

STARTS THIS SUNDAY
AND TUESDAY

February 1-7, 2026

Activity Planning
Meeting
&
Resident Association
Meeting

EVENTS & ACTIVITIES

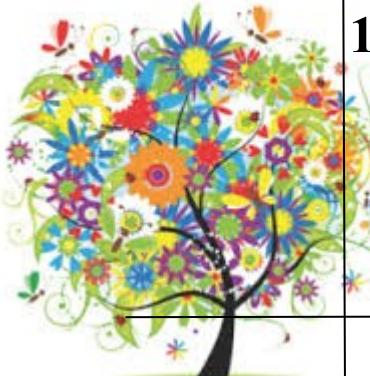
LOCATION & ABBREVIATION KEY

(SU) Sign-Up Required in (LE) (DR) Dining Room
 (A) Activity Center-C102 (L) Library
 (C) The Commons (Former Rotunda) (AC) Anchin Chapel
 (FC) Fitness Center
 (LE) Life Enrichment Center (KC) Kretzmer Center

Trips out of the building will be underlined

Sunday
1

Tu B'Shevat



10:00am Chair Exercise Program (**Channel 3**)
 10:30am SILL Global Issues- #1 Polarization and Democracy: Latin America in a Turbulent World Order Dr. Kenneth Roberts (**KC or Channel 5**)
 12:30pm Learn to play Cribbage with Denah (A)
 2:00pm Repeat Showing SILL (**KC or Channel 5**)
 4:00pm Tu B'Shevat with Rabbi Rachel (**KC or Channel 5**)

11:00am Departure to Temple Sinai Jewish Food Festival

Monday
2

Meeting



9:00am Ping Pong Club meets at ping pong table outside of doors of A-wing or Fitness Center (Weather permitting)
 9:30am Complimentary Hearing Clinic with Hear Again America Down the C-wing, Wellness Corridor
 10:00am Seated Balance Class with Conner (small Kretzmer)
 10:00am Healthy Spine Class (**Channel 3**)
 10:30am Advanced Balance Class with Conner (small Kretzmer)
 10:30am Range of Motion Class (**Channel 3**)
 11:00am Activity Planning Meeting (KC)
 1:00pm Shakespeare Reading Group Present: Measure by Measure 2020 Movie-Large KC-OPEN TO ALL
 2:00pm Chair Chi (**Channel 3**)
 3:00pm Yoga with Margie (**Channel 3**)
 4:00pm New Art Reveal at the Greenspon Bistro
 7:15pm Bingo Bonanza (small KC)

Tuesday
3

9:30am Stretch & Refresh (**Channel 3**)
 10:00am Core Stability (**Channel 3**)
 10:00am Strength Training with Weights & Bands (Small Kretzmer)
 10:30am Range of Motion (**Channel 3**)
 10:30am Movement Magic (small KC)
 3:00pm Yoga with Margie (**Channel 3**)
 3:30pm SILL Sarasota Institute of Lifelong Learning Music Series Richard Dowling on Piano on the Big Screen in Kretzmer
 7:15pm Skips Dixie Mix Band (**KC or Channel 5**)

Wednesday
4



10:00am Resident Association Meeting (DR)
10:00am Healthy Spine Class (**Channel 3**)
10-12pm Pool Player's Posse (A)
10:30am Range of Motion Class (**Channel 3**)
11:30am Sarasota Ballet Joy & Reflections Exercise (small KC)
2:00pm Chair Chi (**Channel 3**)
3:00pm Yoga with Margie (**Channel 3**)
3:30pm Bible Talk with Rabbi Rachel (KC or **Channel 5**)
4:15pm Pub Social (C)
7:15pm Joy of Reading Present: Movie Night- "Our Souls at Night" 2017 Robert Redford, Jane Fonda (KC or **Channel 5**)



Thursday
5

9:30am Stretch & Refresh (**Channel 3**)
9:30am Walking Club with Conner meets in the Rotunda
9:30-11:30 Open Art Studio-Everyone is Welcome (A)
10:30am Movement Magic (small KC)
10:30am Range of Motion (**Channel 3**)
2:00pm Chair Tai Chi (**Channel 3**)
3:30pm Short Story Discussion with Carroll- "Theresa's Wedding" by William Trevor (KC)
7:15pm "100 years of Dick Van Dyke" Multi-media Lecture
Joy Katzen Guthrie (KC or **Channel 5**)

Friday
6

8:30am Complimentary Donuts & Coffee in honor of Alice Rabinowitz provided by family (Greenspon Bistro)
10:00am Healthy Spine (**Channel 3**)
10:30am Range of Motion (**Channel 3**)
10:30am All Interested Poker Players
To meet to figure out days and times
Meet in Life Enrichment
11:00am What's Happening with Michael (L)
4:00pm Kabbalat Shabbat (C)



9, 9:30 and 10:00am Shopping to Publix
11:30am Bank Trip See Sign-Up

1pm Shopping to Beneva Strip Stores including Post office,
Jeweler, Bealls, Dollar Tree, Truist Bank, Publix

Saturday
7

10:30am Torah Services (Anchin Chapel or **Channel 4**)
7:15pm Resident Game Night- Karaoke (KC)

Shabbat to Area Temples based on resident sign-up

2:00pm Departure to Florida Studio Ticket for Transportation Holders