:15 Classical Music (Channel 3)</div> <div>22</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Early Riser Exercise Bunch</div> <div>10:30 Debbie on Piano</div> <div>12:00 Refresh & Ready the Table</div> <div>2:00 Sing-a-long with Deborah</div> <div>2:45 Afternoon Snack Break</div> <div>3:00 Movement with Conner</div> <div>3:30 Interactive Music & Song Play with Lynne</div> <div>23</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Sing-a-long with Friends</div> <div>10:30 Chair Exercise with Robin and Friends</div> <div>11:00 Gulf Coast Music with Tori on Guitar</div> <div>1:15 Storytelling</div> <div>2:15 Range of Motion with Conner</div> <div>2:45 Break Time</div> <div>3:00 Interactive Drum Circle</div> <div>4:00 Make a Move with Conner</div> <div>4:30 Refresh & Ready with friends</div> <div>7:15 Show of the Week (Channel 5)</div> <div>24</div>	<div>9:30 On this Day</div> <div>10:00 Groove Moves, Exercise & 10:30 Picture & Chat Share</div> <div>11:15 Sing-a-long with Deborah</div> <div>1:15 What's in a Picture</div> <div>2:00 Strike up the Band with Instrumix</div> <div>2:45 Snack of the Day</div> <div>3:00 Trivia Busters</div> <div>3:00 Wintry Landscapes</div> <div>3:00 Men's Club with Conner in 2nd floor Lounge</div> <div>4:00 Hands and Toes and Twist and Move with Conner</div> <div>7:15 Movie of the Week (Channel 5)</div> <div>Humane Society Morning Visits with Sandi & Jenny</div> <div>25</div>	<div>9:30 Morning Greet the Day</div> <div>10:00 Make a Move Exercise Gang</div> <div>10:30 Songs & Stories with Rabbi/Chaplain Rachel</div> <div>11:00 Design your own</div> <div>2:00 Range of Motion with Ginger</div> <div>2:30 Ron on Piano</div> <div>2:45 Social Scene</div> <div>4:00 Stretching Flexibility with Ginger</div> <div>7:15 Lecture of the Week (Channel 5)</div> <div>26</div>	<div>9:30 Morning Greet the Day</div> <div>10:30 Bob on Piano</div> <div>11:30 Exercise Your Best with Ginger</div> <div>1:30 On the Piano with Debbie</div> <div>2:45 Rehydrate & Refuel the Day</div> <div>3:00 Let the Music Move You with Ginger</div> <div>3:30 Share Shabbat & Blessings with Friends</div> <div>Morning Visits with Humane Society</div> <div>Look for Sheila & Buckeye</div> <div>27</div>	<div>10:30 Torah Service</div> <div>(Anchin Chapel or Channel 4)</div> <div>11:15 Guess Your Best</div> <div>1:15 Make a Story</div> <div>2:00 Regis on Piano</div> <div>2:45 Saturday Snacking</div> <div>3:00 Balloon Game</div> <div>4:00 Social Circle in the Courtyard</div> <div>28</div>
<div>All Programs on Channel 3,4 & 5 will be posted on the daily schedule. Programs take place where residents are most comfortable. Activities are Subject to Change</div> <div>The Aviva T.V. Network includes Channels, 3, 4 and 5. Channels 3 & 5 show specials and evening programs. Channel 4 is our Anchin Chapel for Services.</div>	<div>CLASSIC LOVE SONGS</div>	<div>TIDEWELL FOUNDATION</div>	<div>Love Is In The Air</div>	<div>WORLDS GREATEST LOVE SONGS</div>	<div>you have my heart</div>	<div>Tu B'Shevat NEW YEAR FOR THE TREES</div>